



2023 ANNUAL REPORT



Cork
Sports Partnership
**Compháirtíocht
Spóirt Chorcaí**

— SPORT IRELAND —

Registered Office: c/o Cork College of FET Bishopstown Campus,
Rossa Avenue, Bishopstown, Cork, Ireland T12 EE94

Organisation Type: A company limited by guarantee

Title: Directors'/Trustees' Annual Report and Financial Statements

Period Covered: 1st of Jan 2023 – 31st of Dec 2023

Sports Exemption No: GS1587

Auditor: Roberts Nathan Business Advisors Audit & Tax

Banker: Allied Irish Bank

Accountant: Old Quarter Chartered Accountants & Statutory Audit Firm

Directors:

Mr. Michael Carey (Chairperson)

Ms Sharon O Sullivan (Vice Chairperson)

Cllr Derry Canty (Treasurer/Signatory)

Mr Morgan Buckley

Mr Cian O Neill

Cllr Kay Dawson

Cllr Eolan Rying

Cllr Colm Dennehy

Cllr. Declan Hurley

Supt. Michael Comyns

Cllr Deirdre Kelly

Mr. David Joyce

Mr. Niall Healy

Mr. Liam Aherne

Ms. Sheelagh Broderick

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Chairperson & Chief Executive Officer Statement



As we reflect on the past year, we are thankful for the incredible support and collaboration of our partners, team, board, and community. Together, we have made significant strides in developing sport and physical activity opportunities across Cork.

Throughout the year, a variety of events, programmes, and activities were held to encourage communities, clubs, and participants to engage in physical activity and explore new sports. This report details the main highlights across the operations of the Active Cork Strategy.

CLSP remains dedicated to inspiring, innovating, and forming new partnerships to build on the commitment and vision of Working Together to Keeping Cork Active.

We would like to sincerely thank Sport Ireland and all partners for their continued support of Cork LSP. The expertise, resources, and support provided have enabled the team to reach more people to be active and were instrumental in the success and achievements made throughout the year.

The CLSP team has consistently exceeded expectations with their dedication, professionalism, and passion. Their hard work and innovative ideas have made a real difference in the communities and clubs throughout Cork. We are incredibly proud of their accomplishments and the positive impact they are creating throughout the County.

The guidance and support of our Board of Directors has been invaluable. Their strategic insights and support have ensured that CLSP remain focused on the vision and the continued governance and oversight of the company. We are particularly grateful to those who serve on our board committees for their additional contributions to guide and support the Board.

Lastly, we want to express our deepest appreciation to the clubs, agencies, and local community groups who tirelessly work on the ground to develop and support sport and physical activity opportunities for all. Your passion and dedication are truly inspiring.

Together, we have made great strides in promoting sport and physical activity in Cork. We are confident that by continuing to work in partnership, we can achieve even greater success in the years to come.

Thank you for your continued support and collaboration.

With kind regards and best wishes,

Mr. Michael Carey
Chairperson

Kristine Meenaghan
CEO

CARNIVAL OF SCIENCE 2024 TUG OF WAR





Company Overview

Vision & Values

Our Vision for an Active Cork – Working Together to Keep Cork Active

Core Values:

- Collaboration
- Partnership
- Facilitation
- Inclusion

Our Mission Statement

The strategy set out how Cork LSP will deliver and grow sport and physical activity in Cork from 2018-2022.

Working in collaboration with our partners, we will actively provide more opportunities for people of all ages and abilities to get involved in sport and physical activity achieved through our three Strategic Priorities:

Active Cork Sports Partnership – Grow and Sustain the Business of Cork LSP.

Active Cork Sport – Increase Participation in Cork Sport.

Active Cork Communities – Inspire more people to be physically active in Cork.

How We Get There



Implementation – Delivering the Strategy

The strong collaboration, input and leadership of the member agencies, board members and CLSP staff are critical to the success of the Cork Sports Partnership Active Cork 2018–2022 Strategy. Our dynamic team is now regarded as the key resource to support and develop sport and physical activity in Cork.

We will continue to build strong and effective partnerships with all sports and communities in Cork.

The support, advice, investment and leadership from Sport Ireland underpins and drives our work.

This Plan outlines the key Strategic Goals, Objectives, Actions & Outcomes that will guide the work of the CLSP team over the next 5 years. These will be supported by Annual Operational Plans and ongoing research and evaluation to ensure maximum impacts from the delivery of this strategy.



Purpose

The context in which we operate:

CLSP operates with the support, investment and leadership of Sport Ireland (SI) and we support SI to realise their sports participation objectives locally. We are also guided by the National Sports Policy 2018-2027, the National Physical Activity Plan for Ireland and the Healthy Ireland Framework. We are guided at local level by the CLSP Strategic Plan 2018-2022 and the ongoing input of our partners.

The National Sports Policy and Local Sports Partnerships.

On the 25th of July 2018, the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The 2020 programme for Government has clearly set out new and ambitious objectives for sport to deliver on, most notably in the sports participation goals, which increased from 50% of adults regularly playing sport, as set out in the 2018 National Sports Policy to 60% of adults regularly playing sport by 2027.

To achieve this, the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The National Sports Policy has a total of 57 actions, 26 of which relate to sports participation.

Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).



Active Cork Sports Partnership

BIKE WEEK

Governance Overview

Cork Local Sports Partnership Company Limited by Guarantee, (CLSP) was established as a limited company in December 2009. The company constitution was reviewed and updated in 2022, a process led by Ronan Daly and Jermyn Solicitors and the Governance and Nominations Committee of CLSP.

CLSP is governed by a Board of Directors from local agencies and community organisations with representation and membership as set out in the CLSP Constitution. The CLSP Board is responsible for the strategic direction of the organisation and for monitoring and reviewing the delivery of the CLSP Strategy.

The board of directors is collectively responsible for leading and directing CLSP, supervising the management of the organisation, and reporting on stewardship and performance. The duties of the CLSP Board, as set out in the Board Terms of Reference, include:

- ▶ Setting the strategic direction and reviewing progress.
- ▶ Keeping up to date on strategic issues and changes affecting CLSP.
- ▶ Monitoring organisational performance.
- ▶ Ensuring that legal, regulatory, and governance obligations are adhered to.
- ▶ Monitoring and assessing its performance and that of its committees.

Equally the board of directors of CLSP is responsible for the oversight of the company's financial governance, financial management and internal control. As outlined in its schedule of matters, the Board makes key decisions around financial management. In particular, the Board has responsibility for:

- ▶ Approving the annual budget and operational plan and monitoring of its implementation.
- ▶ Approving of draft accounts of the CLSP, prepared after the end of the financial year and engaging with the external auditor.
- ▶ Determining annually the effectiveness of the CLSP system of internal controls, including financial controls. For example, role and responsibilities, cash and cheque procedures, recording, payments, and direct debits, purchasing, wages, and salaries, etc.
- ▶ Approving of banking arrangements.

- ▶ Approving delegated CLSP levels (including spending thresholds).
- ▶ Determining and approving procedures to monitor, report, and enforce the relevant rules and requirements as set by the different funding sources contributing to the CLSP.

CLSP Board Committees

The Board of CLSP established four committees to deal with issues such as finance, audit, risk, strategy, etc. to assist with efficiently carrying out the functions of the company. In the case of CLSP, the Board established four committees.

Finance and Audit Committee

The Finance and Audit Committee has an independent role in providing assurance to the Board on financial governance, financial reporting, internal control, and audit and assurance matters as part of a systematic review of the control environment and governance procedures of the Body.

Risk and Strategy Committee

The Risk and Strategy committee, on behalf of the board, is responsible for all matters relating to strategic planning and implementation, performance monitoring and reporting, and related policies and risk management as well as providing advice to the wider board on areas within its remit.

Safeguarding Committee

The Safeguarding Committee, on behalf of the board is responsible for all matters relating to the safe vetting of employees, contractors and directors of the company as well as providing advice to the wider board on areas within its remit.

Governance and Nominations Committee

The Board has established a Governance and Nominations Committee as a Committee of the Board to support it in fulfilling its responsibilities in relation to achieving and observing good governance practice, the efficient and effective conduct of Board and committee meetings, ensuring induction and continuing professional development programmes and supports are available as well as overseeing compliance with ethical and conduct obligations of Board and committee members.

CLSP Board Structure 2023



In 2023, the Board of Directors convened for four board meetings scheduled in March, May, October, and December, with the AGM taking place in June. The Governance and Nominations Committee convened in February, March, and November. The Finance and Audit Committee scheduled for February, May, September, and November. The Strategy & Risk Committee meetings were scheduled for February, March, and November with the Safeguarding Committee scheduled for February.

Board of Director Representatives & Member Organisation

Organisation	Name of Director	Sub Committee
Physical Education Association of Ireland	Mr. Michael Carey (Chairperson)	Strategy & Risk
HSE, Health & Wellbeing Department	Ms Sharon O'Sullivan (Vice Chairperson)	Strategy & Risk
An Garda Síochána	Superintendent Michael Comyns	Governance & Nominations Safeguarding
Cork Education and Training Board	Mr. Liam Ahern	Governance & Nominations Safeguarding
Cork City Council	Cllr. Derry Canty (Treasurer) Cllr. Fergal Dennehy Cllr. Eolan Ryng Mr. David Joyce	Finance & Audit
Cork County Council	Cllr. Deirdre Kelly Cllr. Declan Hurley Cllr. Kay Dawson Mr. Niall Healy	
Munster Technological University (MTU)	Dr. Cian O'Neill	
University College Cork (UCC)	Mr. Morgan Buckley	Strategy & Risk Safeguarding

CLSP Compliance with the Governance Code for Sport.

In 2018, CLSP started the journey toward compliance with the Governance Code. At this time, the company aligned itself to Company Type B with the Board of CLSP signing and achieving compliance with the code in December 2018. Since then, the company has grown as an organisation and in 2021 the Company started its journey under Company Type C and achieved compliance with the Governance Code as required in December 2021.

The journey included the guidance and direction of the Institute of Public Administration (IPA) as consultants to the eight limited company local sports partnerships in preparation for compliance with the code. As such the IPA in consultation with the Coordinators, Boards and sub board committees prepared a Governance Framework manual which all Limited Company LSP's adopted.

The purpose of this Governance Framework (GF) was firstly, to provide a concise and comprehensive overview of the principal aspects of corporate governance for the board members, the coordinator and team of the Local Sports Partnership (LSP), and secondly, to consolidate the existing governance policies and procedures of the LSP's.

In line with the development of the Framework, the board sub committees continue to review and amend existing and required policies and practices for the company.

In 2023, the Finance and Audit Committee focused their review on the financial and HR needs for the Company. The committee continued to address and review the company operating budget, the quarterly management accounts and supported the preparation and completion of the End of Year Financial Statement for 2022.

The Finance and Audit Committee continued the review of the Organisational Structural needs for the Company with the support and guidance of Voltedge HR Consultants, Company Accounts and local partners. The organisational structure is an ongoing item on the agenda with the Board of Directors.

The Governance and Nominations Committee continued to review the companies' requirements in terms of the ongoing compliance and reporting with the Governance Code for Sport. As part of compliance, the committee with the support of the company solicitors reviewed the Constitution for the company including the review and updating of the Board Succession planning for CLSP.

To support the induction and training of new and existing Directors, CLSP facilitated a training workshop led by Boardmatch. This training focused on:

- ▶ The not-for-profits & the regulatory environment.
- ▶ The functions of the board and the relationship between the board and management.
- ▶ The relationship and role of Governance versus Management.
- ▶ How a board ensure effective meetings and decision making.
- ▶ The administration of Board meetings, papers, and agendas.
- ▶ The review of the board and board culture.

The Strategy and Risk Committee reviewed and agreed to extend the duration of the Active Cork Strategy to 2024 in preparation for the development of the Local Sports Plan.



Financial Summary

Thanks to the hard work of the CLSP Board and team, 2023 was the most impactful year yet. With the engagement and generosity of partners and funders, CLSP were able to secure greater funding and thankfully invest more funds towards participation in sport and physical activity in Cork. Demonstrating a continuous and sustainable growth for the company, the CLSP successfully secured and invested the trusted funds at an increase of 11% compared with that of 2022.

Financial Highlights

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2023		
	2023 €	2022 €
Fixed assets		
Tangible assets	164,698	156,062
Current assets		
Debtors: amounts falling due within one year	112,604	74,212
Cash at bank and in hand	1,021,609	988,830
	1,134,213	1,063,042
Creditors: amounts falling due within one year	(1,019,046)	-988,207
Net current assets	115,167	74,835
Total assets less current liabilities	279,856	230,897
Reserves		
Income and expenditure account	279,865	230,897
Company Funds	279,865	230,897

Restricted contingency reserves of €130,000 included in the company funds of €279,865.

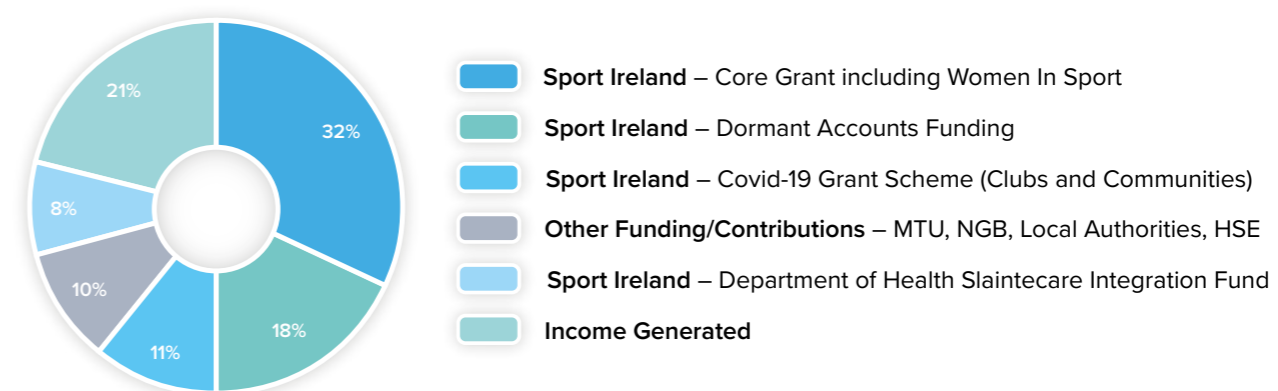
Tangible Assets Explained:

	Website & Fixtures, Fittings and Equipment	Fixtures, Fittings and Equipment Dormant Accounts Funding	Total
Cost	€	€	€
At 1 Jan 2023	64,953	250,118	315,071
Additions	5,988	71,110	77,098
At 31 Dec 2023	70,941	321,228	392,169
Depreciation			
At 1 Jan 2023	53,363	105,647	159,010
Charge for financial year	4,212	64,247	68,459
At 31 Dec 2023	57,578	169,894	227,472
Net Book Value			
At 31 Dec 2023	13,363	151,335	164,698
At 31 Dec 2022	11,590	144,472	156,062

INCOME AND EXPENDITURE FOR THE YEAR ENDED 31 DECEMBER 2022

Income	2023 €	2022 €
Sport Ireland – Core Grant including Women in Sport	534,725	547,776
Sport Ireland – Dormant Accounts Funding	296,769	198,174
Sport Ireland – Covid-19 Grant scheme (Clubs and Communities)	178,288	202,506
Other Funding/Contributions – from MTU, NGB, Local Authorities, HSE	173,265	171,660
Sport Ireland – Department of Health Sláintecare Integration Fund	129,508	76,267
Income Generated	353,794	296,711
Total Income	1,666,349	1,505,422

Income 2023:



OPERATING EXPENSES AND PROGRAMME INVESTMENT

	2023 €	2022 €
Salaries & Operating Expenses: Growing & Sustaining the Business of CLSP	601,558	592,801
Programme Investment: Increasing Participation and Physical Activity in Cork	1,015,823	863,545
Total Expenses	1,617,381	1,456,346
Surplus	48,968	49,076

Operating Expenses and Programme Investment 2023:



FUNDING SOURCES

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Income and Expenditure Account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income. Equipment that has been funded through Dormant Account Funding provided by Sport Ireland is expected to remain in the ownership of the company for a minimum period of five years.

Grants of a revenue nature are recognised in the Income and Expenditure Account in the same period as the related expenditure.

All the grant income was expended for the purposes it was intended.

GOVERNMENT/DORMANT ACCOUNTS GRANTS 2023	Received during 2023	Brought Forward	Released during 2023	Carried Forward
Sport Ireland (SI) – Core Funding	642,763	3,750	534,725	111,788
SI Community Sports Hub DAF (Programme/Capital)	57,500	66,959	37,198	87,261
SI Youth Leadership DAF (Programme)	15,000	18,250	11,005	22,245
SI Urban Outdoor Adventure Initiatives DAF (Programme/Capital)	2,070	31,703	23,600	10,173
SI Volunteer Training and Supports DAF (Programme)	15,000	22,640	15,627	22,013
SI Sports Inclusion Disability Projects DAF (Capital)	42,200	50,029	15,793	76,436
SI Active Cities DAF (Programme/Capital)	157,000	280,429	158,132	279,297
SI Covid-19 Small Grant/Government Support Schemes (Initiative)	100,000	210,452	178,288	132,164
SI Research Grant	16,500	13,500	30,000	–
SI Get Girls Active DAF	16,650	5,850	5,414	17,086
SI Department of Health Sláintecare Integration Fund (Project)	175,246	98,979	129,508	144,717
TOTAL	1,296,128	591,969	1,024,713	863,384

Other Funding/Contributions

AWARDING BODY	Received during 2023	Brought Forward	Released during 2023	Carried Forward
Get Ireland Walking	22,412	10,000	21,632	10,780
Health Service Executive	15,750	7,875	23,625	-
Athletics Ireland	10,000	2,500	10,000	2,500
Munster Technological University	26,062		26,062	-
Local Authorities – Bike Week	91,946		91,946	
TOTAL	166,170	20,375	173,265	13,280



KINSALE WATER INCLUSION

CLSP Management

The Board of Cork LSP is committed to the ongoing review and assessment of the organisational needs and operational efficiency of the company. With the support of HR and Finance, a comprehensive proposal addressing the organisational needs of the company was developed and presented to Sport Ireland for their consideration. Recognising the need for a robust organisational structure, further evaluations of this proposal are planned.

