



2024 ANNUAL REPORT



Cork
Sports Partnership
**Compháirtíocht
Spóirt Chorcaí**

— SPORT IRELAND —

Registered Office: C/O Cork Motor Tax Office, Model Farm Business Park, Model Farm Road. Cork

Organisation Type: A company limited by guarantee

Title: Directors'/Trustees' Annual Report and Financial Statements

Period Covered: 1st of Jan 2024- 31st of Dec 2024

Sports Exemption No: GS1587

Auditor: Bakertilly

Banker: Allied Irish Bank

Accountant: Old Quarter Chartered Accountants & Statutory Audit Firm.

Directors:

Michael Carey (Chair)

Sharon O'Sullivan (Vice Chair)

Derry Canty (Treasurer)

Morgan Buckley

Dr Cian O'Neill

Cllr Kay Dawson

Cllr Deirdre Kelly

Cllr Declan Hurley

Liam Ahern

Supt Michael Comyns

David Joyce

Cllr Fergal Dennehy

Patricia Liddy

Cllr Orla O'Leary

Ger Halbert

Cllr Ann Bambury

Cllr Michelle Gould

Cllr Honore Kamegni

Cllr Terry Coleman

Dr Wesley O'Brien

Cllr Sinead Sheppard

Cllr Gillian Coughlan

Table of Contents

Company Overview	4	CLSP Vision, Mission, Objectives
	5	How We Get There
	6	Implementation – Delivering the Strategy
	7	Purpose
Active Cork Sports Partnership	9	Governance Overview
	13	CLSP Compliance with the Governance Code for Sport
	14	CLSP Team 2024
	16	Financial Review
	20	Marketing & Communications
A Year of Cork LSP	28	
	30	Cork Sports Partnership Operations Investment 2024 Infographic
	32	Operational Summary Tables 2024
	44	CLSP Community Engagements
Cork Sports Partnership – Operations	49	Operations Overview
	50	CLSP Operations Strategic Objectives
	51	Key Strategic Actions
	52	2024 In Review
	52	Objective 2.1 – Partnerships & Collaboration
	60	Objective 2.2 – Active Participation
	92	Objective 2.3 – Capacity Building
	98	Objective 2.4 – Capital Infrastructure & Equipment
	104	Objective 2.5 – Monitoring, Research & Evaluation
Challenges	110	
The future for Cork Local Sports Partnership	112	
Appendices	114	CLSP End of Year Financial Statement 2024
	141	Abbreviations



Chairperson & Chief Executive Officer Statement



Cork Local Sports Partnership (Cork LSP) remains deeply committed to our vision of Working Together to Keep Cork Active. At the heart of this vision is a belief that everyone regardless of age, ability, or background, should have the opportunity to be active, connected, and part of a vibrant community.

We are especially thankful to Sport Ireland and all of our partners; their ongoing support ensures the development of sport in Cork remains a priority for all. The sharing of resources and value for sport in our communities has enabled the team in Cork LSP to reach more people, respond to local needs, and strengthen the grassroots network that is vital to long-term impact and participation.

To our incredible team at Cork LSP, thank you. Your energy, motivation, and creativity have helped build programmes that are not only effective but also welcoming and community focused. The difference you have made this year is clear in the smiles, stories, and successes from every corner of Cork.

We also want to acknowledge the crucial role played by our Board of Directors and board committees. Their steady guidance and commitment to good governance have helped ensure that we stay focused, accountable, and true to our values.

Most importantly, we want to recognise and thank the local heroes, the community leaders, club volunteers, coaches, and organisers, who bring sport and physical activity to life on the ground. Your work is the backbone of what we do. You are building healthier, more connected

communities every day, and we are honoured to work alongside you.

Together, we have made great strides in building a more active and more healthier Cork. Looking ahead, we are confident that by continuing to work in partnership, we can achieve even greater impact in the years to come. By continuing to work together, we can make Cork an even more active, inclusive, and vibrant place for all.

Thank you for your continued support and partnership.

With warmest regards and best wishes,

Mr. Michael Carey
Chairperson

Kristine Meenaghan
CEO

As we reflect on the past year, we are filled with gratitude for the incredible sense of community that defines everything we do. None of the progress made would be possible without the dedication and collaboration of local clubs, volunteers, schools, community groups, partner agencies, and the people of Cork themselves.