At the heart of any successful organisation is the recognition of the fundamental role played by each team member. This principle is particularly true for CLSP, where the collective efforts of the team, tutors, and volunteers are vital to achieving and implementing the organisation's vision.

In 2023, the CLSP team demonstrated exceptional dedication and expertise, ensuring that the organisation had the necessary personnel to deliver on its core objectives and vision. The team have created a culture of collaboration, innovation, and community engagement. Each providing unique skillsets and perspectives, contributing to a dynamic environment that fosters creativity and innovation.

The role of CLSP tutors and volunteers is a cornerstone of CLSP's operations. Their passion and commitment to promoting sport and physical activity within the community amplify the impact of our programmes and events. They serve as ambassadors for the organisation, helping to build relationships and trust within the community, which is essential for the successful implementation of our initiatives.

CLSP Support Services

As part of the ongoing need for support and guidance for a limited company, CLSP continues to receive expertise for the board, team, and company in the areas of Human Resources, Health & Safety, Legal Support, Financial Management & IT Services.

Human Resources

Voltedge Management Limited consultants provide ongoing support on all aspects of HR within each of the limited company LSP's. The focus of priority and support were in the development of a new employee handbook, contractor's handbook, review of contracts, recruitment management and HR consultancy as and when required by each of the eight LSP's.

Health & Safety

Peninsula Health and Safety Consultants conduct reviews, updates, and offer continuous support to each of the limited company LSP's, providing robust expertise and assistance in the field of health and safety as needed.

Legal

In line with the ongoing requirement for assistance and direction in maintaining good corporate governance, CLSP remains supported and guided by Ronan Daly & Jermyn Solicitors.

Financial

In 2023, the Board of Directors at CLSP approved the engagement of Mark O'Keefe Chartered Accountants for accountancy and payroll support. Furthermore, the company successfully secured the services of new auditors, Roberts Nathan Business Advisors Audit & Tax, following a competitive tendering process.

Governance

CLSP acquired CalQRisk, an integrated and comprehensive Governance, Risk, and Compliance management information system, to aid in the continuous management, administration, and oversight of good governance practices

IT

VBT Contractors provide a customised IT consultancy service that supports the ongoing IT needs, cyber security, network connectivity and cloud solutions for the company and team.

CLSP Team 2023



**KRISTINE
MEENAGHAN**
CEO



**MAURICE
O'SULLIVAN**
SPORT & MARKETING
MANAGER



**EGLE
ZIURNIENE**
FINANCE &
GOVERNANCE MANAGER



**JAMES
KIRBY**
SPORTS DEVELOPMENT
OFFICER



**ALISON
CHAMBERS**
WALKING PROMOTION
OFFICER



**EOIN
KAAR**
PROJECT LEAD
WELLCOMM ACTIVE



**CRAIG
HARRINGTON**
ATHLETICS
DEVELOPMENT OFFICER
(CORK & MTU CORK)



**CLIONA
HORAN**
SPORTS INCLUSION
DISABILITY OFFICER



**LOUISE
BURKE**
SPORT
ADMINISTRATOR



**ANNA
GOLKA**
FINANCIAL
ADMINISTRATOR



**TIM
BURKE**
COMMUNITY SPORT
DEVELOPMENT OFFICER

Marketing & Communications

Marketing and communications play a crucial role in promoting the benefits of sport and physical activity for CLSP. Through strategic messaging and targeted outreach, these efforts raise awareness, inspire participation, and educate the public on the physical, mental, and social advantages of leading an active lifestyle through sport and physical activity.

Effective marketing and communication strategies help to break down barriers to participation by making information about opportunities accessible to all demographics. By utilising a mix of digital and traditional media platforms, CLSP aims to reach a broad audience, particularly those who may not yet be engaged in regular physical activity. This not only encourages more people to get involved but also fosters a greater understanding of the importance of maintaining an active lifestyle for overall well-being.

Clear and consistent messaging is at the heart of CLSP's marketing and communication approach, which helps to build an organisation-wide culture that values and prioritises the role of marketing in promoting, developing and supporting increased participation.

By continuously promoting the benefits of sport and physical activity, marketing and communications efforts contribute significantly to the long-term health and vitality of the CLSP community. The goals of the Active Cork Strategy are underpinned by messaging delivered through prioritised marketing and communication tools. In 2023, Cork Local Sports Partnership (CLSP) focused on ensuring that all target groups were well-informed about and able to access participation opportunities across Cork's network of sport and physical activity providers.

To achieve this, CLSP strategically deployed targeted messages across a variety of online and offline communication platforms. These efforts included:

- ▶ CLSP Website
- ▶ Social Media
- ▶ Email Newsletters
- ▶ Press Releases
- ▶ Media Interviews
- ▶ Local and National Campaigns



HER OUTDOORS KAYAKING TRAGUMNA

Highlights for 2023:

Website:



CLSP website www.corksports.ie pages were viewed 256,598 times during 2023 with 87,649 unique visitors. This represented an increase of 16% in page views during 2023 increasing from 221,181 page views in 2022. The number of unique visitors increased by 14% in 2023, increasing from 76,815 users to 87,649 users.

Website	2023	2022	% + / -
Page Views	256,598	221,181	16% +
Unique Visitors	87,649	76,815	14% +

Social Media:

Social media is a vital component in CLSP's marketing plan, offering a dynamic platform to engage with target audiences, promote brand messages, and drive participation. Its importance lies in its ability to reach diverse demographics, deliver targeted content, and foster real-time interaction with users.

By leveraging social media, CLSP aims to build community connections and opportunities for engagement with the online community, making it an essential tool for communicating and promoting opportunities to be active.

CLSP's communication strategy prioritises the effective and regular use of social media to showcase the organisation's work, as well as that of project partners dedicated to supporting, promoting and developing participation in sport and physical activity.

Social Media Following:

In 2023, CLSP's Facebook followers increased from 11,960 to 13,810, representing an increase of 15% in the year. CLSP's X following increased from 3,629 followers to 3,913, which is an increase of 8% from 2022. Instagram followers increased by 31% in 2023 moving from 4,035 to 5,286.

Platform	2023	2022	% + / -
Facebook Followers	13,810	11,960	15% +
X Followers	3,913	3,629	8% +
Instagram Followers	5,286	4,035	31% +

Social Media Content:

Content published across CLSP's primary social media channels increased by 52% in 2023, rising from 2,291 to 3,479 cumulative posts published across all channels. Content published on Facebook increased from 672 to 1,083, an increase of 61% from the previous year. X content published increased 20% for the year, increasing from 1004 posts to 1,202. Instagram post-specific content increased from 615 to 1,194 posts, representing an increase of 94% in content published.

Platform	2023	2022	% + / -
Facebook	1,083	672	61% +
X	1,202	1004	20% +
Instagram	1,194	615	94% +

Social Media Reach:

Content published by CLSP had a total reach of 3,713,726 across all channels during 2023. This increased from 3,540,758 in 2022 resulting in a cumulative increase of 5% for the year.

Marketing & Communications

Facebook content reach decreased 5% in 2023, from 1,970,810 in 2022 to 1,870,576 in 2023. X content reach decreased by 49%, reducing from 1,444,186 to 741,115 in 2023. Instagram content reach increased from 298,730 to 619,240 in 2023, representing an increase of 107% for the year.

Platform	2023	2022	% + / -
Facebook	1,870,576	1,970,810	5% -
X	741,115	1,444,186	49% -
Instagram	619,240	298,730	107% +
Total	3,713,726	3,540,758	5% +

Social Media Engagement:

Content engagement saw a cumulative increase of 38% for 2023, increasing from 90,638 to 124,791 engagements across all channels.

From a Facebook perspective, content engagement increased from 60,107 to 83,340, representing an increase of 39%.

Despite X reach decreasing in 2023, engagement with content increased by 79%, rising from 17,533 to 31,362 engagements.

Instagram post content engagement decreased by 22% in 2023, moving from 12,998 to 10,089 engagements, excluding reel views. Additionally, video reels were viewed 52,208 times.

Platform	2023	2022	% + / -
Facebook	83,340	60,107	39% +
Twitter	31,362	17,533	79% +
Instagram	10,089	12,998	22% -

IG Stories:

CLSP posted 1,755 stories on Instagram during the year, increasing 13% on 2022 stories. Reach increased by 241,404 in 2023 to 619,240, an increase of 64% for the year. Engagement with stories published also increased, with 3,911 content interactions across the year compared to 2,721 interactions in 2022, resulting in a 44% increase in engagement.

Platform	2023	2022	% + / -
Total IG Stories	1,755	1,552	13% +
Total Stories Reach	619,240	377,836	64% +
Total Stories Engagement	3,911	2,721	44% +

Newsletter:

Email marketing is a powerful tool for promoting sport and physical activity opportunities, enabling CLSP to reach segmented audiences within its database with precision and relevance. The cornerstone of CLSP's email marketing strategy is the implementation of regular, segmented campaigns, ensuring that content is distributed more frequently to those who are most interested in receiving it.

Audiences are carefully divided into groups based on their specific interests, such as community sport, schools, education, physical activity, disabilities, and events. This segmentation allows CLSP to distribute targeted information throughout the year, ensuring that the right messages reach the right audiences at the right time. By adopting this focused approach, CLSP enhances engagement and maximises the effectiveness of its email marketing efforts, ultimately driving greater participation in sport and physical activity across all demographics.

2022 vs 2023 Comparison:

In 2023, CLSP published 12 email campaigns, reflecting a 14% decrease in the number of campaigns sent.

The total number of emails delivered also saw a significant reduction, with 29,132 emails delivered, resulting in a 53% decrease compared to the 61,906 emails delivered in 2022.

Engagement levels similarly declined, with clicks dropping from 12,639 in 2022 to 1,218 in 2023, marking a 90% decrease in interaction with the email newsletters circulated

Email Campaigns	2023	2022	% + / -
Total Campaigns	12	14	14% -
Total Deliveries	29,132	61,906	53% -
Total Opens	14,210	51,094	72% -
Total Clicks	1,218	12,639	90% -

Press Releases

In 2023, the number of official press releases issued by CLSP increased by 11%, with a total of 50 press releases circulated throughout the year. These releases garnered extensive coverage in regional and local newspapers, including the Irish Examiner, Cork Evening Echo, The Southern Star, The Avondhu, The Vale Star, and Cork Independent, as well as in prominent digital publications such as Red FM, Cork BEO, Yay Cork, Cork Safety Alerts, Cork Running Blog, and Echo Live.

Additionally, CLSP published 193 blog posts and news articles on its website, reflecting a 41% increase from the 137 posts published in 2022. These posts provided valuable insights and updates on CLSP projects and programmes, further enhancing the organisation's communication efforts.

Public Relations Issued	2023	2022	% + / -
PRs issued	50	45	11% +
CLSP Website Articles	193	137	41% +

Media Interviews:

Members of the CLSP team took part in 6 radio interviews during 2023 to promote different projects including Women in Sport programming, the Cork Rebel Run, Cork Bike Week and Cork Athletics Week.

CLSP was also interviewed by RTE News as part of the Her Moves campaign with Sport Ireland.

Platform	2023	2022	% + / -
Total Radio	6	5	20% +
Total TV	1	0	100% +

National Campaigns Supported:

CLSP supported 10 national and local campaigns as part of targeted campaigns designed to provide opportunities for people to engage in physical activity and promote being active for identified cohorts and target groups.

In addition to the rollout of content across all CLSP channels, CLSP also supported these campaigns with taster events and engagement opportunities throughout the year.

2023 Campaigns Supported

- ▶ European Week of Sport
- ▶ Her Outdoors Week
- ▶ National Bike Week
- ▶ National Walking Week
- ▶ Women in Sport Week
- ▶ Men's Health Week
- ▶ Cork Walking Week
- ▶ Cork Athletics Week
- ▶ Active Schools Week
- ▶ National Play Week

Cork Sports Partnership Operations Investment 2023

€1,020,455

72,493 OVERALL REACH

72,493 people engaged with Cork Sports Partnership projects in 2023. 191 different projects were coordinated/supported by the CLSP team.



46,707 2023 ACTIVE PARTICIPATION

46,707 people took part in CLSP participation opportunities in 2023, including 12,457 in programmes and 34,250 people in events. 115 projects coordinated with 584 programme opportunities and 471 events delivered. 4,674 active participation sessions were delivered.



COMMUNITY SPORT 3,034 ACTIVE PARTICIPANTS

- ▶ 19 sports
- ▶ 35 projects coordinated
- ▶ 184 programme opportunities
- ▶ 1,051 sessions delivered



PHYSICAL ACTIVITY 2,423 ACTIVE PARTICIPANTS

- ▶ 22 projects coordinated
- ▶ 251 programme opportunities
- ▶ 2,220 sessions delivered



SCHOOLS 5,918 ACTIVE PARTICIPANTS

- ▶ 11 projects coordinated
- ▶ 128 programme opportunities
- ▶ 775 sessions delivered

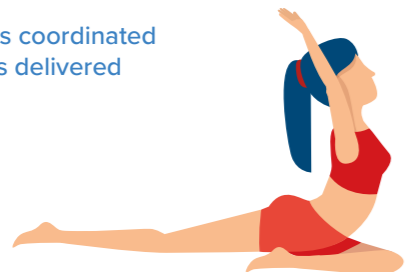
102 COLLABORATION & PARTNERSHIP

102 partner organisations or inter-agency working groups engaged to support, develop or promote participation in community sports and physical activity.



MASS PARTICIPATION EVENTS & CAMPAIGNS 34,250 in CLSP supported events

- ▶ 36 projects coordinated
- ▶ 471 events delivered



CAPACITY BUILDING 25,786 ATTENDED WORKSHOPS

- ▶ 25,786 people attended education and awareness workshops including 3,304 people attending sport specific training opportunities.
- ▶ 168 workshops coordinated across 35 topics.
- ▶ 380 education and awareness sessions delivered.

DISABILITY INCLUSION 1,082 ACTIVE PARTICIPANTS

- ▶ 11 projects coordinated
- ▶ 21 programme opportunities
- ▶ 157 sessions delivered



RESEARCH & EVALUATION 6 RESEARCH PROJECTS

- ▶ 6 Research projects were conducted in 2023 supported by CLSP.

21 CAPITAL PROJECTS

- ▶ 21 Capital Projects were delivered as part of different Dormant Account Funded projects, including; Active Cities, Urban Outdoor Initiative, Sports Inclusion Disability Programme Capital and Bantry Community Sport and Physical Activity Hub.





A YEAR IN SPORT





Cork Sports Partnership

Operations Overview

In 2023, the Cork Local Sports Partnership (CLSP) realigned the coordination of operations, integrating the Active Cork Sport and the Active Cork Community pillars of the strategy. The development created a more streamlined approach for the company to support the coordination of physical activity and sports participation.

This enabled CLSP to coordinate a comprehensive portfolio of projects that caters for people of all ages and abilities across Cork. The approach has enhanced CLSP's ability to support stronger partnerships, optimise funding and resources, scale project output and ensure that our efforts have the greatest possible impact on priority target groups and communities in Cork.

CLSP remains committed to inclusivity and sustainability, delivering on a broad range of activities, from grassroots community engagement to structured sports development.

In 2023, this was achieved by delivering on the identified strategic objectives and actions across the five pillars of CLSP operations.

CLSP Operations Strategic Objectives:

OBJECTIVE	
2.1 – PARTNERSHIPS & COLLABORATION	<p>Develop mutually beneficial partnerships with internal CLSP departments, NGBs, state agencies, community organisations, disability service providers, businesses, and local communities to support participation in sport and physical activity.</p>
2.2 – ACTIVE PARTICIPATION	<p>Develop a comprehensive and diverse community sport and physical activity project portfolio with relevant partner organisations to increase opportunities for all ages and abilities to participate in sport and physical activity.</p> <ul style="list-style-type: none"> ▶ Community Sport ▶ Physical Activity ▶ Schools ▶ Disability Inclusion ▶ Engagement Events ▶ Campaigns
2.3 – CAPACITY BUILDING	<p>Strengthen and increase the capacity of stakeholder organisations, including NGBs, clubs, groups, communities, schools, agencies, and organisations, to deliver suitable community sport and physical activity opportunities for people of all ages and abilities in their respective communities.</p>
2.4 – CAPITAL INFRASTRUCTURE & EQUIPMENT	<p>Support and enhance community sport and physical activity for people of all ages and abilities through capital infrastructure and suitable equipment to participate.</p>
2.5 – RESEARCH, MONITORING & EVALUATION	<p>Work with identified partners to increase research and evaluation opportunities across key CLSP work areas to ensure best practice and inform the future direction of participation opportunities provided by CLSP and partners.</p>

Key Actions

- ▶ Work with key partners and organisations to identify the participation needs of identified target groups.
- ▶ Support partner organisations to provide sustainable opportunities for people of all ages and abilities to participate in community sport and physical activity.
- ▶ Advocate on behalf of people with a disability and other marginalised groups for improved participation opportunities in community sport and physical activity.
- ▶ Work with key partners and organisations to coordinate evidence-based, best-practice projects, programmes, events, workshops and campaigns.
- ▶ Work with identified partners to develop and provide appropriate educational supports and structures for those involved in local grassroots sport and physical activity delivery.
- ▶ Enable capacity building among partner organisations to improve participation structures and opportunities in community sport and physical activity.
- ▶ Work with identified organisations to prioritise and provide sport and physical activity infrastructure and equipment to enhance participation for all abilities.
- ▶ Work with identified key partners and organisations to monitor, report and evaluate projects to ensure continued improvement and innovation across each sport.