Over the past 12 months, we have seen first-hand the power of sport and physical activity to bring people together, strengthen communities, and support wellbeing. From local events and school programmes to new initiatives supporting inclusion and access, this report captures just some of the ways the Active Cork Strategy has come to life in villages and towns across the County.



PRIMARY SCHOOLS DAILY MILE

Company Overview

Vision & Values

Our Vision for an Active Cork – Working Together to Keep Cork Active

Core Values:

- Collaboration
- Partnership
- Facilitation
- Inclusion

Our Mission Statement

The strategy set out how Cork LSP will deliver and grow sport and physical activity in Cork from 2018-2024.

Working in collaboration with our partners, we will actively provide more opportunities for people of all ages and abilities to get involved in sport and physical activity achieved through our three Strategic Priorities:

Active Cork Sports Partnership – Grow and Sustain the Business of Cork LSP.

Active Cork Sport – Increase Participation in Cork Sport.

Active Cork Communities – Inspire more people to be physically active in Cork.

How We Get There



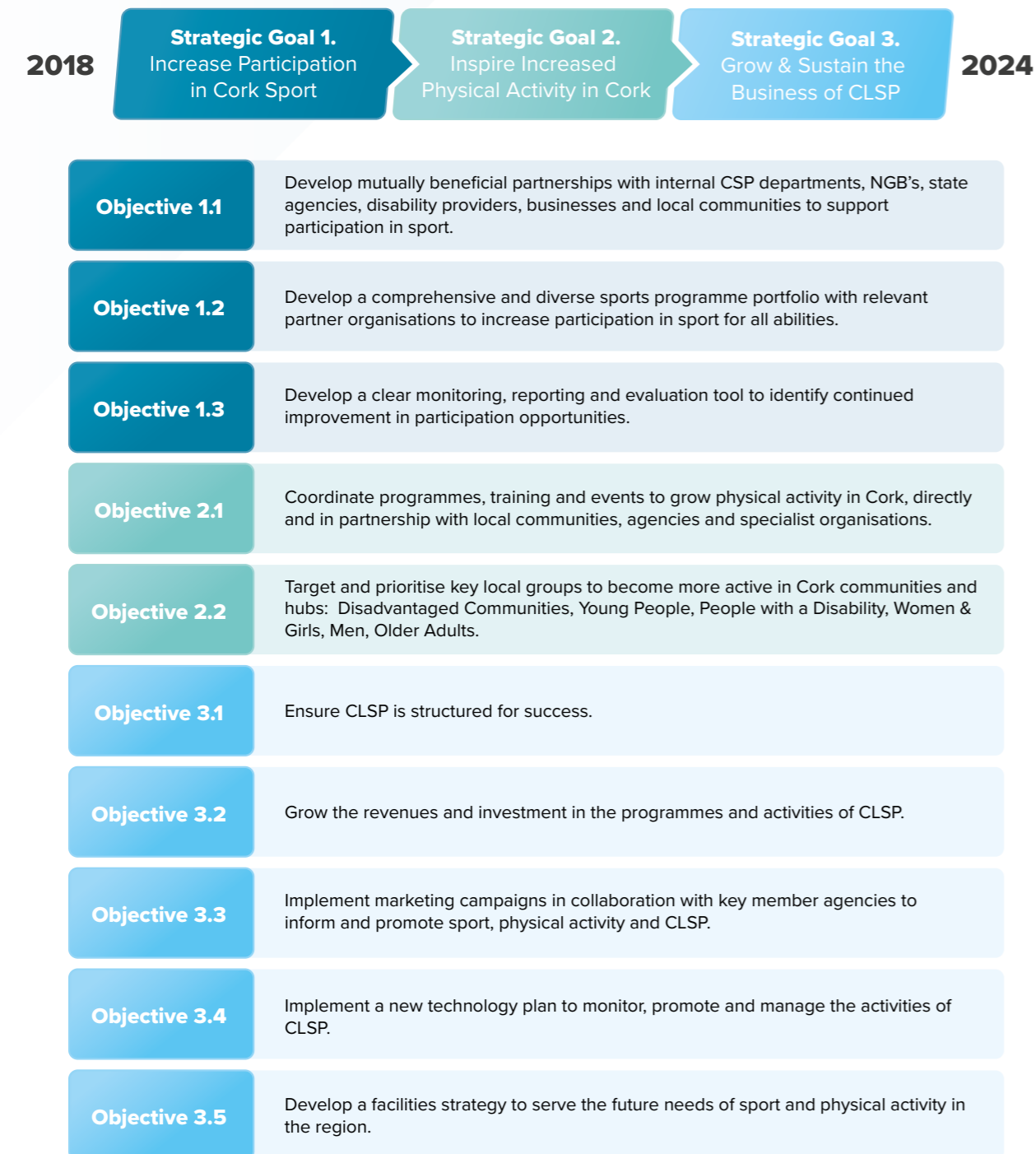
Implementation – Delivering the Strategy