REBEL RUN A MILE - BALLINCOLLIG REGIONAL PARK

2023 In Review

Objective 2.1 PARTNERSHIPS & COLLABORATION

Develop mutually beneficial partnerships with internal CLSP departments, NGBs, state agencies, community organisations, disability service providers, businesses, and local communities to support participation in sport and physical activity

Partnerships and Collaboration

Cork Sports Partnership (CLSP) is committed to fostering strong, mutually beneficial partnerships and collaborations that are essential for promoting and supporting sustainable participation in sport and physical activity.

CLSP aims to create a unified network of stakeholders to develop participation opportunities by regularly collaborating with internal CLSP departments, National Governing Bodies (NGBs), state agencies, community organisations, multi-sectoral interagency working groups, disability and youth service providers, businesses, and local communities. These partnerships are crucial in developing inclusive and sustainable opportunities for individuals of all abilities to engage in active lifestyles across Cork City and County.

In close collaboration with each partner and in alignment with the specific needs of each sport and community, agreed-upon projects and actions are strategically mapped and implemented across designated CLSP operational objectives, target audiences, and geographical areas.

Throughout 2023, the CLSP team partnered with over 100 national and local organisations to develop and support participation in community sports and physical activity across Cork.

Key Achievements:

- ▶ 32 different sports engaged
- ▶ 27 Interagency working groups engaged
- ▶ 3 stakeholder organisations engaged

Active Sport NGB Sport Engagements & Collaborations 2023

NGB Sport	Engaged With	Club & Community	Schools Programmes	Education Workshops	Disability Inclusion	Taster Events	Promotion
Angling	✓	✓			✓	✓	✓
Athletics	✓	✓	✓	✓	✓	✓	✓
Badminton	✓	✓	✓	✓		✓	✓
Basketball	✓			✓	✓		
Boxing	✓	✓	✓			✓	✓
Canoeing/Kayaking	✓					✓	✓
Cricket	✓	✓	✓	✓		✓	✓
Cycling	✓	✓	✓	✓	✓	✓	✓
GAA	✓	✓	✓	✓	✓		✓
GAA (Handball)	✓	✓	✓	✓		✓	✓
Hockey	✓				✓	✓	✓
IWA Sport	✓	✓		✓	✓	✓	✓
Ladies Gaelic Football	✓	✓		✓	✓	✓	✓
Martial Arts	✓	✓		✓		✓	✓
Mountaineering/Hillwalking	✓	✓	✓	✓		✓	✓
Orienteering	✓	✓	✓	✓		✓	✓
Road Bowling	✓			✓		✓	✓
Rounders	✓					✓	✓
Rowing	✓	✓	✓		✓	✓	✓
Rugby	✓	✓		✓		✓	✓
Sailing	✓				✓	✓	✓
Soccer/FAI	✓	✓	✓	✓	✓	✓	✓
Surfing	✓	✓			✓	✓	✓
Swimming	✓	✓	✓		✓	✓	✓
Table Tennis	✓	✓	✓	✓	✓	✓	✓
Tennis	✓	✓	✓		✓	✓	✓
Triathlon	✓	✓	✓		✓	✓	✓
Tug of War	✓			✓			✓
Underwater Hockey	✓	✓				✓	✓
Volleyball	✓	✓	✓	✓		✓	✓
Vision Sport Ireland	✓				✓	✓	✓
Walking	✓	✓	✓	✓	✓	✓	✓



BOYS SOCCER BLITZ

Stakeholder Organisation Engagement and Collaboration

Collaboration and stakeholder engagement are critical to the success of all community initiatives, campaigns, and projects developed in partnership with CLSP.

In 2023, collaboration spanned a broad spectrum of national and local organisations, ensuring diverse community sport and physical activity

opportunities for individuals of all ages and abilities throughout Cork.

A total of 43 stakeholder organisations engaged and partnered with CLSP to support the development, coordination, and delivery of physical activity projects during the year.

Stakeholder Organisations Engaged in 2023

Stakeholder	Engaged	Project Partner	Promotion	Project Funding
Sport Ireland	✓	✓	✓	✓
Department of Health	✓	✓	✓	✓
HSE (Multiple Departments)	✓	✓	✓	✓
Cork Kerry Community Healthcare	✓	✓	✓	✓
Cork County Council	✓	✓	✓	✓
Cork City Council	✓	✓	✓	✓
IRD Duhallow CLG	✓	✓	✓	✓
Avondhu Blackwater Partnership CLG	✓	✓	✓	✓
West Cork Development Partnership CLG	✓	✓	✓	✓
Cork Education and Training Board (including Kinsale OEC & Youth Services)	✓	✓	✓	✓
Get Ireland Walking	✓	✓	✓	✓
Munster Technological University (MTU)	✓	✓	✓	✓
Healthy Ireland	✓	✓	✓	✓
Cork City Partnership	✓	✓	✓	✓
Boston Scientific	✓	✓	✓	✓
Carbery Group	✓	✓	✓	✓
The Edge Sports	✓	✓	✓	✓
Age & Opportunity	✓	✓	✓	
University College Cork (UCC)	✓	✓	✓	
Leisureworld Cork	✓	✓	✓	
Mardyke Arena	✓	✓	✓	
Meitheal Mara	✓	✓	✓	
Disability Services (including Cope Foundation, St Joseph's Foundation, Brothers of Charity, CoAction West Cork.)	✓	✓	✓	
Irish Heart Foundation	✓	✓	✓	
Health Action Zone	✓	✓	✓	
South East Cork Area Development (SECAD)	✓	✓	✓	
Mayfield Sports Complex	✓	✓	✓	
Glen Resource Centre	✓	✓	✓	
Niche Health Project	✓	✓	✓	
Killeagh Inch Community Council	✓	✓		
Coolmine Therapeutic Community	✓	✓		
Cork Chamber of Commerce	✓	✓		
Cork ARC Cancer Support	✓	✓		
TUSLA	✓	✓		
Cork University Hospital	✓	✓	✓	
Active School Flag	✓		✓	
Green Schools	✓	✓	✓	
Nano Nagle Lantern Project	✓	✓		
Mental Health Ireland	✓	✓		
Paths for All: Scotland	✓			

Multi-Sectoral Engagement

The success and impact of community sport and physical activity projects in Cork are deeply rooted in multi-sectoral engagement and collaboration. Through engagement with stakeholders from various sectors including; education, health, local government, community organisations, and private enterprise, CLSP aims to cultivate a comprehensive and unified approach to promoting community sport, physical activity and overall well-being.

This collaborative model ensures that initiatives are not only inclusive and responsive to community needs but also sustainable and far-reaching. The diverse expertise, resources, and perspectives contributed by each sector enrich the planning,

development, and implementation of projects. Whether through joint campaigns, shared resources, or coordinated programming, these partnerships significantly enhance the reach and effectiveness of physical activity initiatives, ensuring they resonate with and benefit a broad cross-section of the population across Cork.

In 2023, CLSP engaged in 27 interagency working groups, networks and forums across the city and county. Considerable focus was put on priority target groups such as older adults, youths, and people with disabilities to try and maximise opportunities for being active.

Interagency Working Groups Engaged in 2023

Interagency Groups	Engaged 2023
National Active Cities Working Group	✓
National Physical Activity for Health Working Group	✓
National LSP Communications Network	✓
Cork SportsAbility Forum	✓
Cork Healthy Cities Project	✓
Let's Play Cork Working Group	✓
Cork City Community Response Forum	✓
Cork Athletics Development Officer Steering Group	✓
Cork City Rugby Outreach Project Steering Committee	✓
Bantry Community Sports Hub	✓
MTU Track Committee	✓
Cork City International Sports	✓
Transport & Mobility Forum	✓
Bike Week Cork Committee	✓
Glen Networking Group	✓
Knocknaheeny/Holyhill Networking Group	✓
Farranree/Churchfield Networking Group	✓
Northside Interagency Network	✓
Get Cork Walking Steering Group	✓
Get Cork Walking Stakeholder Forum	✓
West Cork Blueway Working Group	✓
Active Islands Working Group	✓
Cork Age Friendly City & County	✓
Sláintecare Healthy Communities Networking Group	✓
Sláintecare Integration Fund Networking Group	✓
Cork Home School Community Liaison Network	✓
Cork Cycling Campaign	✓

Objective 2.2 ACTIVE PARTICIPATION

Develop a comprehensive and diverse community sport and physical activity project portfolio with relevant partner organisations to increase opportunities for all ages and abilities to participate in sport and physical activity.

- Community Sport
- Physical Activity
- Schools
- Disability Inclusion
- Engagement Events & Campaigns

Active Participation Summary 2023:

- ▶ 46,707 people took part in CLSP participation opportunities in 2023 including 12,457 in programmes and 34,250 people in events.
- ▶ 115 projects coordinated with 584 programme opportunities and 471 events delivered.
- ▶ 4,674 active participation sessions were delivered.

These participation opportunities were organised and delivered across 5 priority areas.

- 1 **Community Sport**
- 2 **Physical Activity**
- 3 **Schools**
- 4 **Disability Inclusion**
- 5 **Engagement Events**
- 6 **Campaigns**



DAILY MILE CELEBRATION

AREA 1 Community Sport

The success of the Community Sport pillar under the Active Participation objective provides sustainable, multi-session and engagement opportunities for individuals of all ages and abilities.

In 2023, Cork Sports Partnership (CLSP) achieved this by collaborating with key partners to develop, coordinate, and enhance the capacity of club and community organisations. These efforts were specifically aimed at delivering sports-focused opportunities for targeted groups within their communities.

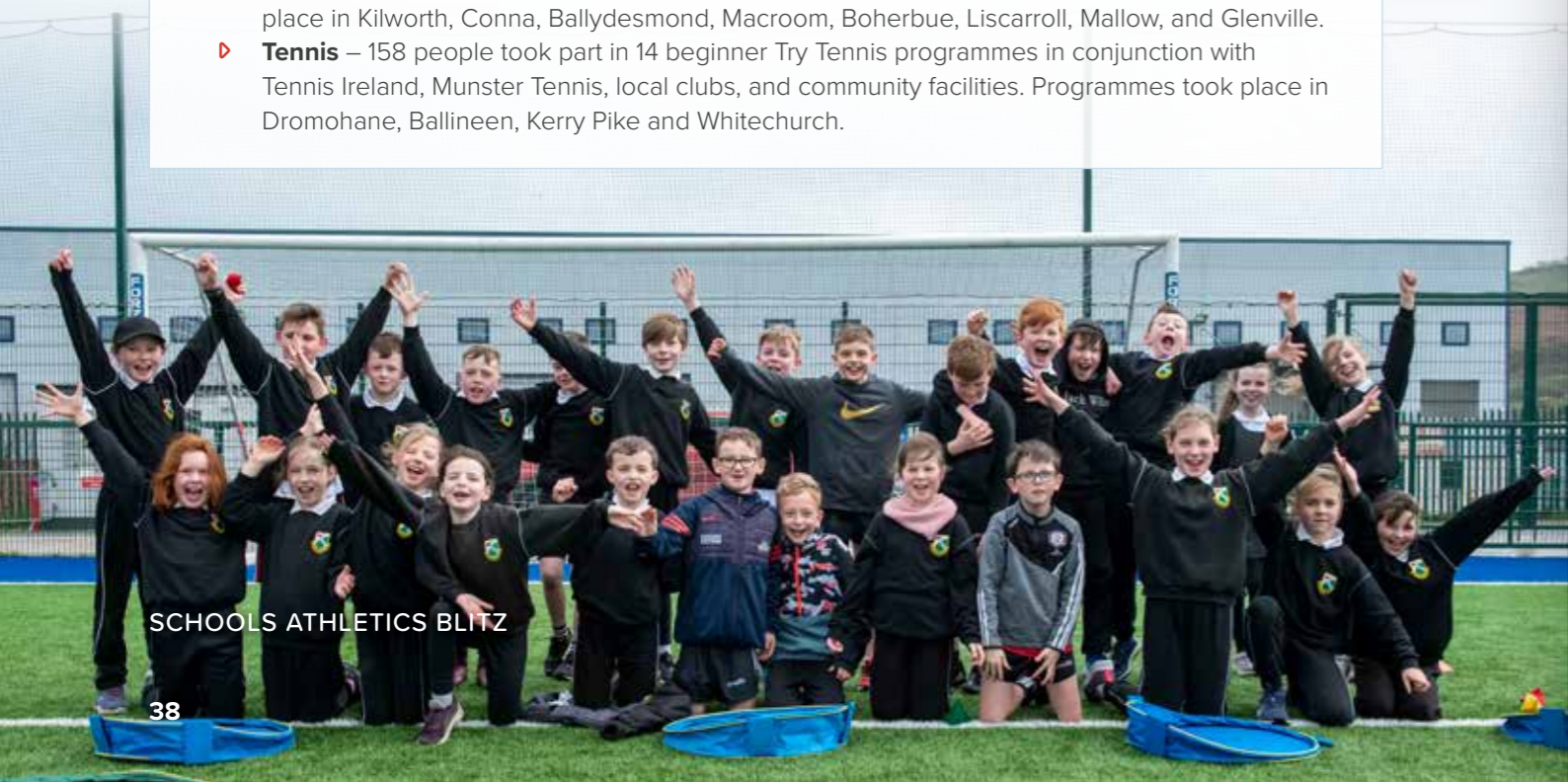
Key Achievements

- ▶ 19 sports supported
- ▶ 35 projects developed
- ▶ 184 programme opportunities coordinated
- ▶ 1,051 sessions delivered
- ▶ 3,034 active participants

These milestones underscore CLSP's commitment to fostering an inclusive and active community through strategic partnerships and targeted initiatives.

Community Sport Highlights

- ▶ **Soccer** – 173 women took part in 8 social soccer programmes in conjunction with Football Association of Ireland. The programmes took place in Bishopstown, Carrigtwohill and Macroom.
- ▶ **Athletics** – 240 adults took part in an 8-week Couch to 5k programme in conjunction with Athletics Ireland in 10 locations. Locations included, Bishopstown, Skibbereen, Turners Cross, Kinsale, Ballincollig, Whitechurch, Kanturk, Glanmire, Glanworth and Bantry.
- ▶ **Swimming** – 262 adults participated in 21 open-water swimming programmes in conjunction with Swim Ireland. Programmes took place in Kinsale, Garryvoe, Myrtleville, Schull and Fermoy.
- ▶ **Pickleball** – 350 adults took part in 14 Pickleball programmes in conjunction with Pickleball Ireland. Programmes took place in Bishopstown, Blackrock, Carrigtwohill, Cobh, Inniscarra, Kinsale, Knocknaheeny, Midleton, Montenotte, and Mayfield.
- ▶ **GAA Handball** – 178 participants took part in 11 introductory 6-week programmes across Cork supported by Cork Handball clubs. This included 87 adults and 91 children. Programmes took place in Kilworth, Conna, Ballydesmond, Macroom, Boherbue, Lisscarroll, Mallow, and Glenville.
- ▶ **Tennis** – 158 people took part in 14 beginner Try Tennis programmes in conjunction with Tennis Ireland, Munster Tennis, local clubs, and community facilities. Programmes took place in Dromohane, Ballineen, Kerry Pike and Whitechurch.



SCHOOLS ATHLETICS BLITZ

Case Study: Community Sport

Title: Social Pickleball Project

Project Title: Social Pickleball Ireland

Aim: To work with identified partner organisations to provide opportunities for people of all ages and abilities to participate in pickleball in a fun and social environment.

OBJECTIVES

- ▶ Identify suitable community-based venues and recruit participants.
- ▶ Work with Pickleball Ireland to establish social clubs and groups.
- ▶ Coordinate community-based pickleball programmes for adults across Cork.
- ▶ Provide a quality instructor-led programme to support adults and youths to participate in a fun new sport.
- ▶ Identify coaches to deliver quality participation programmes with Pickleball Ireland.
- ▶ Purchase of playing equipment to support the start-up of programmes and social groups across Cork.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Following the identification of the need for social pickleball in several communities across Cork, CLSP engaged with Pickleball Ireland and respective community groups/venues to discuss project possibilities.
- ▶ **PLAN** – Following the initial discussion, a comprehensive plan for the roll-out of social pickleball programmes was developed, including timelines, funding, locations, capacity, equipment, programme duration, delivery method & possible future participation pathways, including club development.
- ▶ **DELIVER** – The programme was delivered over four phases throughout 2023, with some locations running 2 phases of delivery under the CLSP-supported model.
- ▶ **REVIEW** – Feedback was gathered from partners, participants and tutors to review what worked well, what needed improving, review feedback received and to discuss any future steps.

OUTPUTS

- ▶ **350 PARTICIPANTS** – 40 adults and 40 youths took part in the 4-week engagement programme.
- ▶ **10 LOCATIONS** – The programme took place in 10 locations across Cork including Bishopstown, Blackrock, Carrigtwohill, Cobh, Inniscarra, Kinsale, Knocknaheeny, Midleton, Montenotte, and Mayfield
- ▶ **2 RESOURCE PACKS** – Resource packs were provided to 2 locations.
- ▶ **24 LEADERS** – 24 volunteers received Pickleball leader training.
- ▶ **65 SESSIONS** – 65 sessions were delivered as part of the project in 2023.

OUTCOMES

- ▶ Increased opportunity for physical activity through pickleball in 10 Cork communities.
- ▶ Increased engagement and collaboration between programme partners.
- ▶ Additional participation pathways and opportunities developed through social pickleball.
- ▶ Increased capacity in Cork communities to deliver pickleball.

FEEDBACK

Many thanks for choosing here to hold the pickleball programme in our centre, we had some excellent feedback and have had a lot of enquiries as to getting a weekly slot started up.

After 10 mins of playing, I knew I was going to be addicted!

What a fantastic way to meet new people, get fit and to have so much fun

It is so much fun, it was great to see all ages, men and women, all fitness levels, coming together to learn a new sport.



JUNIOR PARKRUN

Case Study: Community Sport

- Title:** GAA Handball Introductory Programmes
- Partners:** GAA Handball, GAA Handball Clubs (Ballydesmond, Boherbue, Conna, Glenville, Kilworth, Liscarroll, Macroom and Mallow)
- Aim:** To work with identified partner organisations to introduce the sport of GAA Handball to identified target groups and communities across Cork

OBJECTIVES

- ▶ Work with GAA Handball and interested clubs to coordinate suitable 8-week introductory handball programmes for key target groups.
- ▶ Identify priority target groups with each club with the aim of increasing club membership.
- ▶ Increase participation numbers in each of the eight participating clubs.
- ▶ Coordinate a fun 8-week introductory programme in each area.
- ▶ Provide quality instructor-led programmes to support adults and youths to participate in a fun new sport.
- ▶ Increase the visibility of GAA handball in the region.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Following the identification of the need for introductory GAA handball programmes to support clubs with growing membership by GAA Handball, CLSP engaged with GAA Handball and interested clubs to discuss and scope out programme possibilities.
- ▶ **PLAN** – Following the initial discussion, a plan for the roll-out of programmes was developed, including timelines, required funding, programme capacity, target groups, duration, equipment, delivery method & follow-up participation opportunities.
- ▶ **DELIVER** – The programme was delivered over an 8-week period in Q4 2023 with clubs offering programmes for target groups, including youth, women and mixed adults. Several clubs delivered multiple programmes.
- ▶ **REVIEW** – Feedback was gathered from clubs and participants to review what worked well, what needed improving, review any feedback received and to discuss any future steps.
- ▶ **REENGAGE** – CLSP reengaged with GAA Handball to plan for future opportunities and roll-out in 2024

OUTPUTS

- ▶ 210 PARTICIPANTS – 210 participants took part in the programme, including 111 children, 73 women and 26 men.
- ▶ 11 PROGRAMMES – 11 programmes were delivered during the project, including youth, women’s and mixed-adult programmes.
- ▶ 8 LOCATIONS – The programme took place in 8 club venues across Cork including Ballydesmond, Boherbue, Conna, Glenville, Kilworth, Liscarroll, Macroom and Mallow.
- ▶ 11 RESOURCE PACKS – 11 resource packs were provided to the 8 clubs involved in the programme, which included balls, booklets, and cones.
- ▶ 88 SESSIONS – 88 sessions were delivered as part of the project

OUTCOMES

- ▶ Increased opportunity for participation in sport through GAA handball in 8 Cork GAA Handball clubs.
- ▶ Increased membership in clubs involved in the programme.
- ▶ Increased awareness of GAA Handball.
- ▶ Increased engagement and collaboration between programme partners.
- ▶ Additional participation pathways and opportunities developed through GAA Handball.

FEEDBACK

- “The training initiative has invigorated the club. We’re definitely talking about putting a one wall into the school “
- “Up to 31 juveniles this week. We’ve had to make double training sessions for the past 3 weeks”

AREA 2 Physical Activity

Physical activity is essential for maintaining overall health and well-being, enhancing quality of life, and reducing the risk of chronic diseases.

In 2023, Cork Sports Partnership (CLSP) worked closely with identified local partners and stakeholders to design and deliver initiatives aimed at creating meaningful opportunities for individuals within their communities to be physically active. In particular, the programmes and interventions are specifically tailored to encourage individuals across a diverse range of demographics who are not routinely active to engage in physical activity within a fun and supportive environment.

By fostering these collaborative efforts, CLSP continues to drive increased participation in physical activity, ensuring that all community members have access to inclusive and enjoyable opportunities to stay active.

Key Achievements

- ▶ 22 projects developed.
- ▶ 251 programme opportunities coordinated.
- ▶ 2,220 sessions delivered.
- ▶ 2,423 active participants

Physical Activity Highlights

- ▶ **Better Balance – Staying Fit for the Future** – 987 people took part in 135 programmes across 3 terms in 2023. In total, 2,223 registrations were received for classes across 33 locations in Cork, with 82% of participants returning from previous programme terms.
- ▶ **Start To Move** – 152 people took part in 18 programmes in 2023. The 8-week programme aims to support people to start exercising, lose weight and improve their overall health. Programmes took place in Clonakilty, Gurranabraher, Mahon, Ballintotis, Whitechurch, Bishopstown and four targeted programmes with disability services and other identified priority groupings.
- ▶ **FunFit** – 177 children took part in 14 Fun Fit programmes across 3 terms in 2023. Programmes took place in Clonakilty, Douglas and Carrigtwohill in collaboration with the HSE.
- ▶ **Activator Poles** – 180 people took part in 20 Activator Pole programmes. The 8-week programmes were delivered in Hollyhill, Ballinacarriga, Killeagh, Millstreet, Knocknaheeny, Castlemagner, Ballintotis, Dromtariffe, Ballinascarthy and Mayfield.
- ▶ **Parents on the Move** – 13 parents took part in a 6-week pilot exercise programme in Greenmount NS.
- ▶ **Women in the Outdoors** – 24 women took part in the 8-session programme with modules on walk leader training, mountain skills, first aid, bushcraft skills, currach rowing and kayaking.

Case Study: Physical Activity

Title: Inclusive Splash and Dash
Partners: Cork Home School Community Liaison Network
Aim: The programme aims to improve physical health, reduce stress, and build a strong parent/school link in a disadvantaged Cork City area, addressing barriers to fitness and well-being.

OBJECTIVES

- ▶ Provide weekly one-hour physical activity classes led by a qualified coach.
- ▶ Tailor exercises to be inclusive and suitable for all fitness levels.
- ▶ Foster a supportive and welcoming environment to encourage regular attendance.
- ▶ Integrate activities that promote stress relief and mental well-being.
- ▶ Encourage a stronger link between the school and the parent.
- ▶ Monitor progress and gather feedback to adapt the programme to parents' needs.

IMPLEMENTATION STEPS

- ▶ **ENGAGE:** The home school community liaison network identified a need to promote physical activity with parents in DEIS School areas. CLSP engaged with the network to identify a suitable school within their network to pilot.
- ▶ **PLAN:** After initial engagement with the network and identified school, a 6-week programme was developed for the school to encourage parent participation. This plan included timelines, equipment needs, participant recruitment and promotional material.
- ▶ **PROMOTE:** The 6-week programme was promoted through the home school liaison within the identified school. General inter-school promotion and targeted promotion were conducted.
- ▶ **DELIVER:** A one-hour tutor lead session was delivered each Monday morning over a 6-week period.
- ▶ **REVIEW:** A feedback survey was conducted with participants at the conclusion of the 6-week programme.

OUTPUTS

- ▶ **13 PARTICIPANTS** – 13 parents participated in the programme over the 6 weeks. All 13 parents were female.
- ▶ **6 SESSIONS** – 6 weekly exercise classes were delivered during the programme.
- ▶ **1 SCHOOL** – Greenmount National School in Cork City was identified by the Home School Liaison Network to pilot the programme.

OUTCOMES

- ▶ Increased physical activity levels among participating parents.
- ▶ Enhanced mental well-being and reduced stress for parents.
- ▶ Stronger sense of community and support among parents.
- ▶ Positive feedback and satisfaction with the programme.
- ▶ Improved school/parent relationship.

FEEDBACK

"These classes have really boosted my energy. I look forward to them every week"

"I've made new friends and feel more connected to my child's school. And I'm feeling fitter than ever"

"This programme has helped me so much. It's given me the motivation to get out and be more active."





Case Study: Physical Activity

Title: FunFit
Partners: HSE Cork Kerry Community Healthcare Health Promotion Team, HSE Cork Kerry Community Healthcare Paediatric Physiotherapy Team, Leisureworld Cork, Munster Technological University
Aim: The project aims to support children who are on waiting lists with a positive experience of physical activity by providing them with an appropriate fun-based group physical activity programme, where fundamental movement skills can be developed

OBJECTIVES

- ▶ Work with HSE departments to establish an appropriate physical activity intervention for children on waiting lists.
- ▶ Coordinate 8-week community-based programmes for children on HSE waiting lists.
- ▶ Provide a quality instructor-led programme to support children to participate in fun activity sessions.
- ▶ Identify tutors to deliver quality appropriate FMS activities and programmes.
- ▶ Foster a supportive and welcoming environment to encourage regular attendance.
- ▶ Monitor progress and gather feedback to adapt the programme to participant needs

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – The need for a physical activity intervention for children on HSE waiting lists was identified by the HSE Paediatric Physiotherapy team and Health Promotion team following engagement with colleagues across the health. CLSP engaged with staff in both the Health Promotion and Physio teams and colleagues from Leisureworld to scope out possible project development and structure.
- ▶ **PLAN** – After initial engagement and discussion, a plan was developed to create a new programme to focus on fundamental movement skills appropriate for children on waiting lists. This included timelines, possible locations, equipment needs, participant recruitment, referral pathways and promotional material.
- ▶ **PROMOTE** – Participants for the 6-week programme were recruited from existing HSE waiting lists. This included targeted communication from the health promotion team with health professionals, health practitioners, presentations to Physiotherapy and Occupational Therapy teams within HSE Cork Kerry Community Healthcare.
- ▶ **DELIVER** – An 8-week physical activity intervention with an emphasis on non-competitive, fun, functional activities designed to support the development of fundamental movement skills and to build confidence. This involved a one-hour tutor-led session each week.
- ▶ **REVIEW** – Feedback surveys and focus groups were conducted with participants and parents at the conclusion of the 6-week programme. Additionally, Fundamental Movement Skills testing (Test of Gross Motor Development – 2) was also conducted and analysed as part of research being conducted with Munster Technological University.

OUTPUTS

- ▶ **177 PARTICIPANTS** – 177 children participated in the FunFit programme in 2023. This included 115 boys and 62 girls.
- ▶ **14 PROGRAMMES** – 14 programmes were delivered across 3 terms during 2023.
- ▶ **112 SESSIONS** – 112 FunFit sessions were delivered in 2023.
- ▶ **3 LOCATIONS** – The programme took place in 3 locations across Cork including Clonakilty, Douglas/Turners Cross and Carrigtwohill.

OUTCOMES

- ▶ Increased physical activity levels among participants.
- ▶ Improved fundamental movement skills in participants.
- ▶ Positive feedback and satisfaction with the programme.

FEEDBACK

I really liked when we played games that challenged me to think about things. I think you should have more games like that because it is good for my brain too’.

‘I got to do things that I wouldn’t normally do like throwing javelins.

‘I liked how we got to choose a game ourselves. That was a really good idea’.

‘I liked to go home and practice the games we learned during FunFit’.

AREA 3 Schools

Enhancing the capacity of schools to offer additional opportunities for children to engage in physical activity remains a key focus for CLSP.

In 2023, this objective was advanced through a range of targeted measures, including engagement initiatives, club-school link projects, teacher upskilling workshops, and participation events conducted in collaboration with partner organisations.

Key Achievements

- ▶ 9 sports supported
- ▶ 11 projects developed
- ▶ 128 programme opportunities coordinated
- ▶ 775 sessions delivered
- ▶ 5,918 active participants

School Highlights

- ▶ **Rowing** – 1,640 school children from 6 schools took part in the Get Going Get Rowing programme in conjunction with Rowing Ireland.
- ▶ **Cycling** – 1,704 children from 42 primary schools took part in the 8-session Cycle Right programme subsidised by Cork City Council and Cork County Council.
- ▶ **Table Tennis** – 520 children from 14 primary schools took part in a 6-week table tennis club school link programme with Munster Table Tennis. Participating schools received access to tables & training workshops to continue the activity beyond the initial engagement.
- ▶ **Swimming** – 309 children from 5 city schools took part in a Let's Get Back Swimming programme in Mayfield Sports Complex.
- ▶ **Athletics** – 1,500 children from 42 primary schools participated in a 4-week Introduction to Athletics, culminating in an end-of-programme blitz and resource pack for the schools involved.



SCHOOLS ATHLETICS BLITZ

Case Study: Schools

Title: Primary School Athletics Programme

Aim: To introduce primary school children to the sport of Athletics in a school setting through a fun and interactive tutor-led and teacher-supported programme

OBJECTIVES

- ▶ Coordinate a 4-week introductory athletics programme for Cork primary schools.
- ▶ Provide an opportunity for Cork schools to try a fun new sport in a supportive environment.
- ▶ Provide quality tutor-led fundamental movement sessions through athletics.
- ▶ Provide additional opportunities for continued participation in athletics beyond the programme.
- ▶ Build the capacity of schools and teachers to deliver athletics as part of their physical activity offering.
- ▶ Create and promote participation opportunities in athletics for children

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Identify and engage with clubs, tutors, and schools to develop a school-based programme of athletics.
- ▶ **PLAN** – Plan & agree suitable programme including timelines, capacity, essential equipment, duration, and delivery method.
- ▶ **PROMOTE** – Develop a marketing campaign to recruit schools to take part in the programme including targeted social media campaigns, leaflet drops, email & word of mouth through partner networks.
- ▶ **DELIVER** – Arrange delivery of 4-week engagement programme in 34 primary schools across Cork. Provide equipment and resources to school to support continued participation beyond the engagement programme.
- ▶ **REVIEW** – Review pilot with partners, tutors, and schools.
- ▶ **REENGAGE** – Reengage with participants & partners on possible next steps & pathways for continued participation & expansion of the programme.

OUTPUTS

- ▶ **1,500 PARTICIPANTS** – 1,500 primary school children took part in the programme in 2023, which aimed to progressively introduce participants to the fundamentals of Athletics (run, jump, throw) over 4 weeks.
- ▶ **42 SCHOOLS** – 42 Cork primary schools across Cork took part in the project.
- ▶ **42 RESOURCE PACKS** – Each school received an equipment pack and training resources to continue athletics outside of the programme. This included hurdles, shots, javelins, discus, and batons.
- ▶ **6 REGIONAL BLITZES:** The programme was split into 6 regions for 2023. North Cork, East Cork, West Cork, Cork City South, Cork City North, and Special Schools.
- ▶ **168 SESSIONS** – 168 sessions were delivered as part of the project.

OUTCOMES

- ▶ Increased awareness of athletics.
- ▶ Increased opportunity for children to get active in schools.
- ▶ Stronger working relationships between partners.
- ▶ Increased capacity of schools to deliver athletics in schools

FEEDBACK

“On behalf of the teachers and pupils of Rathbarry National School, I would like to congratulate and thank you and the team involved in organising today’s interschools athletics blitz. It was very well organised and ran very smoothly. The children enjoyed themselves immensely and loved everyone of the activities. They will definitely sleep well tonight!

“Thank you also for the wonderful athletics kit that we brought back to school with us. We will get lots of fun and enjoyment from this equipment for many years to come.”

Case Study: Schools

Title: Schools Table Tennis Programme

Aim: To introduce primary school children to the sport of table tennis in a fun and inclusive environment.

OBJECTIVES

- ▶ Partner with Munster Table Tennis to coordinate a 6-week introductory table tennis programme for Cork primary, secondary and special schools.
- ▶ Provide an opportunity for Cork schools to try a fun new sport in a supportive environment.
- ▶ Deliver quality tutor-led table tennis sessions.
- ▶ Provide additional opportunities for continued participation in table tennis beyond the programme.
- ▶ Build the capacity of schools and teachers to deliver table tennis through the Table Tennis Teachers Award

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with Munster Table Tennis and identify suitable schools to deliver a schools-based programme of table tennis.
- ▶ **PLAN** – Plan & agree on a suitable programme, including timelines, capacity, essential equipment, duration, and delivery method.
- ▶ **PROMOTE** – Develop a promotional campaign to recruit schools to take part including targeted social media content, email newsletter & word of mouth through partner networks.
- ▶ **DELIVER** – Arrange delivery of a 6-week engagement programme in 14 schools across Cork.
- ▶ **REVIEW** – Gather feedback from participants, schools and partners about the programme.

OUTPUTS

- ▶ **520 PARTICIPANTS** – 520 primary school children took part in the programme in 2023, which aimed to teach participants the fundamentals of table tennis over 4 weeks.
- ▶ **14 SCHOOLS** – 14 schools took part in the programme including St Mary's on the Hill Knocknaheeny; Strawberry Hill Blarney St; North Mon Primary; North Presentation Farranree; Upper Glanmire; Aghada, Gaelscoil Ui Drisceoil, Scoil Mhuire Ballincollig, Scoil Barra Ballincollig. St Patrick's Girls School, Gardiners Hill; Terence McSweeney Community College; St Mary's Special School, Rochestown; Scoil Bernadette Special School, Montenotte; St Killian's Special School, Mayfield.
- ▶ **84 SESSIONS** – 84 sessions were delivered to schools as part of the 6-week engagement programme.
- ▶ **1 WORKSHOP** – 1 Teacher Award workshop delivered in 2023.