The strong collaboration, input and leadership of the member agencies, board members and CLSP staff are critical to the success of the Cork Sports Partnership Active Cork 2018–2024 Strategy. Our dynamic team is now regarded as the key resource to support and develop sport and physical activity in Cork.

We will continue to build strong and effective partnerships with all sports and communities in Cork.

The support, advice, investment and leadership from Sport Ireland underpins and drives our work.

This Plan outlines the key Strategic Goals, Objectives, Actions & Outcomes that will guide the work of the CLSP team over the next 5 years. These will be supported by Annual Operational Plans and ongoing research and evaluation to ensure maximum impacts from the delivery of this strategy.



Purpose

The context in which we operate:

CLSP operates with the support, investment and leadership of Sport Ireland (SI) and we support SI to realise their sports participation objectives locally. We are also guided by the National Sports Policy 2018-2027, the National Physical Activity Plan for Ireland and the Healthy Ireland Framework. We are guided at local level by the CLSP Strategic Plan 2018-2024 and the ongoing input of our partners.

The National Sports Policy and Local Sports Partnerships.

On the 25th of July 2018, the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The 2020 programme for Government has clearly set out new and ambitious objectives for sport to deliver on, most notably in the sports participation goals, which increased from 50% of adults regularly playing sport, as set out in the 2018 National Sports Policy to 60% of adults regularly playing sport by 2027.

To achieve this, the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The National Sports Policy has a total of 57 actions, 26 of which relate to sports participation.

Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).



SWIMFEST YOUGHAL

Active Cork Sports Partnership



EUROPEAN WEEK OF SPORT BEACTIVE NIGHT AUSSIE RULES

Governance Overview

Cork Local Sports Partnership is a company limited by guarantee incorporated on 18th November 2002.

CLSP is part of a national network of 29 Local Sports Partnerships targeted to help people get active and remove barriers to participation in sport and physical activity for all. Local Sports Partnerships (LSPs) were established by the Irish Sports Council (now Sport Ireland) starting in the early 2000s, as outlined in their first strategy, "A New Era for Sport". This initiative aimed to create a national network to coordinate and promote sport and physical activity at a local level, increasing participation and making best use of resources.

A merger of two LSPs, Cork City and Cork County Local Sports Partnerships was completed in 2010. It was a strong development for Cork opening and strengthening a much more sustainable and focused approach to the objective of increasing participation in sport and physical activity in Cork

The work of Cork Local Sports Partnership is driven by a dedicated team and guided by a Board of Directors from different stakeholder organisations in Cork as well as a number of policies and plans. These include the National Sports Policy 2018 – 2027, the National Physical Activity Plan, the Global Action Plan for Physical Activity, as well as the Cork Sports Partnership Active Cork 2018 – 2022 Strategic Plan which has been extended for three more years. Currently the Company is reviewing its strategic direction and goals for 2026-2030

CLSP is governed by a board of directors who give their time and advice freely as volunteers. Directors are nominated to the board by local agencies and community organisations based on representation and membership as set out in the CLSP Constitution. The CLSP Constitution was revised in 2023 which introduced new regulations regarding rotation by defining directorship term of service on the board. Board members are appointed for a three-year term and are eligible for reappointment for one further consecutive three-year term (for a maximum tenure of six years). All directors are non-executive and receive no remuneration for their services. They represent a diverse range of relevant experience and skills. They meet regularly and have responsibility for overseeing the organisation. The CEO is not a member of the board of directors. Board member expenses are reimbursed where claimed. There have been no arrangements entered into during

2024 in which a board member was materially interested.