OUTCOMES

- ▶ Increased awareness of table tennis.
- ▶ Increased opportunity for children to get active in schools through table tennis.
- ▶ Stronger working relationships between programme partners and schools.
- ▶ Increased capacity of schools to deliver table tennis outside of the programme



SCHOOL ATHLETICS BLITZ

AREA 4 Disability Inclusion

Supporting people with disabilities to access regular and meaningful community sport and physical activity opportunities is a core priority across all Cork Local Sports Partnership (CLSP) strategic goals and work areas.

In 2023, CLSP collaborated with national and community organisations throughout Cork to create and deliver a range of community-based opportunities for people with disabilities. These efforts included engagement programmes, inclusive club and group development projects, promotional campaigns, and taster events, all aimed at fostering greater inclusion and participation for individuals with disabilities.

Key Achievements

- ▶ 7 sports/activities supported
- ▶ 11 projects developed
- ▶ 21 programme opportunities coordinated
- ▶ 157 sessions delivered
- ▶ 1,082 active participants

Disability Inclusion Highlights

- ▶ **Athletics** – 552 adults from 8 Disability Services took part in the Rebel Run a Mile Challenge. Services who took part in this year's programme included Brothers of Charity, CoAction – West Cork, L'Arche, St. John of God's Kerry, Praxis Care, Nua Healthcare St. Joseph's Foundation, and COPE Foundation.
- ▶ **Cycling** – 72 participants took part 4 inclusive Learn to Cycle programmes. The 6-week programmes took place Castlelyons, Youghal, Ballincollig and Mahon.
- ▶ **Swimming** – 26 participants took part in a 12-week Disability Swim for a Mile programme in Leisureworld Bishopstown.
- ▶ **Watersports Inclusion Project** – 106 participants with disabilities took part in water-based activities including powerboat trips, surfing sessions and inclusive sailing.
- ▶ **Pickleball** – 15 adults with intellectual disabilities took part in a pilot 4-week pickleball programme in Bishopstown.
- ▶ **West Cork Inclusion Showcase** – 200 people with disabilities took part in an inclusive showcase event in Dunmanway, West Cork. Over 20 taster sessions and demos were showcased on the day.
- ▶ **Rebel Run a Mile Challenge** – 552 people with disabilities from 8 services took part in the Rebel Run a Mile Challenge in 2023.

Case Study: Disability Inclusion

Title: Rebel Run a Mile Challenge

Aim: To support people with disabilities accessing disability services across Cork to increase their physical activity levels through a structured exercise programme.

OBJECTIVES

- ▶ Plan, coordinate & deliver a structured couch to 1-mile walk to jog programme for disability services.
- ▶ Work with key partners to develop a sustainable programme model for services.
- ▶ Provide training to disability service staff on how to lead appropriate walk-to-jog sessions.
- ▶ Liaise with disability service staff throughout the programme.
- ▶ Deliver energiser sessions to services at agreed points during the 8-week programme.
- ▶ Create and design resources to assist participants with motivation and engagement with the programme.
- ▶ Coordinate an end-of-programme celebration event for participants.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with disability services to gauge interest & capacity to get involved in the Rebel Run a Mile.
- ▶ **PLAN** – Plan programme structure to focus on capacity building of service staff to support the delivery of the programme, including programme resources, timelines, capacity, training, duration & other required supports.
- ▶ **PROMOTE** – Develop a promotional campaign to maximise awareness of the programme, including launch, PR, website and social media to maximise challenge uptake.
- ▶ **DELIVER** – Provide training & resources to services. Facilitate tutor-led energiser sessions to services at agreed points during the 8-week programme. Support the delivery of the end-of-programme one-mile challenge in multiple locations across Cork.
- ▶ **REVIEW** – Gather feedback from participants and disability service staff on the programme, schools and partners about the programme.

OUTPUTS

- ▶ **552 PARTICIPANTS** – 552 people with disabilities took part in the Rebel Run a Mile Challenge in 2023.
- ▶ **18 SESSIONS** – 18 energiser sessions were delivered to disability services during the challenge.
- ▶ **3 EVENTS** – 3 culmination events were held as part of the Rebel Run a Mile celebration.
- ▶ **8 DISABILITY SERVICES** – Services who took part in this year's programme included Brothers of Charity, CoAction, L'Arche, St. John of God's, Praxis Care, Nua Healthcare, St. Joseph's Foundation, and COPE Foundation.

OUTCOMES

- ▶ Increased opportunity for people with disabilities to get active.
- ▶ Increased engagement and stronger working relationships between CLSP & disability services.
- ▶ Improved capacity to deliver physical activity within disability services.

FEEDBACK

'We have had participants taking part from Cope Foundation every year and this one is no different with over 60 participants taking part. There are a number of reasons why we entered this programme; it lifts our mood, boosts our mental state and makes us feel good. A recipe for success!' **Susan Murphy, Sport and Recreation Dept. COPE Foundation.**

"The group from St. John of God's that took part last week, thoroughly enjoyed it and are already asking to do it again next year!" **Shona Heaslip, St. John of God Services, Kerry.**

"We, at Boston Scientific are both honoured and privileged to be involved in this wonderful programme which strives to encourage people of various abilities to stay active across Cork County. It is truly inspirational the work that goes into making this programme bigger and better every year. All at Boston Scientific have been delighted to support the programme and cheer on the participants." **Darren Harris, Boston Scientific – Service & Partner Feedback**



REBEL RUN A MILE - BALLINCOLLIG REGIONAL PARK



SPORTS INCLUSION SHOWCASE

Case Study: Disability Inclusion

Title: West Cork Sports Inclusion Showcase

Partners: West Cork Development Partnership, Maria Immaculate Community College supported by Badminton Ireland, Volleyball Ireland, Rowing Ireland, West Cork Jesters, Ból Chumann na hÉireann.

Aim: To increase participation opportunities for people with disabilities by raising the profile of disability inclusion in sport and physical activity in West Cork.

OBJECTIVES

- ▶ Plan, coordinate & deliver an inclusive showcase event for West Cork.
- ▶ Collaborate with local clubs, groups and organisations providing opportunities for people with disabilities to get active.
- ▶ Highlight new and existing opportunities for people with disabilities to get active in West Cork.
- ▶ Build the capacity of local clubs, groups, and organisations to provide inclusive opportunities

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with identified local partners to plan an inclusive showcase event for people with disabilities in West Cork.
- ▶ **PLAN** – Plan & agree on event location, timelines, format, capacity, & other required supports.
- ▶ **PROMOTE** – Develop a marketing campaign to maximise awareness of the event among target groups.
- ▶ **DELIVER** – Deliver a high-quality inclusion showcase event with over twenty taster activities.
- ▶ **REVIEW** – Gather feedback through surveys and meetings from partners and participants on what worked well, what needs improving, and opportunities for future showcase events and collaborations.

OUTPUTS

- ▶ **200 PARTICIPANTS** – 200 people with disabilities from local communities, disability services and special schools attended the inclusive showcase event in Dunmanway.
- ▶ **20 TASTERS** – 20 try-it sessions were organised as part of the showcase event. Activities included volleyball, circuits, GAA, gymnastics, yoga, rugby, boxing, wheelchair basketball, scorebowls as well as fun games and skills.
- ▶ **28 TY VOLUNTEERS** – 28 transition year student volunteers supported the delivery of the event and received a Disability Inclusion Training workshop in advance of the event.

OUTCOMES

- ▶ Increased opportunity for people with disabilities to experience adapted physical activity and inclusive sports.
- ▶ Stronger working relationships between CLSP & partners.
- ▶ Increased awareness of participation opportunities for people with disabilities.
- ▶ Comprehensive marketing campaign and stockpile videos of disability sport and inclusive programmes to promote participation in inclusive community sport.
- ▶ Additional pathways and opportunities being explored by CLSP and partners to scale opportunities for participation

FEEDBACK

“The instructors were so nice and accommodating. Nothing was a big deal.”

“The laughter and fun we had as a family. I will definitely try more activities next year.”

- Parent & Participant Feedback

AREA 5 Mass Participation Events & Campaigns

Mass participation events and campaigns play a crucial role for CLSP in engaging communities and increasing participation opportunities in sport and physical activity. Through targeted messaging, outreach, events and campaigns can effectively raise awareness to mobilise diverse groups to become more active. These initiatives help CLSP to break down barriers to participation, whether by promoting inclusivity, highlighting the benefits of physical activity, or offering accessible activities for all age groups and abilities.

Through coordinated efforts with local and national partners, events and campaigns are designed and delivered by the CLSP team to support key groups, creating a supportive environment that encourages sustained involvement in sport and physical activity.

By driving community engagement and fostering a culture of activity, these events and campaigns contribute significantly to the promotion of healthier, more active lifestyles.

Key Achievements

- ▶ 27 different sports engaged across events and multi-activity campaigns in 2023.
- ▶ 34,250 people took part in CLSP-supported mass participation events and campaigns.
- ▶ 471 events coordinated in 2023 across 36 different projects.

Mass Participation Event & Campaign Highlights

- ▶ **Athletics** – 800 people took part in the 11th annual Cork Rebel Run.
- ▶ **Cycling** – 14,332 people took part in 264 events organised as part of Cork Bike Week between 13th and 21st May. This included 6,629 people who took part in 182 public events and 7,703 children taking part in 82 school-specific events.
- ▶ **Orienteering** – 6,058 primary and secondary school children took part in 37 orienteering events in conjunction with Bishopstown Orienteering Club and Orienteering Ireland.
- ▶ **HerOutdoors Week** – 205 women took part in 21 taster events as part of HerOutdoors week.
- ▶ **European Week of Sport** – 550 people took part in 42 taster events organised as part of European Week of Sport.
- ▶ **Athletics** – 220 primary school children took part in a Daily Mile celebration organised by CLSP in Q2 2023.
- ▶ **Community Events** – 19 community events were supported with physical activity tutors and active play facilitators in 2023.



Case Study: Mass Participation Events & Campaigns

Title: Cork Bike Week 2023

Partners: Cork City Council, Cork County Council.

Aim: To provide people of all ages and abilities the opportunity to participate in a variety of cycling events while creating awareness of cycling as an enjoyable form of transport and physical activity in Cork City & County.

OBJECTIVES

- ▶ To collaborate with identified partners to coordinate a comprehensive portfolio of cycling opportunities.
- ▶ To increase awareness & use of local amenities, clubs & facilities.
- ▶ To engage with community & cycling stakeholders throughout Cork.
- ▶ To provide follow-up opportunities for continued participation in cycling in conjunction with partners.
- ▶ To promote cycling as a form of physical activity and active travel.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engaged with Cork City Council & Cork County Council to draft the Cork Bike Week application & submit it to the National Transport Authority (NTA).
- ▶ **PLAN** – Following approval, planned, agreed & finalised available event support & funding support criteria for local event organisers.
- ▶ **PROMOTE** – (i) Developed a campaign to recruit clubs, schools, workplaces & other cycling organisations to organise events & get involved. (ii) Create awareness of events & recruit participants to take part in events.
- ▶ **DELIVER** – Facilitated an Event Support Scheme to support the delivery of local events as well as by providing branding, signage, goodies, personnel & ongoing promotional support.
- ▶ **REVIEW** – Reviewed event reports & overall coordination of the week with partners & NTA.

OUTPUTS

- ▶ **14,332 PARTICIPANTS** – 14,332 people participated in Cork Bike Week 2023.
- ▶ **264 EVENTS** – 264 events were organised by community groups, organisations, schools and clubs. This included 182 public events and 82 school-specific events.
- ▶ **12,287 WEB VISITS** – Cork Bike Week event pages were viewed 12,287 times.
- ▶ **113,171 REACH** – Cork Bike Week Facebook posts had a reach of 113,171 in 2023.

OUTCOMES

- ▶ Increased opportunity to be active through cycling for all ages & abilities in Cork.
- ▶ Improved collaboration between partner organisations
- ▶ Increased engagement with the public & priority target groups through cycling.
- ▶ Increased promotional and visibility of cycling in Cork.
- ▶ Increased capacity of schools, clubs, groups & organisations in Cork to organise cycling activities.

FEEDBACK

“The kids had so much fun today, the new greenway is fab and we will most definitely be using it weekly.”

“We loved using the adapted bikes, it really opened our clients’ eyes to what they can do in the outdoors.”

“Thank you for organising the daily leisure cycles, I got to see so many new cycle routes while also making new friends that I am going to continue meeting up and cycling with.”

“We had a fantastic turn out again this year. We had a bike bus route organised. We had each child cycle with a parent, and it was so much fun.”

- Bike Week Participants 2023



Case Study: Mass Participation Events & Campaigns

Title: HerOutdoors Week 2023

Partners: Volleyball Ireland, Get Ireland Walking, Mountaineering Ireland, Ballyhass Adventure Group, Dragon Boats Cork, Naomhóga Chorcaí, Ból Chumann na hÉireann, Orienteering Ireland, Cork Lacrosse, Cycle Sense, Wild Atlantic Sports, Cork Bike Hire, Angling Ireland, Inchydoney Surf School.

Aim: To coordinate a comprehensive campaign of taster events and opportunities for outdoor sport and activity for women and girls of all ages and abilities in Cork.

OBJECTIVES

- ▶ Coordinate a weeklong celebration of outdoor opportunities for women and girls to participate in.
- ▶ Engage with national and local partners to coordinate taster events for girls and women to try in a supportive environment.
- ▶ Provide follow-on opportunities for continued participation beyond the weeklong campaign.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with Sport Ireland, NGBs, local clubs, groups, and outdoor activity providers to gauge interest in being involved in Cork's HerOutdoors campaign.
- ▶ **PLAN** – Following the initial discussion, coordinate a comprehensive schedule of outdoor activities across the week, including costs, capacity, times, venues, and follow-on participation opportunities.
- ▶ **PROMOTE** – Develop a promotional campaign in line with the national Sport Ireland campaign to create awareness of the events and recruit participants to take part. This involved the utilisation of multiple tools, including the CLSP website, targeted social media and email campaigns, PR, and word of mouth through CLSP and partner networks.
- ▶ **DELIVER** – Coordinate and support the delivery of 21 taster events at locations across Cork.
- ▶ **REVIEW** – Gather feedback from participants and partner organisations on each event and the overall campaign and approach.

OUTPUTS

- ▶ **205 PARTICIPANTS** – 205 participants took part in events throughout the campaign.
- ▶ **21 TASTER EVENTS** – 21 taster events were organised as part of the campaign. These included beach volleyball, surfing, cycling, trail walking, activator poles, dragon boat rowing, fishing, lacrosse, orienteering, swim and sauna, wakeboarding, road bowling, stand-up paddleboarding, currach rowing and kayaking.
- ▶ **25 SOCIAL MEDIA POSTS** – As part of the HerOutdoors campaign, CLSP published 25 unique content posts across Facebook, X and Instagram with a reach of over 5,000 across all platforms. In addition, CLSP posted 39 Instagram Stories related to HerOutdoors events.
- ▶ **14 PROJECT PARTNERS** – 14 clubs, groups and organisations worked with CLSP to organise taster events as part of HerOutdoors week 2023.

OUTCOMES

- ▶ Increased access and opportunity to be active in the outdoors for women and girls.
- ▶ Improved collaboration between partner organisations
- ▶ Increased engagement with outdoor activities, clubs, groups and organisations providing outdoor opportunities.
- ▶ Increased promotional and visibility for providers of outdoor activities in Cork.

Objective 2.3 CAPACITY BUILDING

Strengthen and increase the capacity of stakeholder organisations, including NGBs, clubs, groups, communities, schools, agencies, and organisations, to deliver suitable community sport and physical activity opportunities for people of all ages and abilities in their respective communities.

Strengthening and increasing the capacity of organisations, National Governing Bodies (NGBs), clubs, groups, communities, and schools is vital for the sustained growth of community sport and physical activity in Cork. Through targeted education, training, and awareness workshops, CLSP supports these agencies with the knowledge, skills, and resources needed to effectively deliver and promote physical activity opportunities.

These initiatives focus on building leadership, enhancing coaching abilities, improving management, and raising awareness about the importance of inclusive and accessible programmes.

As a result, these education and training programmes contribute to a more vibrant and active community where sport and physical activity is accessible and supported.

In 2023, CLSP, in collaboration with key education partners, provided a comprehensive range of education and upskilling opportunities for volunteers, coaches, teachers, disability and youth service staff, activity leaders, and administrators. These initiatives were designed to enhance their capabilities in delivering sport and physical activity programmes in Cork.

Key Achievements

- ▶ 25,786 people engaged in education & awareness workshops.
- ▶ 3,304 accessed sport and physical activity-specific training opportunities.
- ▶ 35 capacity building and awareness workshop topics.
- ▶ 168 workshops delivered.
- ▶ 380 sessions delivered.

Capacity Building Highlights

- ▶ **Athletics** – 800 people took part in the 11th annual Cork Rebel Run.
- ▶ **Cycling** – 14,332 people took part in 264 events organised as part of Cork Bike Week between 13th and 21st May. This included 6,629 people who took part in 182 public events and 7,703 children taking part in 82 school-specific events.
- ▶ **Orienteering** – 6,058 primary and secondary school children took part in 37 orienteering events in conjunction with Bishopstown Orienteering Club and Orienteering Ireland.
- ▶ **HerOutdoors Week** – 205 women took part in 21 taster events as part of HerOutdoors week.
- ▶ **European Week of Sport** – 550 people took part in 42 taster events organised as part of European Week of Sport.
- ▶ **Athletics** – 220 primary school children took part in a Daily Mile celebration organised by CLSP in Q2 2023.
- ▶ **Community Events** – 19 community events were supported with physical activity tutors and active play facilitators in 2023.

Case Study: Capacity Building

Title: Sports First Aid

Aim: To upskill people involved in the coordination and delivery of sport and physical activity with access to a sports first aid course.

OBJECTIVES

- ▶ Coordinate multiple public and private courses for clubs and groups throughout the year.
- ▶ Provide a detailed, relevant and interesting course for volunteers in sport.
- ▶ To provide a quality instructor-led course with hands-on practical training.
- ▶ To promote the importance of safety training within sport.
- ▶ To increase the learning and training opportunities for volunteers in Cork.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with First Aid providers to discuss suitable First Aid training for busy time constrained volunteers involved in clubs and community sport and physical activity. In addition, liaise with NGB's, clubs, groups, and community organisations regarding requests for additional private Sports First Aid workshops.
- ▶ **PLAN** – Plan and agree workshop schedule including dates, times, capacity, cost and delivery platform.
- ▶ **PROMOTE** – Create a promotional campaign to create awareness of upcoming courses amongst the public, clubs, groups, and organisations throughout Cork. This included targeted word of mouth, website articles, email campaigns & social media campaigns.
- ▶ **DELIVER** – Support the delivery of scheduled workshops as agreed throughout 2023.
- ▶ **REVIEW** – Gather feedback from workshop attendees and tutors regarding workshops delivered.

OUTPUTS

- ▶ **208 ATTENDEES** – 208 people took part in Sports First Aid workshops with CLSP and ER Training in 2023. Of these, 141 were female and 67 were male participants.
- ▶ **10 COURSES** – 10 Sports First Aid courses were coordinated in 2023.

OUTCOMES

- ▶ Better informed and supported volunteers in clubs & groups across Cork.
- ▶ Increased awareness of the importance of first aid training for clubs and groups.
- ▶ Increased engagement with clubs and communities across Cork.

FEEDBACK

"Thank you, Louise, it was a fantastic in-depth course. I really enjoyed it."

"Ross was excellent with this workshop Thanks."

"The course was very informative and interesting."

- Workshops attendees 2023



Case Study: Capacity Building

Title: Safeguarding Workshops
Aim: To upskill people involved in the coordination and delivery of children's sport with best practice guidance for the protection of children in sport consistent with child welfare and protection guidance and legislation.

OBJECTIVES

- ▶ To coordinate safeguarding workshops for clubs, groups, and community organisations throughout Cork.
- ▶ To provide children's sports leaders and organisers with up-to-date best practice information and advice for children's sport.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with CLSP safeguarding tutors and the CLSP team to agree on a schedule of public safeguarding workshops for the year. Support NGBs, clubs, groups, and community organisations with private safeguarding workshops for their members.
- ▶ **PLAN** – Plan & agree on a suitable workshop schedule, including dates, times, capacity, & delivery method.
- ▶ **PROMOTE** – Create a promotional campaign to create awareness of safeguarding dates amongst the public, clubs, groups, and organisations throughout Cork. This included targeted word of mouth, website articles, targeted email & social media campaigns.
- ▶ **DELIVER** – Deliver scheduled workshops.
- ▶ **REVIEW** – Gather feedback from workshop attendees and tutors regarding workshops delivered.

OUTPUTS

- ▶ **87 WORKSHOPS** – a total of 87 Safeguarding (SG) workshops were delivered by CLSP in 2023. This included 68 SG 1, 10 SG 2 and 9 SG 3 workshops.
- ▶ **1,483 ATTENDEES** – A total of 1,483 people attended workshops. This included 1,158 in SG 1, 191 in SG 2 and 138 in SG3 courses.

OUTCOMES

- ▶ Better supported volunteers in clubs & groups across Cork.
- ▶ Increased awareness of best practice guidelines and requirements for children's sport.
- ▶ Increased engagement with clubs and communities across Cork.

FEEDBACK

"Thank you for this workshop – very informative."
 "Good course. Lots to think about and implement. Thank you to the tutors."
 "Thanks, from all at the club. Well presented. Good examples and knowledge"
 - Workshops attendees 2023

Objective 2.4 CAPITAL INFRASTRUCTURE & EQUIPMENT

Support and enhance community sport and physical activity opportunities for people of all ages and abilities through investment in capital infrastructure and suitable equipment.

Investing in capital infrastructure and equipment is essential for enhancing and supporting sport and physical activity. CLSP works to ensure that, where possible, communities have the resources and equipment they need to participate in a wide range of physical activity. Additionally, the provision of adaptive equipment for people with disabilities ensures that these opportunities are inclusive, enabling everyone to participate.

In 2023, these investments were supported through the Dormant Accounts Funded project such as Active Cities, Sports Inclusion Disability Programme Capital, Bantry Community Sport and Physical Activity Hub and the Urban Outdoor Initiative. Additionally, in collaboration with Cork City Council, a Community Sport and Physical Activity Grant Scheme was developed to support community organisations and facilities, prioritising physical activity for target groups in the city.

This investment improves the participation and accessibility in sport and physical through the development of more active environments and amenities.

Key Achievements

- ▶ 21 capital projects in 2023.

Capital Infrastructure & Equipment Highlights

- ▶ **Outdoor Gyms Project** – As part of the Active Cities project, CLSP supported Cork City Council with the development of 5 new outdoor calisthenic gyms in Ballycannon Park, Clogheen/Kerry Pike Community Association, Tory Top Park, Clashduv Park, The Lough and Meelick Park.
- ▶ **Pop-Up Volleyball Project** – CLSP supported Cork City Council and Volleyball with the development and activation of a sand-based volleyball court in Marina Park for Q3 2023.
- ▶ **Tandem Bike Storage Facility** – CLSP, together with Cork Healthy Cities, CCC – Parks & Recreation and Sports & Sustainability departments, supported the Cork Cycling for All group with purchasing and installing a new bike storage facility in Blackrock for adaptive bikes such as Tandem bikes, trikes and hand cycles.
- ▶ **BoxUp Storage Locker** – As part of a collective national project across all 5 cities, CLSP engaged with CCC – Parks and Recreation to bring Box Up – Free Equipment Storage solution accessed through a free app, to Tramore Valley Park, on the southside of the city.
- ▶ **Sports Wheelchairs** – As part of the Bantry Community Sport and Physical Activity Hub, CLSP, in conjunction with IWA Sport purchased 8 sports wheelchairs for use by school and local community to play wheelchair sports such as Basketball.
- ▶ **Boxing Equipment** – As part of the Bantry Community Sport and Physical Activity Hub, CLSP, supported the West Cork Jesters mixed ability Boxing club with equipment such as boxing bags, gloves and pads.

Case Study: Capital Infrastructure & Equipment

Title: BoxUp Storage Unit

Aim: To provide people of all ages and abilities with access to free equipment to get physically active in Cork City.

OBJECTIVES

- ▶ Collaborate with Active Cities LSPs to enhance city spaces and places to be active in the city.
- ▶ Identify suitable storage solutions to provide access to free equipment in city parks.
- ▶ Encourage more people to exercise in their local community through the provision of free equipment.
- ▶ To activate city spaces with targeted campaigns & engagement opportunities.
- ▶ To encourage people to be active on their terms with on-demand opportunities throughout the city.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – CLSP engaged with other Active Cities LSPs and National Active Cities Officer to discuss possible solutions regarding the lack of access to appropriate equipment for key target groups across the city.
- ▶ **PLAN** – Following engagement with a number of possible storage solution suppliers, planning meetings were held with the preferred supplier to finalise key brief requirements including functionality, design, costs, timelines. This included a field trip to Switzerland to visit other cities using the storage solution and a visit to factory which was attended by the National ACO and representative from the Active Cities LSPs.
- ▶ **PROMOTE** – A promotional campaign was created to announce the arrival of the BoxUp units to Ireland with information on locations across Ireland. This included a national press release, website articles, as well as targeted email & social media campaigns.
- ▶ **DELIVER** – Following delivery of the unit to Tramore Valley Park in Cork, the unit was installed by Cork City Council Parks staff and activated by CLSP staff.
- ▶ **REVIEW** – User rating feedback is regularly gathered through the free to access app as well.

OUTPUTS

- ▶ **1 EQUIPMENT LOCKER** – 1 BoxUp storage locker has been installed in Tramore Valley Park, Cork City as part of the pilot roll-out.
- ▶ **91 SESSIONS** – The unit was installed in late September with a soft launch to test functionality. Equipment was accessed 91 times in Q4 without any promotion around the unit.
- ▶ **42 USERS** – 42 users registered through the BoxUp app to access equipment in Q4 2023.

OUTCOMES

- ▶ Increased access to free sports equipment in Tramore Valley Park.
- ▶ Increased opportunity for people to get active through better access to free sports equipment.
- ▶ Improved physical activity data in Tramore Valley Park.
- ▶ Increase collaboration among project partners.



OUTDOOR GYM LAUNCH

Case Study: Capital Infrastructure & Equipment

Title: Outdoor Gyms Project

Aim: To provide people of all ages & abilities across Cork City with access to free outdoor calisthenic gyms with age-friendly and accessibility features to support increased activity in the city.

OBJECTIVES

- ▶ To collaborate with identified partners to provide additional spaces and places to be active in the city.
- ▶ To increase awareness of physical activity opportunities and amenities in the city.
- ▶ To provide introductory sessions to increase knowledge of how to use equipment safely.
- ▶ To encourage more people to exercise in their local community through the provision of additional infrastructure.
- ▶ To activate city spaces with targeted campaigns & engagement opportunities through exercise.
- ▶ To encourage people to exercise on their terms with on-demand opportunities throughout the city.

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engaged with Cork City Council & wider community on the need for additional infrastructure to encourage communities across the city to be active.
- ▶ **PLAN** – Met with Cork City Council to discuss and agree project plan for installation & activation of new outdoor gyms across the city including timelines, budget, activation & promotion.
- ▶ **PROMOTE** – Following the installation of 11 outdoor gyms across the city in 2022 (6) and 2023 (5), a targeted awareness and activation campaign was launched to increase awareness & use of all the new amenities.
- ▶ **DELIVER** – Following the installation of the new outdoor gyms, CLSP supported the coordination and promotion of a series of free introductory gym sessions for the public and target cohorts.
- ▶ **REVIEW** – Review the project with Cork City Council upon completion & gather feedback from the public.

OUTPUTS

- ▶ **5 NEW OUTDOOR GYMS** – 5 new outdoor calisthenic gyms were developed in Ballycannon Park, Clogheen/Kerry Pike Community Association, Tory Top Park, Clashduv Park, The Lough and Meelick Park.
- ▶ **68 SESSIONS** – 68 introductory gym sessions were organised for the public in Q3 2023.
- ▶ **408 PARTICIPANTS** – 408 people attended come and try sessions as part of the part of the activation campaign.

OUTCOMES

- ▶ Increased opportunity to be active for all ages & abilities in the city.
- ▶ Improved collaboration between partner organisations.
- ▶ Improved engagement with the public & priority target groups through introductory sessions.
- ▶ Increased positive media coverage for physical activity in the city.
- ▶ Targeted promotional campaigns aligned to different National and international campaigns such as EWOS, HerOutdoors etc.

Objective 2.5

MONITORING, RESEARCH AND EVALUATION

Develop robust internal monitoring systems to ensure accurate project reporting, accountability and transparency while also working with identified partners to increase research and evaluation opportunities across key CLSP work areas to ensure best practice and inform the future direction of participation opportunities provided by CLSP and partners.

Monitoring & Reporting

CLSP has developed a comprehensive reporting process to support the team with monitoring projects. Both quantitative and qualitative measures are used to provide a detailed insight into project successes and failures.

- ▶ **Internal Reporting** – As part of CLSP's internal project monitoring process, all CLSP team members update relevant project work plans to track project progress, outputs, outcomes, and impact. These templates also form part of the future planning process for the team with annual operational planning. These templates align closely with Sport Ireland's reporting processes and allow for uniformity across CLSP work areas in terms of reporting on actions.
- ▶ **Quarterly Progress Meetings** – Individual review meetings are held on a quarterly basis between management and development staff to review and plan work areas. This includes a review of the previous quarter's projects as well as looking forward to the next quarter. This allows for strategic oversight of all work areas and for the necessary support to be put in place to support development officers with upcoming projects where support is required.
- ▶ **Monthly Meetings** – Monthly meetings are held between all the CLSP team. This allows for opportunities to discuss key items such as upcoming projects, campaigns, workshops and general CLSP updates.
- ▶ **Partner Review Meetings** – As part of CLSP's project process, a review stage is built following the delivery of a project with project partners. This allows for a short SWOT analysis to take place on key project stages and allows for continued improvement and efficiencies across

actions and work areas. Feedback is provided on Key Performance Indicators (KPIs) as set out at the start of the project, what worked well, what needs to improve, learnings and key takeaways, as well as future direction and planning. This also includes a review of timelines, and any finances required for future delivery. This informs the future direction of a project in terms of target groups, scope, and scaling around work plans.

- ▶ **Feedback Surveys** – Feedback is gathered from participants involved in Active Participation projects through end-of-programme surveys. This gathers key information on the project delivered, successes and improvements that are required to maximise the impact of the project. Feedback was gathered on their experience taking part in the project including what they enjoyed, what they did not, satisfaction levels as well as any suggested improvements and other feedback. In some cases, this feedback was gathered through teachers, carers, service staff involved in projects. Additional anecdotal feedback is also gathered from tutors and coaches delivering projects.
- ▶ **Focus Groups** – Where possible, focus groups are used by the CLSP team to gather feedback on specific projects. In 2023, CLSP used focus groups as part of the FunFit programme to gather feedback from participants and parents on key aspects of the pilot programme, including delivery format, duration as well as self-efficacy around physical activity. CLSP also used focus groups as part of the Bantry Sport Hub to engage with key stakeholder organisations in the area regarding the direction of the hub and the supports required to enhance sport and activity in the area.

Research & Evaluation

Increased research and evaluation are vital for enhancing participation in sport and physical activity at a local level. The collaboration with third-level institutes and research partners continues to enable CLSP to assess the effectiveness of current programmes, identify gaps, and innovate new approaches tailored to the needs of the programme and participants.

In 2023, CLSP has supported research and evaluation projects across the following

- ▶ National Active Cities Evaluation with S3 Solutions and Sport Ireland
- ▶ Get Cork Walking Project with South East Technological University and Get Ireland Walking
- ▶ FunFit Evaluation with Munster Technological University, Cork
- ▶ Project STEPs with Munster Technological University, Cork
- ▶ Girls Get Active with Munster Technological University, Cork
- ▶ Undergraduate Research Projects with Munster Technological University

National Active Cities Evaluation

As part of the National Active Cities project, CLSP supported Sport Ireland and S3 Solutions with conducting an evaluation on year 2 of the Active Cities Project. This process and outcome evaluation was completed in collaboration with 7 other LSPs involved in the project who have a remit for Ireland's 5 largest cities, Dublin, Cork, Limerick, Waterford and Galway.

This involved:

- (a) A process evaluation to understand how the Sport Ireland Active Cities Project was developed and implemented across different counties, looking at reach, fidelity, partnership and relevance.
- (b) An outcome evaluation to assess the extent to which project objectives have been achieved and what corresponding outputs and outcomes have been achieved:
 - ▶ Positively influence beliefs and attitudes of citizens of all abilities and ages towards engagement in sport and physical activity.

- ▶ Create and maintain safe places and spaces in which citizens can engage in regular sport and physical activity.
- ▶ Create programmes and opportunities to assist people of all ages and abilities to engage in regular sport and physical activity as communities, families, and individuals.
- ▶ Work in partnership with key local stakeholders in adopting a systems approach to increase physical activity and decrease inactivity.

As part of the evaluation, CLSP engaged in the following actions to support the evaluation:

- ▶ Bimonthly meetings with S3 Solutions reviewing project activity, capturing qualitative information aligned to indicators, identifying case study opportunities and submission of monitoring data and updated action plans requested by S3 Solutions.
- ▶ Completion of a bi-monthly perceptions survey to capture.
- ▶ Distribution of Active Cities stakeholder perception survey to key partner organisations working with the CLSP team on the Active Cities project.

Findings:

- ▶ Clear progress being made against National Actions in year 2.
- ▶ Clear progress being made against Local LSP Action Plans with 71% of aggregate actions complete or with significant progress made across cities in year 2.
- ▶ Significant progress being made against 24-month Logic Model progress indicators in relation to Active Systems, Active Environments, Active Societies and Active People with clear examples.
- ▶ Clear examples cited across cities demonstrating how the project is both 'Relevant and Useful' and 'Reaching the right people.'

Get Cork Walking Project

As part of Get Ireland Walking and South East Technological University's embedded PhD research project, which aimed to use a systems-based approach to strengthen local and national walking promotion in Ireland, CLSP supported and facilitated Get Ireland Walking and South East Technological University to engage with walking stakeholders from all sectors in Cork over a 4-year period culminating in 2023.

Project Outputs:

- ▶ A Systems Map of walking stakeholders in Cork
- ▶ A multi-sectoral Action Plan for walking in Cork – “Get Cork Walking.”
- ▶ Get Cork Walking branding and messaging developed in line with Get Ireland Walking.
- ▶ Toolkit for other counties to develop a Get Walking project in their respective counties.

FunFit

CLSP supported a research project on the FunFit programme as part of a Research Masters programme in conjunction with the Department of Sport, Leisure & Childhood Studies at MTU.

The aim of the research project was to investigate the effectiveness of the rollout of the community-based ‘FunFit’ physical activity intervention at increasing activity levels, motor competence and enjoyment among children aged 8-12 years currently on HSE waiting lists.

Research elements include testing Fundamental Movement Skills, a physical activity diary, physical activity questionnaire and focus group discussions.

Findings Included:

- ▶ Significant improvements in individual FMS in programme participants.
- ▶ Significant increases in enjoyment and self-efficacy markers across programme participants.
- ▶ Positive findings for self-reported mean daily physical activity across study participants.