CLSP board members sign up to a code of conduct for directors and sign a declaration of interest form. Conflicts of interest or loyalties is a standing item on all board and committee meeting agendas. The board governs in accordance with a Terms of Reference (last reviewed December 2024). This document sets out the decision-making functions that are reserved for the board including:

- ▶ Setting the strategic direction and reviewing progress.
- ▶ Keeping up to date on strategic issues and changes affecting CLSP.
- ▶ Monitoring organisational performance.
- ▶ Ensuring that legal, regulatory, and governance obligations are adhered to.
- ▶ Monitoring and assessing its performance and that of its committees.
- ▶ Appropriating risk management policies

The Terms of Reference also sets out how decision-making authority is delegated to the CEO, the senior management team and other managers.

Equally the board of directors of CLSP is responsible for the oversight of the company's financial governance, financial management and internal control. As outlined in its schedule of matters, the Board makes key decisions around financial management. In particular, the Board has responsibility for:

- ▶ Approving the annual budget and operational plan and monitoring of its implementation.
- ▶ Approving of draft accounts of the CLSP, prepared after the end of the financial year and engaging with the external auditor.
- ▶ Determining annually the effectiveness of the CLSP system of internal controls, including financial controls. For example, role and responsibilities, cash and cheque procedures, recording, payments, and direct debits, purchasing, wages, and salaries, etc.
- ▶ Approving of banking arrangements.
- ▶ Approving delegated CLSP levels (including spending thresholds).
- ▶ Determining and approving procedures to monitor, report, and enforce the relevant rules and requirements as set by the different funding sources contributing to the CLSP.

CLSP Board Structure



Chair

The Chair is elected by the members at AGM. The appointment is for a period not exceeding three years.

Board Induction and training

Board members participate in formal and informal training across the year to aid their ongoing development.

CLSP Board Committees

The board has delegated specific responsibilities to a number of committees, each of which has detailed terms of reference and reports to the board. All the CLSP committees are chaired by the board members,

Finance and Audit Committee

The Finance and Audit Committee acts as a key safeguard to ensure transparency, integrity, and accountability in a company’s financial operations. The role of the committee is to provide strategic advice and oversight for financial performance and risks, internal auditing, annual external audit of the financial statements and any other external audits and reports to the board.

Risk and Strategy Committee

The Risk and Strategy committee, on behalf of the board, is responsible for all matters relating to strategic planning and implementation, performance monitoring and reporting, related policies and risk management as well as providing advice to the wider board on areas within its remit.

Safeguarding Committee

The Safeguarding Committee, on behalf of the board is responsible for all matters relating to the safe vetting of employees, contractors and directors of the company as well as providing advice to the wider board on areas within its remit.

Governance and Nominations Committee

The role of the Governance and Nominations Committee is to provide strategic advice and oversight for policies and practices relating to the governance of CLSP, the recruitment, induction and training of board members and employment of staff.

Board of directors for 2024

2024 was marked with Local Elections which affected high level of director rotation on the CLSP board. Ten new directors were appointed to the CLSP board, and seven directors resigned during the year.

The directors who served during the year were:

Director	Nominated by	Committee Membership	3 Year Term started	Retired
Michael Carey (Chair)	Physical Education Association of Ireland	Risk and Strategy Safeguarding/Disclosures	22/06/2023	
Sharon O’Sullivan (Vice Chair)	HSE, Health & Wellbeing Department	Risk and Strategy	22/06/2023	
Derry Canty (Treasurer)	Cork City Council/ Independent as from 12/09/2024	Finance and Audit	22/06/2023	
Morgan Buckley	University College Cork (UCC)	Risk and Strategy Safeguarding/Disclosures	22/06/2023	12/09/2024
Dr Cian O Neill	Munster Technological University (MTU)		22/06/2023	
ClIr Kay Dawson	Cork County Council		22/06/2023	12/09/2024
ClIr Deirdre Kelly	Cork County Council		22/06/2023	12/09/2024
ClIr Declan Hurley	Cork County Council	Finance and Audit	22/06/2023	12/09/2024
Liam Ahern	Cork ETB	Governance and Nomination Safeguarding/Disclosures	22/06/2023	
Supt Michael Comyns	An Garda Síochána	Governance and Nomination Safeguarding/Disclosures	22/06/2023	
David Joyce	Cork City Council	Finance and Audit	22/06/2023	12/09/2024
ClIr Fergal Dennehy	Cork City Council		22/06/2023	12/09/2024
Patricia Liddy	Cork County Council	Risk and Strategy	29/02/2024	06/03/2025
ClIr Orla O’Leary	Cork City Council		29/02/2024	12/09/2024
Ger Halbert	Independent	Finance and Audit	24/04/2024	
ClIr Ann Bambury	Cork County Council	Finance and Audit	12/09/2024	
ClIr Michelle Gould	Cork City Council		12/09/2024	
ClIr Honore Kamegni	Cork City Council	Governance and Nomination	12/09/2024	
ClIr Terry Coleman	Cork City Council	Finance and Audit	12/09/2024	
Dr Wesley O’Brien	University College Cork (UCC)	Governance and Nomination	12/09/2024	
ClIr Sinead Sheppard	Cork County Council		12/09/2024	26/06/2025
ClIr Gillian Coughlan	Cork County Council		12/09/2024	

Board and committees meeting attendance during 2024

In 2024 the CLSP board members convened for fifteen meetings in total. The Board of Directors convened for four board meetings (scheduled in February, May, October and December). Finance and Audit Committee and Governance and Nomination Committee convened for four meetings each. CLSP called two Extraordinary General meetings in February and April and the Annual General meeting in September.

A summary of directors' attendance at the meetings is as follows.

Director	Board/General Meetings	Finance and Audit	Governance and Nomination	Risk and Strategy	Safeguarding/ Disclosures
	7	4	4	0	0
Michael Carey (Chair)	6/7				
Sharon O'Sullivan (Vice Chair)	6/7				
Derry Canty (Treasurer)	6/7	4/4			
Morgan Buckley	0/4				
Dr Cian O'Neill	5/7				
Cllr Kay Dawson	2/4				
Cllr Deirdre Kelly	0/4				
Cllr Declan Hurley	4/4	1/2			
Liam Ahern	7/7		4/4		
Supt Michael Comyns	1/7		4/4		
David Joyce	3/4	2/2			
Cllr Fergal Dennehy	1/4				
Patricia Liddy	1/6				
Cllr Orla O'Leary	1/3				
Ger Halbert	3/4	1/2			
Cllr Ann Bambury	2/2	1/1			
Cllr Michelle Gould	1/3				
Cllr Honore Kamegni	1/3		0/1		
Cllr Terry Coleman	2/3	1/1			
Dr Wesley O'Brien	3/3		1/1		
Cllr Sinead Sheppard	0/2				
Cllr Gillian Coughlan	1/2				

CLSP Compliance with the Governance Code for Sport

In 2018, CLSP started the journey toward compliance with the Governance Code. At this time, the company aligned itself to Company Type B with the Board of CLSP signing and achieving compliance with the code in December 2018. Since then, the company has grown as an organisation and in 2021 the Company started its journey under Company Type C and achieved compliance with the Governance Code as required in December 2021.

The journey included the guidance and direction of the Institute of Public Administration (IPA) as consultants to the eight limited company local sports partnerships in preparation for compliance with the code. As such the IPA in consultation with the Coordinators, Boards and sub board committees prepared a Governance Framework manual which all Limited Company LSP's adopted.

The purpose of this Governance Framework (GF) was firstly, to provide a concise and comprehensive overview of the principal aspects of corporate governance for the board members, the co-ordinator and team of the Local Sports Partnership (LSP), and secondly, to consolidate the existing governance policies and procedures of the LSP's.

In line with the development of the Framework, the board sub committees continue to review and amend existing and required policies and practices for the company. In 2024, the CLSP board focused on the Company's governance compliance, high HR risks occurring from the delayed Organisational restructure and the CLSP housing challenges.

During the year the board and its committees committed to reviewing all the Company's policies and procedures and the overall Company's compliance with the Governance Code for Sport which was completed by signing CLSP Governance Compliance Record Form, Chair Assurance Statement and Public Statement of Compliance.

The members of both, Finance and Audit and Governance and Nomination committees were working at the remit of their knowledge and expertise in finance, employment law and HR management best practices to remedy the high risks arising in the Company's HR area. Professional support and guidance were sought from Voltedge HR Consultants, external chartered accountants and local partners.

CLSP office lease agreement with Cork County Council regarding housing in Motor Tax building in Model Farm Road, Cork ceased on 30th Apr 2024. The board committed to supporting the CEO and the Team in securing new office location and its fitting needs. The new 12 months agreement to occupy was achieved with Cork ETB, and the CLSP moved their office to Cork College of Further Education Bishopstown Campus, Rossa Avenue, Cork.