Undergraduate Research Projects

CLSP and the Department of Sport, Leisure & Childhood Studies at MTU established a strategic alliance in 2022 to support more research and evaluation opportunities for undergraduates within a live community setting. As part of this project, 6 undergraduate research projects were conducted on the women's social soccer programme (n=3) and Project Weightloss (n=3).

Women's Social Soccer

The first research project sought to analyse the Impact of a Recreational Soccer Intervention on Adherence and Planned Future Activity Among Female Adults.

Findings:

- ▶ 100% of participants attended at least half of the sessions.
- ▶ 85% of participants attended at least 70% of sessions.
- ▶ 90% of participants reported they would likely participate in the programme again.
- ▶ 74% of participants reported they plan to still be exercising regularly in 6 months' time.

The second research project sought to analyse the perceived barriers associated with adult females' participation in physical activity and sport.

Findings:

- ▶ Highest ranked barriers to participation included lack of self-discipline, lack of energy and bad weather.

The third research project sought to analyse what participants liked most about the programme.

Findings:

- ▶ ‘Meeting New People’ and ‘Having Fun’ were the highest-ranked enjoyment factors for participants in the programme.

Project Weightloss

The first research project sought to analyse participants' perspectives of the delivery and impact of a community-based exercise intervention for overweight and obese adults in Cork.

Findings:

- ▶ The current evaluation of ‘Project Weightloss’ revealed a significant increase in PA levels from baseline to post-intervention in participants and showed behavioural changes were effective in increasing the participants' PA status over time. (5.0% baseline vs. 36.8% post-intervention)
- ▶ The programme gained positive feedback on most areas of the design and delivery with areas to improve for future interventions, including the name, associated PWL information manual, self-directed activities, and venues.
- ▶ Future iterations of PWL should incorporate education surrounding the National PA Guidelines and embed this into the programme's manual and design.

The second research project sought to analyse pre- and post-intervention BMI, perceived barriers to physical activity and lifetime injury prevalence amongst programme participants.

Findings:

- ▶ The Project Weightloss programme is successful in supporting participants to reduce their BMI.
- ▶ Lack of motivation, willpower and time were particularly prevalent barriers to participation.
- ▶ The relationship between BMI and Cumulative Barrier Score suggests those with a higher BMI experience more barriers to physical activity.

The third research project sought to analyse BMI dietary behaviours and self-efficacy for physical activity.

Findings:

- ▶ BMI status pre- and post-intervention found that the programme reduced the overall BMI as the mean reduced from pre (34.3) to post (32.8).
- ▶ 85% of the participants found that their fruit and vegetable intake increased post-intervention.
- ▶ When asked how likely they would be to continue physical activity post-intervention programme, 100% of participants responded either likely or very likely to continue physical activity.



Project STEPS

As part of the **Sport Ireland Research Grant Scheme**, CLSP supported a new research project in conjunction with the Department of Sport, Leisure & Childhood Studies in MTU, Cork, titled Project 'STEPS': A Campus-based Social Walking Intervention to Encourage Future Participation in Sport and Physical Activity.

The project aimed to implement a recreational walking intervention ('STEPS') within a multi-campus Higher Education Institute to evaluate the impact of an 8-week incremental intervention on (i) habitual PA, (ii) physiological health, (iii) perceived well-being, (iv) key organisational indicators of engagement, and (v) self-efficacy and readiness to participate in sport and PA.

Pilot Project Outcomes:

- ▶ A bespoke training session, suitable for replication to recruit and train prospective STEPS Ambassadors
- ▶ Health & Safety Risk Assessment for the project (approved route, risks, ERT procedures, safety procedures)
- ▶ A cohort of 'early-adopter' pilot participants, whose feedback will serve to guide the university-wide roll out of STEPS.
- ▶ Marketing materials developed by Year 3 students (logo, photo montages, digital media)

Templates to implement safe and effective sessions that can be replicated and scaled up in future iterations of STEPS.

Sport Ireland Evaluation Grant Scheme 2023

CLSP was successful in securing funding through the Sport Ireland Evaluation Grant Scheme to

support a new evaluation project in conjunction with Munster Technological University, Cork titled 'Girls Get Active': A mixed methods evaluation of a community-based suite of interventions implemented by the Cork Local Sports Partnership to increase physical activity participation amongst adolescent girls.

The fundamental research question developed was whether the GGA intervention, which has been strategically designed to leverage a breadth of partner sports club expertise and their associated unique built environment facilities, can (i) increase habitual PA engagement, (ii) improve self-efficacy and perceived competence for PA, and (iii) enhance physiological and psychological health metrics amongst samples of adolescent girls. In addition, the inclusion of a process evaluation within the methodological design will identify how to further refine and develop the structure of GGA for future iterations of delivery.

The project timeline for completion spans Q3 2023 – Q3 2024.

Single Item Measure (M1)

M1 is an internationally validated self-reporting measure used by Sport Ireland funded bodies that allows an organisation to track an individual's rates of participation in sport and physical activity.

The question asks participants to recall how many days they were active for 30 minutes or more (in line with the National Physical Activity Guidelines) in the last 7 days. The question is asked of participants at programme registration, on the last day of the programme, and at 3 month follow up.

Those active for 0-1 day are classified as being inactive, 2-4 days as being somewhat active and 5+ days as active.

LSPs work to move the inactive towards increased levels of activity



2023 Challenges

2023 Challenges

Operational

The CLSP team proactively pursues new partnerships and opportunities to improve community access to sport and physical activity across Cork. Despite benefiting over 70,000 participants in 2023, the continued need for assistance and access to opportunities is growing year on year.

CLSP must review the current system for offering opportunities to match the company's and team's capacity. With Cork City and County witnessing population growth and an escalating demand for support, CLSP must also review its strategy to guarantee fair support for communities, clubs, and services across the County.

Financial

CLSP faces the ongoing challenge of effectively securing funding to sustain its operations. While securing funding is crucial for investing in sport and physical activity for communities, clubs, and services in Cork, managing the ad-hoc nature and timelines of particular funds poses a growing challenge for the company and the administration of the same.

CLSP and the Board of Directors will work together to identify additional funding streams to support the functions and operations of the company including the ongoing review of the administration for existing funding streams.

CLSP Management & Structure

Following a thorough review of the Organisational Structure of the Company it highlighted the need for a more robust management structure to support the operations and management of the team. The Board of CLSP will continue to prioritise and focus on the implementation of a management structure that aligns to the needs of the company going forward.

Housing

Despite the continuous efforts of the board and management, CLSP was unable to secure housing support in 2023. Although the housing agreement was extended for a limited period, securing housing in 2024 will be a key priority for the company.

Governance

CLSP successfully met the requirements of the Governance Code for Sport, demonstrating its commitment to upholding principles of good governance. Moving forward, it is essential to continuously review and manage administrative tasks and practices to maintain compliance with the code. This will involve finding a balance between dedicating time and attention to governance responsibilities and overseeing the day-to-day operations of the company for both the Board of Directors and the management team.

Future Plans of CLSP

Future Plans of CLSP

The CLSP team is enthusiastic about the ongoing progress and development of sport and physical activity in partnership with the local, communities, clubs, and agencies throughout Cork.

Looking back on 2023, there were key areas of priority that have enabled and supported the development and operations of the company.

- ▶ The collaboration with both existing and new partners in sport and communities.
- ▶ The role and impact of marketing and promotion to the growth and visibility of the work of the company.
- ▶ The value of innovation and research in inspiring new approaches to enhance participation in sports and physical activity.
- ▶ The expertise and capabilities developed and offered by the CLSP team and tutors throughout Cork.
- ▶ The increased availability of funding through various schemes, creating new opportunities for the development of sports and physical activity.
- ▶ The access to essential support services and systems to aid in the management and operations of the company.

The future for CLSP is firmly centred around the continued development of strong working relationships with key partners and agencies at both a local and national level. The company's commitment to partnership and collaboration will continue to be a central value, fostering supportive and mutually beneficial relationships and initiatives with partnering agencies. CLSP will proactively pursue and nurture new partnerships that align with the local framework and pathways for the advancement and accessibility of sport and physical activity in Cork

CLSP looks forward to the potential impact of the development of the Local Sports Plans. The implementation of these plans is expected to create a promising environment for the planning, growth and advancement of sport within Cork. Following this plan a new five-year strategy for CLSP will be developed to align with the future vision and objectives of the company, in accordance with the priorities and aims outlined by Sport Ireland, the National Sports Policy, the Sport Ireland Strategy, and the new Local Sports Plan for Cork.

Marketing and promotion will continue to take a leading role in development, growth, visibility and awareness of the Local Sports Partnership. Effective marketing strategies and campaigns will continue to build awareness, creating a positive image of the network at a national and local level. Promotional activities such as advertising, social media campaigns, and partnerships will ensure CLSP will continue to reach a wider audience and generate interest in the partnership's programmes and events.

Building on the success and positive impact of the research and evaluation conducted in collaboration with Munster Technological University and University College Cork, CLSP is committed to further prioritising ongoing research into key programmes and events across the operations of the company. Research and evaluation will continue to play a central role in fostering partnerships and driving initiatives, meeting the needs of the team while also offering valuable learning experiences for students and staff at both campuses.

CLSP recognise the pivotal role and value that the team, tutors, and volunteers play in the success and future of the company. Their dedication, expertise, and commitment are crucial in driving the operations of the company forward. The team provide a wealth of knowledge and skills to their roles, ensuring the operations and partnerships are fully supported and managed.

Together, they form the backbone of the company, embodying the company's values and vision into the future. CLSP are grateful for their unwavering support and dedication, and we look forward to continuing to work together towards our shared vision of Keeping Cork Active.

APPENDIX 1 – Cork Local Sports Partnership CLG End of Year Report and Financial Statement 2023



MALLOW CASTLE JUNIOR PARKRUN WARMUP

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

Company Number: 368769

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
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CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE DIRECTORS AND OTHER INFORMATION

Directors	Michael Comyns Niall Healy (Resigned 5 October 2023) Colm Kelleher (Resigned 22 June 2023) Liam Ahern Cian O'Neill Fergal Dennehy (Appointed 22 June 2023) Kay Dawson David Joyce Deirdre Kelly Paudie Palmer (Resigned 7 January 2023) Morgan Buckley Sheelagh Broderick (Resigned 22 June 2023) Declan Hurley Michael Carey Eolan Ring (Resigned 29 February 2024) Sharon O'Sullivan (Appointed 22 June 2023) Derry Canty Patricia Liddy (Appointed 29 February 2024) Orla O'Leary (Appointed 29 February 2024)
Company Secretary	Egle Ziurniene
Company Number	368769
GS Number	1587
Registered Office	Model Business Park, Model Farm Road, Cork.
Auditors	Roberts Nathan, Chartered Certified Accountants & Statutory Audit Firm, Penthouse Floor, 5 Lapp's Quay, Cork.
Bankers	AIB, Ballincollig, Cork.
Solicitors	RDJ, 2 Park Place, City Gate Park, Mahon Point, Cork.

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE DIRECTORS' REPORT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

The directors present their report and the audited financial statements for the financial year ended 31 December 2023.

Principal Activity and Review of the Business

The principal activity of the company is the promotion of sport at a local level in Cork City and County.

The Company is limited by guarantee not having a share capital.

There has been no significant change in these activities during the financial year ended 31 December 2023.

Principal Risks and Uncertainties

The principal risks and uncertainties facing the company are broadly grouped as follows:

Economic risks

The principal economic risk facing the company at present relates to the levels of inflation experienced and the general cost of running the entity activities. Management have taken the necessary steps to minimise costs and to manage cashflow.

Performance risks

The company's continued success in meeting its objectives is dependent on managements monitoring of the company's costs and cashflows.

Legislative risks

The company operates within a legal framework and consequently faces a requirement to ensure compliance with legal and regulatory requirements. The directors believe that the key personnel and operating procedures are in place to mitigate the risks and uncertainties outlined above.

Financial Results

The surplus for the financial year after providing for depreciation amounted to €48,968 (2022 - €49,076).

At the end of the financial year, the company has assets of €1,298,911 (2022 - €1,219,105) and liabilities of €1,019,046 (2022 - €988,208). The net assets of the company have increased by €48,968.

Directors and Secretary

The directors who served throughout the financial year, except as noted, were as follows:

Michael Comyns
Niall Healy (Resigned 5 October 2023)
Colm Kelleher (Resigned 22 June 2023)
Liam Ahern
Cian O'Neill
Fergal Dennehy (Appointed 22 June 2023)
Kay Dawson
David Joyce
Deirdre Kelly
Paudie Palmer (Resigned 7 January 2023)
Morgan Buckley
Sheelagh Broderick (Resigned 22 June 2023)
Declan Hurley
Michael Carey
Eolan Ring (Resigned 29 February 2024)
Sharon O'Sullivan (Appointed 22 June 2023)
Derry Canty
Patricia Liddy (Appointed 29 February 2024)
Orla O'Leary (Appointed 29 February 2024)

The secretary who served throughout the financial year was Egle Ziurniene.

The Company is limited by guarantee not having a share capital. The directors who served during the year did not have any interest in the company.

Future Developments

The company plans to continue its present activities at current levels.

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
DIRECTORS' REPORT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

Post Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

Auditors

Roberts Nathan, (Chartered Certified Accountants & Statutory Audit Firm), were appointed auditors by the directors to fill the casual vacancy and they have expressed their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Statement on Relevant Audit Information

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Model Business Park, Model Farm Road, Cork.

Signed on behalf of the board

**Derry Canty
Director**

9th May 2024

**Liam Ahern
Director**

9th May 2024

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
DIRECTORS' RESPONSIBILITIES STATEMENT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of Information to Auditor

Each persons who are directors at the date of approval of this report confirms that:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board

**Derry Canty
Director**

9th May 2024

**Liam Ahern
Director**

9th May 2024

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Cork Local Sports Partnership Company Limited by Guarantee ('the company') for the financial year ended 31 December 2023 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Statement of Cash Flows and the related notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued in the United Kingdom by the Financial Reporting Council.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2023 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 6, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 9, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Peter E. Roberts

for and on behalf of

Baker Tilly Ireland Audit Limited,

Chartered Certified Accountants & Statutory Audit Firm,

Penthouse Floor,

5 Lapp's Quay,

Cork.

Date: 9th May 2024

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE INCOME AND EXPENDITURE ACCOUNT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

	Notes	2023 €	2022 €
Income	17	1,666,349	1,505,421
Expenditure		(1,617,381)	(1,456,345)
Surplus before tax		48,968	49,076
Tax on surplus	20	-	-
Surplus for the financial year		48,968	49,076
Total comprehensive income		48,968	49,076

Approved by the board on 9th May 2024 and signed on its behalf by:

Derry Canty
Director

Liam Ahern
Director

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
AS AT 31 DECEMBER 2023**

	Notes	2023 €	2022 €
Fixed Assets			
Tangible assets	21	<u>164,698</u>	<u>156,062</u>
Current Assets			
Debtors	22	112,604	74,212
Cash and cash equivalents		<u>1,021,609</u>	<u>988,831</u>
		<u>1,134,213</u>	<u>1,063,043</u>
Creditors: amounts falling due within one year	24	<u>(1,019,046)</u>	<u>(988,208)</u>
Net Current Assets		<u>115,167</u>	<u>74,835</u>
Total Assets less Current Liabilities		<u>279,865</u>	<u>230,897</u>
Reserves			
Income and expenditure account		<u>279,865</u>	<u>230,897</u>
Company Funds		<u>279,865</u>	<u>230,897</u>

The financial statements have been prepared in accordance with the small companies' regime.

Approved by the board on 9th May 2024 and signed on its behalf by:

Derry Canty
Director

Liam Ahern
Director

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
RECONCILIATION OF COMPANY FUNDS
AS AT 31 DECEMBER 2023**

	Retained Surplus €	Total €
At 1 January 2022	<u>181,821</u>	<u>181,821</u>
Surplus for the financial year	<u>49,076</u>	<u>49,076</u>
At 31 December 2022	<u>230,897</u>	<u>230,897</u>
Surplus for the financial year	<u>48,968</u>	<u>48,968</u>
At 31 December 2023	<u>279,865</u>	<u>279,865</u>

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
STATEMENT OF CASH FLOWS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

Cash flows from operating activities		
Surplus for the financial year	48,968	49,076
Adjustments for:		
Depreciation	68,462	54,862
	<u>117,430</u>	<u>103,938</u>
Movements in working capital:		
Movement in debtors	(38,392)	13,006
Movement in creditors	31,614	300,306
	<u>110,652</u>	<u>417,250</u>
Cash flows from investing activities		
Payments to acquire tangible assets	(77,098)	(82,996)
	<u>33,554</u>	<u>334,254</u>
Net increase in cash and cash equivalents	987,556	653,302
Cash and cash equivalents at beginning of financial year		
		<u>987,556</u>
Cash and cash equivalents at end of financial year	23	1,021,110

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

1. GENERAL INFORMATION

Cork Local Sports Partnership Company Limited by Guarantee is a company limited by guarantee incorporated and registered in Ireland. The registered number of the company is 368769. The registered office of the company is Model Business Park, Model Farm Road, Cork. The principal activity of the company is the promotion of sport at a local level in Cork City and County. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. CRITICAL ACCOUNTING JUDGEMENTS AND ESTIMATES

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

(a) Establishing useful economic lives for depreciation purposes of fixed assets

Long-lived assets, consisting primarily of fixtures and fittings. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of assets' and estimates of residual values. The directors regularly review these asset useful economic lives and change them as necessary to reflect their current judgements on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful economic lives is included in the accounting policies.