Governance and Nomination Committee focused on achieving gender diversity balance requirements for the boards of sporting organisations. A required 40% threshold of gender diversity balance was successfully reached on the CLSP board following successful recruitment of new female directors during the year.

In addition to the tasks highlighted above, the board and its committees carried on their regular business as prescribed by the board and committees' terms of reference.

Finance and Audit Committee continued to address and review the company's operating budget, the quarterly management accounts reports, funding applications and supported the preparation and completion of the Financial Statement for y/e 31.12.2023.

The Governance and Nominations Committee continued to review ongoing compliance and reporting with the Governance Code for Sport, as well as monitoring the CLSP board recruitment and training needs.

There were no matters delegated to the Strategy and Risk and Safeguarding committees which would require them to convey separate meetings in 2024.

CLSP Team 2024



KRISTINE MEENAGHAN
CHIEF EXECUTIVE OFFICER



MAURICE O'SULLIVAN
SPORT & MARKETING MANAGER



EGLE ZIURNIENE
FINANCE & GOVERNANCE MANAGER



JAMES KIRBY
SPORTS DEVELOPMENT OFFICER



ALISON CHAMBERS
WALKING PROMOTION OFFICER



EOIN KAAR
PROJECT LEAD WELLCOMM ACTIVE



CRAIG HARRINGTON
ATHLETICS DEVELOPMENT OFFICER (CORK & MTU CORK)



CLIONA HORAN
SPORTS INCLUSION DISABILITY OFFICER



SINEAD KELLY
SPORTS INCLUSION DISABILITY OFFICER



LOUISE BURKE
SPORT ADMINISTRATOR



ANNA GOLKA
FINANCIAL ADMINISTRATOR



TIM BURKE
COMMUNITY SPORT DEVELOPMENT OFFICER

NOTE: Ms Cliona Horan left the CLSP team in 2024. We wish her well in her future career and thank her for her contribution to the company and team during her employment with CLSP.



EUROPEAN WEEK OF SPORT BEACTIVE NIGHT PETANQUE

Financial Review

The Financial Statements for the year ended 31st December 2024 are shown on pages 112.

Income and expenditure

With the support of government funding (primarily through the Sport Ireland (LSP Core Grant, Dormant Accounts Funding)), huge efforts of our partners, employees, tutors and volunteers, 2024 was marked with steady financial growth and impactful investment towards participation in sport and physical activity in Cork. Demonstrating a continuous and sustainable growth for the company, the CLSP successfully secured and

invested the trusted funds at an increase of income by 9% and expenditure by 12% compared with the financial activity of 2023.

Five-year income and expenditure trends

A review of our income and expenditure over the last five years shows that we've increased income by 67% in that period, while expenditure has increased by 68%. This ongoing growth trend highlights our need for increased sustainable funding to finance our work in the years ahead.

5 Years Financial Progression (2020-2024)



Reserves policy

In accordance with recommended best practice for non-profit organisations, CLSP maintains a reserves policy. Reserves are funds that have built up over time when income has exceeded expenditure and generated a surplus. These funds help to maintain the financial stability of the company and provide protection against unexpected events or costs. The level of reserves is kept under constant review by the Finance and Audit Committee through ongoing financial reporting throughout the year and the production of annual audited accounts. It is also reviewed by the board in conjunction with the annual budgeting process and prior to the approval of the annual financial statements. The board considers the following points in deciding on an appropriate level of general reserves to be held:

- ▶ Funding by public bodies is insufficient to cover annual expenditure, and therefore CLSP relies on generated income from administration fees to allow it to deliver on all aspects of its work. Any shortfalls in planned generated income could affect the Company's ability to deliver on all its planned activities in any particular year.

- ▶ CLSP may need to fund short-term cash flow deficits to cover periods of expenditure before the related grant income or funding is received.
- ▶ CLSP may need to be able to demonstrate the ability to provide matching funding in relation to new projects, or when making applications for new sources of funding. –
- ▶ CLSP needs to act prudently in respect of its statutory obligations to employees and creditors. A minimum contingency reserve is held in the event of any unforeseen circumstances. This amounts to €130,000 for 2024.

Our investments

CLSP does not hold any financial investments. Any funding surplus is held in Irish bank accounts and is readily accessible. Funds are divided and held in a deposit account and a current account in line with policies and procedures approved by the board.

Pensions

CLSP operates a defined contribution pension scheme and the assets of the scheme are held separately from those of the company in an independently administered fund.

Going Concern

Based on the results for the year, the year-end financial position and the approved 2025 budget, the board believe that CLSP has adequate resources to continue in operational existence for the foreseeable future. For this reason, the board continues to adopt the 'going concern' basis in preparing the financial statements. According to independent Auditor's opinion, it has been concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the performed audit services carried by Baker Tilly Ireland Audit Limited, there have not been identified any material uncertainties relating to

events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Taxation

CLSP is a company limited by guarantee without a share capital. It is exempted from corporation tax due to the granting by the Revenue Authorities of 'Games and Sports Exemption Section'. It has been granted an exemption in accordance with the provision of Section 235, Taxes Consolidation Act 1997, (GS number 1587).

Financial Highlights

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2024

	2024 €	2023 €
Fixed assets		
Tangible assets	207,420	164,698
Current assets		
Debtors: amounts falling due within one year	215,064	112,604
Cash at bank and in hand	948,036	1,021,609
	1,163,100	1,134,213
Creditors: amounts falling due within one year	(109,2308)	(1,019,046)
Net current assets	70,792	115,167
Total assets less current liabilities	278,212	279,856
Reserves		
Income and expenditure account	278,212	279,865
Company Funds	278,212	279,865

Contingency reserves of €130,000 included in the company funds of €278,212..

Tangible Assets Explained:

	Fixtures Fittings & Equipment	Fixtures Fittings & Equipment SI-DAF	Total
Cost	€	€	€
At 1 January 2024	67,278	321,228	388,506
Additions	11,546	119,449	130,995
At 31 December 2024	78,824	440,677	519,501
Depreciation			
At 1 January 2024	53,915	169,894	223,809
Charge for the financial year	5,826	82,446	88,272
At 31 December 2024	59,741	252,340	312,081
Net book value			
At 31 December 2024	19,083	188,337	207,420
At 31 December 2023	13,363	151,334	164,698

INCOME AND EXPENDITURE FOR THE YEAR ENDED 31 DECEMBER 2024

Income	2024 €	2023 €
Sport Ireland – Core Grant including Women in Sport	642,977	534,725
Sport Ireland – Dormant Accounts Funding	222,963	301,401
Sport Ireland – Covid-19 Grant scheme (Clubs and Communities)	162,053	178,288
Other Funding/Contributions – from MTU, NGB, Local Authorities, HSE	68,714	173,265
Sport Ireland – Department of Health Sláintecare Integration Fund	363,799	129,508
Income Generated	354,320	353,794
Total Income	1,814,826	1,670,981

Income 2024:

OPERATING EXPENSES AND PROGRAMME INVESTMENT	2024 €	2023 €
Salaries & Operating Expenses: Growing & Sustaining the Business of CLSP	687,822	601,558
Programme Investment: Increasing Participation and Physical Activity in Cork	1,128,657	1,020,455
Total Expenses	1,816,479	1,622,013
Surplus (Deficit)	(1,653)	48,968

Operating Expenses and Programme Investment 2024:**FUNDING SOURCES**

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Income and Expenditure Account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income. Equipment that has been funded through Dormant Account Funding provided by Sport Ireland is expected to remain in the ownership of the company for a minimum period of five years.

Grants of a revenue nature are recognised in the Income and Expenditure Account in the same period as the related expenditure.

All the grant income was expended for the purposes it was intended.

GOVERNMENT/DORMANT ACCOUNTS GRANTS 2024	Received during 2024	Brought Forward	Released during 2024	Carried Forward
SI (Sport Ireland) – LSP Core Grant	611,790	111,788	642,977	80,601
SI-DAF – Community Sports Hub (Programme/Capital)	122,000	87,261	38,698	170,563
SI-DAF – Youth Leadership (Programme)	–	22,245	22,245	–
SI-DAF- Urban Outdoor Adventure Initiatives (Programme/Capital)	35,000	10,173	4,759	40,414
SI-DAF – Volunteer Training and Supports (Programme/Capital)	28,000	22,013	18,223	31,790
SI-DAF – Sports Inclusion Disability Projects (Capital)	40,000	76,436	19,875	96,561
SI-DAF – Active Cities (Programme/Capital)	140,000	279,297	102,799	316,498
SI-DAF – Training and Education	20,000	–	–	20,000
SI-DAF – Get Girls Active	10,000	17,085	16,364	10,721
SI-DAF – Equality, Diversity & Inclusion	30,000	–	–	30,000
SI – Covid-19 Small Grant/Sports Energy Support Schemes	–	132,164	120,509	11,655
SI-Department of Health – Sláintecare Integration Fund (WellComm Active Project)	160,000	144,717	162,053	142,664
Total	1,196,790	903,179	1,148,502	951,467