(b) Going Concern

The directors consider it appropriate to prepare the Financial Statements on a going concern basis. Accordingly, these Financial Statements do not include any adjustments to the carrying amount of assets and liabilities that may arise if the company was unable to continue as a going concern.

3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2023 have been prepared on the going concern basis and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102).

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014.

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

Income

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the income can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before income is recognised:

Sale of goods

Income from the sale of goods is recognised when all of the following conditions are satisfied:

- the company has transferred the significant risks and rewards of ownership to the buyer;
- the company retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the goods sold;
- the amount of income can be measured reliably;
- it is probable that the company will receive the consideration due under the transaction; and
- the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Rendering of services

Income from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of income can be measured reliably;
- it is probable that the company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	20% Straight line
Website	-	20% Straight line

Equipment that has been funded through Dormant Account Funding provided by Sport Ireland is expected to remain in the ownership of the company for a minimum period of five years.

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gain and losses on disposal are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

Trade and other debtors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Financial Instruments

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

Trade and other creditors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Government Grants

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Income and Expenditure Account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Income and Expenditure Account in the same period as the related expenditure.

Foreign currencies

The company's functional and presentational currency is Euro.

Transactions and balances

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

Foreign exchange gains and losses resulting from the settlement of transactions and from the translation at period-end exchange rates of monetary assets and liabilities denominated in foreign currencies are recognised in the income and expenditure account except when deferred in other comprehensive income as qualifying cash flow hedges.

Foreign exchange gains and losses that relate to borrowings and cash and cash equivalents are presented in the Statement of income and retained earnings within 'finance income or costs'. All other foreign exchange gains and losses are presented in the income and expenditure account within 'other operating income'.

Pensions

The company operates a defined contribution pension scheme and the assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund, was €44,245 for the year (2022 - €22,356).

Holiday Pay Accrual

A liability is recognised to the extent of any unused holiday pay entitlement which is accrued at the reporting date and carried forward to future periods. This is measured at the undiscounted salary cost of the future holiday entitlement so accrued at the reporting date.

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

4. SPORT IRELAND GRANTS RECEIVED

Sport Ireland - Core Funding Grant (€642,763 received in the year)

This grant contributes towards the annual general administration costs incurred by the Company. The grant covers the calendar year ending on 31 December 2023. €3,750 is carried forward from 2022, €534,725 has been included in the income and expenditure account of the company for the year ended 31st December 2023 with €111,788 deferred in to 2024 as highlighted in note 5 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Community Sports Hub Grant (Dormant Accounts Funding) (€57,500 received in the year)

This grant contributed towards expenditure incurred by the Company increasing participation in community sporting the community. The grant covers the calendar year ending 31 December 2023. €66,959 is carried forward from 2022, €37,198 has been included in the income and expenditure account of the company for the year ended 31st December 2023 with €87,261 deferred into 2024 as highlighted in note 6 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Youth Leadership Grant (Dormant Accounts Funding) (€15,000 received in the year)

This grant contributed towards expenditure incurred by the Company in preparation to increase participation in community sport. The grant covers the calendar year ending 31 December 2023. €18,250 is carried forward from 2022, €11,005 has been included in the income and expenditure account of the company for the year ended 31st December 2023 with €22,245 deferred in to 2024 as highlighted in note 7 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Urban Outdoor Adventure Initiatives (Dormant Accounts Funding) (€2,070 received in the year)

This grant contributed towards expenditure incurred by the Company in increasing participation in community sport. The grant covers the calendar year ending 31 December 2023. €31,703 is carried forward from 2022, €23,600 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €10,173 deferred in to 2024 as highlighted in note 8 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Volunteer Training and Supports (Dormant Accounts Funding) (€15,000 received in the year)

The grant contributes towards expenditure incurred by the Company in increasing participation in community sport. The grant covers the calendar year ending 31 December 2023. €22,640 is carried forward from 2022, €15,627 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €22,013 deferred in to 2024 as highlighted in note 9 of the financial statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Sports Inclusion Disability Projects (Dormant Accounts Funding) (€42,200 received in the year)

The grant contributes towards expenditure incurred by the Company in increasing participation in community sport. The grant covers the calendar year ending 31 December 2023. €50,029 is carried forward from 2022, €15,793 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €76,436 deferred in to 2024 as highlighted in note 10 of the financial statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Active Cities (Dormant Accounts Funding) (€157,000 received in the year)

The grant contributes towards expenditure incurred by the Company in increasing participation in community sport. The grant covers the calendar year ending on 31 December 2023. €280,429 is carried forward from 2022, €158,132 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €279,297 deferred in to 2024 as highlighted in note 11 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Covid-19 Grant Scheme (Small Grant Scheme) (€100,000 received in the year)

This grant contributed towards the sustainability of the Company resulting from the financial impacts of the COVID-19 Pandemic. The grant covers the calendar year ending on 31 December 2023. €210,452 is carried forward from 2022, €178,288 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €132,164 deferred in to 2024 as highlighted in note 12 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

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**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023**

Sport Ireland - Get Girls Active (Dormant Accounts Funding) (€16,650 received in the year)

The grant contributes towards expenditure incurred by the Company in increasing participation in women's sport. The grant covers the calendar year ending on 31 December 2023. €5,850 is carried forward from 2022, €5,414 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €17,086 deferred in to 2024 as highlighted in note 13 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Department of Health Slaintecare Integration Fund (Dormant Account Funding) (€175,246 received in the year)

The grant contributes towards expenditure incurred by the Company for Wellcomm Active (WCA) project on community physical activity (PA) and health both locally and nationally. The grant covers the calendar year ending on 31 December 2023. €98,979 is carried forward from 2022, €129,508 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €144,717 deferred in to 2024 as highlighted in note 14 of the financial statements. The Sport Ireland grant is distributed by the Department for Health.

Sport Ireland – Research - Evaluation Grant Scheme (€30,000 received in the year)

The grant contributes towards expenditure incurred by the Company to encourage future participation and physical activity. The grant covers the calendar year ending on 31 December 2023. € Nil is carried forward from 2022, €30,000 has been included in the income and expenditure account of the Company for the year ended 31st December 2023 with €Nil deferred in to 2024 as highlighted in note 15 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Physical Activity for Health Pilot (€Nil received in the year)

The grant contributes towards expenditure incurred by the Company to increase participation for the Physical Activity Health Pilot. €60,833 is carried forward from 2022, the grant was returned to Sport Ireland during the calendar year ending on 31 December 2023. €Nil deferred in to 2024 as highlighted in note 16 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

	2023	2022
	€	€
5. SPORT IRELAND - CORE GRANT		
Grant received during the year	642,763	526,588
Unspent grant brought forward	3,750	24,938
Grant released during the year	(534,725)	(547,776)
Unspent grant carried forward	111,788	3,750
6. SPORT IRELAND - SPORTS HUB GRANT (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	€	€
Grant received during the year	57,500	56,196
Unspent grant brought forward	66,959	61,392
Grant released during the year	(37,198)	(50,629)
Unspent grant carried forward	87,261	66,959
7. SPORT IRELAND – YOUTH LEADERSHIP GRANT (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	€	€
Grant received during the year	15,000	15,000
Unspent grant brought forward	18,250	10,908
Grant released during the year	(11,005)	(7,658)
Unspent grant carried forward	22,245	18,250

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CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

8. SPORT IRELAND - URBAN OUTDOOR ADVENTURE INITIATIVES (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL	2023	2022
	€	€
Grant received during the year	2,070	21,980
Unspent grant brought forward	31,703	38,690
Grant released during the year	(23,600)	(28,967)
Unspent grant carried forward	10,173	31,703
9. SPORT IRELAND VOLUNTEER TRAINING AND SUPPORTS (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL	2023	2022
	€	€
Grant received during the year	15,000	23,135
Unspent grant brought forward	22,640	18,875
Grant released during the year	(15,627)	(19,370)
Unspent grant carried forward	22,013	22,640
10. SPORT IRELAND - SPORTS INCLUSION DISABILITY PROJECTS (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL	2023	2022
	€	€
Grant received during the year	42,200	21,500
Unspent grant brought forward	50,029	39,462
Grant released during the year	(15,793)	(10,933)
Unspent grant carried forward	76,436	50,029
11. SPORT IRELAND - ACTIVE CITIES (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL	2023	2022
	€	€
Grant received during the year	157,000	165,500
Unspent grant brought forward	280,429	195,546
Grant released during the year	(158,132)	(80,617)
Unspent grant carried forward	279,297	280,429
12. SPORT IRELAND - COVID-19 GRANT SCHEME (CLUBS AND COMMUNITIES)	2023	2022
	€	€
Grant received during the year	100,000	210,800
Unspent grant brought forward	210,452	202,158
Grant released during the year	(178,288)	(202,506)
Unspent grant carried forward	132,164	210,452

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

13. SPORT IRELAND - GET GIRLS ACTIVE (DORMANT ACCOUNTS FUNDING)	2023	2022
	€	€
Grant received during the year	16,650	5,850
Unspent grant brought forward	5,850	-
Grant released during the year	(5,414)	-
Unspent grant carried forward	17,086	5,850
14. SPORT IRELAND - DEPARTMENT OF HEALTH SLAINTECARE INTEGRATION FUND (DORMANT ACCOUNT FUNDING)	2023	2022
	€	€
Grant received during the year	175,246	175,246
Unspent grant brought forward	98,979	-
Grant released during the year	(129,508)	(76,267)
Unspent grant carried forward	144,717	98,979
15. SPORT IRELAND - RESEARCH - EVALUATION GRANT	2023	2022
	€	€
Grant received during the year	30,000	-
Unspent grant brought forward	-	-
Grant released during the year	(30,000)	-
Unspent grant carried forward	-	-
16. SPORT IRELAND - PHYSICAL ACTIVITY HEALTH PILOT	2023	2022
	€	€
Grant received during the year	-	60,833
Unspent grant brought forward	60,833	-
Grant returned during the year	(60,833)	-
Unspent grant carried forward	-	60,833
	2023	2022
	€	€
Total of all Sport Ireland deferred grants at year end (Note 24)	903,180	863,374

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

17. INCOME

The income for the financial year is analysed as follows:

	2023	2022
	€	€
By Category:		
Sports Ireland - Core Grant	534,725	547,776
Other Funding Wages - Development Officer (SDO, WDO, SIDO, ADO & BDO)	81,319	87,354
Active Communities Income	192,027	155,948
Safeguarding training	33,270	34,491
Women in sport	21,865	16,980
Rebel Run	26,055	21,307
Supported participation events	99,814	84,306
Cycle Right/Safer Cycling	30,000	29,570
Cork Sports Programme	42,709	38,414
Sport Ireland - Sports Hub Grant	37,198	50,629
Sport Ireland - Leadership Grant	11,005	7,658
Sport Ireland - Urban Outdoor Adventure Initiatives	23,600	28,967
Sport Ireland - Volunteer Training and Supports	15,627	19,370
Sport Ireland - Sports Inclusion Disability Projects	15,793	10,933
Sport Ireland - Active Cities	158,132	80,617
Sport Ireland - Covid - 19 Grant Scheme	178,288	202,506
Sport Ireland - Get Girls Active	5,414	-
Sport Ireland - Department of Health Slaintecare Integration Fund	129,508	76,267
Sport Ireland - Research - Evaluation Grant	30,000	-
HIF LCDC - Cork City Council	-	12,328
	<u>1,666,349</u>	<u>1,505,421</u>

The whole of the company's income is attributable to its market in the Republic of Ireland and is derived from the principal activity of promotion of sport at a local level in Cork City and County.

18. OPERATING SURPLUS

	2023	2022
	€	€
Operating surplus is stated after charging:		
Depreciation of tangible assets	<u>68,462</u>	<u>54,862</u>

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

19. EMPLOYEES AND REMUNERATION

The average number of persons employed (including executive directors) during the financial year was as follows:

	2023	2022
	Number	Number
Employees	<u>11</u>	<u>11</u>
	2023	2022
	€	€
The staff costs comprise:		
	377,969	393,408
Wages and salaries	54,406	55,238
Employer's PRSI	44,245	22,356
Pension Contributions	<u>476,620</u>	<u>471,002</u>

None of the directors received a salary during the year under review.

20. TAX ON SURPLUS

No provision for corporation tax has been made due to the granting by the Revenue Authorities of 'Games and Sports Exemption Section'. It has been granted an exemption in accordance with the provision of Section 235, Taxes Consolidation Act 1997, (GS number 1587).

21. TANGIBLE ASSETS

	Website	Fixtures Fittings & Equipment	Total
	€	€	€
Cost			
At 1 January 2023	3,663	311,408	315,071
Additions	-	77,098	77,098
At 31 December 2023	<u>3,663</u>	<u>388,506</u>	<u>392,169</u>
Depreciation			
At 1 January 2023	3,663	155,346	159,009
Charge for the financial year	-	68,462	68,462
At 31 December 2023	<u>3,663</u>	<u>223,808</u>	<u>227,471</u>
Net book value			
At 31 December 2023	<u>-</u>	<u>164,698</u>	<u>164,698</u>
At 31 December 2022	<u>-</u>	<u>156,062</u>	<u>156,062</u>

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

22. DEBTORS	2023	2022
	€	€
Trade debtors	108,978	66,212
Other debtors	3,626	6,878
Prepayments	-	1,122
	<u>112,604</u>	<u>74,212</u>
23. CASH AND CASH EQUIVALENTS	2023	2022
	€	€
Cash and bank balances	1,021,609	988,831
Bank overdrafts	(499)	(1,275)
	<u>1,021,110</u>	<u>987,556</u>
24. CREDITORS	2023	2022
Amounts falling due within one year	€	€
Amounts owed to credit institutions	499	1,275
Trade creditors	32,685	50,814
Taxation (Note 25)	13,932	23,523
Deferred Income	13,281	20,375
Accruals	55,469	28,847
Deferred Income – Sport Ireland (Notes 4-16)	903,180	863,374
	<u>1,019,046</u>	<u>988,208</u>
25. TAXATION	2023	2022
	€	€
Creditors:		
PAYE	<u>13,932</u>	<u>23,522</u>

26. RESERVES**Income and Expenditure Account**

The income and expenditure account represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to and from other reserves.

27. CAPITAL COMMITMENTS

The company had no material capital commitments at the financial year-ended 31 December 2023.

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

28. MEMBERS' LIABILITY

The liability of every member is limited.

Every member of the company undertakes to contribute to the assets of the company in the events of it being wound up while they are members, or within one year afterwards, for payments of debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves, such amounts as may require not exceeding €1.

29. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the company since the financial year-end.

30. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 9th May 2024.

APPENDIX 2 Auditor Statement

AUDIT • TAX • ADVISORY

Penthouse Floor
5 Lapps Quay
Cork
T12 DX51
Ireland



Strictly Private & Confidential
Sport Ireland,
National Sports Campus,
Blanchardstown,
Dublin 15.

BTI/PER/TOL
14th August 2024

Re: Cork Local Sports Partnership CLG

Dear Sirs,

We confirm that we act as Auditors for Cork Local Sports Partnership CLG.

In accordance with 10.1 of the 2023 Terms and Conditions of Grant Investment, we confirm the following:

- (i) We have reviewed the content within the Compliance Record Form Template as part of Other Information review, and
- (ii) That the information contained within the Compliance Record Form is not materially inconsistent with the Financial Statements or our knowledge obtained during the course of the audit completed for the financial year ended 31st December 2023.

If you need any additional information, please do not hesitate in contacting me.

Yours faithfully,

Baker Tilly Ireland Audit Limited

Baker Tilly Ireland Audit Limited is a limited company incorporated in Ireland under company number 750814 with its registered office at Penthouse Floor, 5 Lapps Quay, Cork, T12 DX51, Ireland.

Baker Tilly Ireland Audit Limited is a member of the MIA network, and MIA is an independent member of Baker Tilly International Limited, the members of which are separate and independent legal entities. CCBP Limited is the registered owner of the BAKER TILLY trade mark in Ireland. The associated logo is used under licence from Baker Tilly International Limited.



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Dublin 15.

BTI/PER/TOL
14th August 2024

Re: Cork Local Sports Partnership CLG

Dear Sirs,

We wish to confirm that we act as Auditors to the above company.

Please note that we have completed our audit work for the financial year ended 31st December 2023. Our work was completed in line with legislation and guidance as laid down by the Association of Chartered Certified Accountants and on this basis we can confirm that all funding received from Sport Ireland was expended for the purposes it was intended.

If you need any additional information, please do not hesitate in contacting me.

Yours faithfully,

Baker Tilly Ireland Audit Limited

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Abbreviations:

- Cork Local Sports Partnership – CLSP
- Sport Ireland – SI
- National Governing Bodies of Sport – NGBs
- Local Sports Partnerships – LSPs
- Institute of Public Administration – IPA
- Governance Framework – GF
- Munster Technology University – MTU
- University College Cork – UCC
- Health Service Executive – HSE
- Dormant Accounts Fund – DAF
- Sport Inclusion Disability Officer – SIDO
- Healthy Ireland – HI
- Local Community Development Committees – LCDC
- Benefit in Kind – BIK

Working Together to Keep Cork Active




SPÓRT ÉIREANN
SPORT IRELAND

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Cork
Sports Partnership
Comhpháirtíocht
Spóirt Chorcaí

— SPORT IRELAND —

 c/o Cork College of FET Bishopstown Campus, Rossa Avenue, Bishopstown, Cork, Ireland T12 EE94

 021 4347096  info@corksports.ie  www.corksports.ie

 [/CorkSportsPartnership](https://www.facebook.com/CorkSportsPartnership)  [/CorkSports](https://twitter.com/CorkSports)  [/corksportspartnership](https://www.instagram.com/corksportspartnership)