Other Funding/Contributions

AWARDING BODY	Received during 2024	Brought Forward	Released during 2024	Carried Forward
Get Ireland Walking	21,562	10,781	21,562	10,781
Health Service Executive	15,750	–	15,750	–
Athletics Ireland	10,000	2,500	10,000	2,500
Munster Technological University	28,444	–	28,444	–
Local Authorities (Bike Week/Cycle Right/ Cork City Amenity & Physical Activity)	309,625	–	303,973	5,652
Total	385,381	13,281	379,729	18,933

Marketing & Communications

Marketing and communications are central to CLSP's mission of promoting the value of sport and physical activity. By delivering clear, consistent, and targeted messaging, CLSP works to raise awareness, inspire participation, and highlight the physical, mental, and social benefits of leading an active lifestyle. These efforts not only break down barriers to participation by making information accessible and inclusive but also strengthen connections with communities across Cork.

In 2024, CLSP placed a strong emphasis on ensuring that all priority groups were informed of, and had access to, a wide range of opportunities to get active. A blend of digital and traditional platforms was used to reach diverse audiences, with a particular focus on engaging those who may not yet be regularly active. This integrated approach, aligned with the goals of the Active Cork Strategy, positioned marketing and communications as a key driver in building understanding, encouraging participation, and supporting the long-term health and vitality of communities across Cork.

To achieve this, CLSP delivered a series of coordinated communications across:

- ▶ CLSP Website
- ▶ Social Media
- ▶ Email Newsletters
- ▶ Press Releases
- ▶ Media Interviews
- ▶ Local and National Campaigns

2024 vs 2023 Performance Analysis

A review of 2024 performance compared with 2023 highlights a mix of growth areas alongside some challenges.

In the digital space, website page views rose slightly by 2% to reach 262,294, while unique visitors dipped by 2%. Social media audiences grew strongly across all platforms, with increases of 10% on Facebook, 3% on X (formerly Twitter), and an impressive 30% on Instagram. Engagement levels, however, varied significantly: Facebook interactions surged by 60%, while X and Instagram saw declines of 70% and 12% respectively. Overall, the reach of social media content expanded by 13%, reflecting a wider audience connection.

Email newsletters presented a more mixed picture. While the total number of emails delivered increased, the number of campaigns issued fell by 42%. This reduction contributed to an 11% drop in total clicks and a 59% fall in email opens.

In traditional media, activity remained relatively steady. Press releases reduced slightly by 6% to 47, and website news articles decreased by 11% to 171. Radio interviews held consistent at six, though no television interviews were recorded in 2024.





Taken together, these results reinforce the importance of ongoing evaluation and adaptation of CLSP's communications approach. Areas of strong growth, particularly in social media reach and Facebook engagement, highlight opportunities to build on success, while areas of decline point to the need for renewed focus and targeted strategies to maintain balanced performance across all channels.

2024 vs 2023 At-a-Glance




Digital Performance

-  Website page views: **+2%** (262,294)
-  Unique visitors: **-2%**

Social Media

-  Facebook followers: **+10%**
Engagement: **+60%**
-  X (Twitter) followers: **+3%**
Engagement: **-70%**
-  Instagram followers: **+30%**
Engagement: **-12%**
-  Overall reach: **+13%**

Email Newsletters

-  Campaigns sent: **-42%**
-  Total clicks: **-11%**
-  Email opens: **-59%**

Traditional Media

-  Press releases: **-6%** (47 issued)
-  Website articles: **-11%** (171 published)
-  Radio interviews: **6** (no change)
-  TV interviews: **0** (down from 2023)

Highlights for 2024:

Website:



CLSP website www.corksports.ie pages were viewed 262,294 times during 2024 with 85,560 unique visitors. This represented an increase of 2% in page views during 2024, increasing from 256,598 page views in 2023. The number of unique visitors decreased by 2% in 2024, falling from 87,649 unique visitors to 85,560.

Website	2024	2023	% + / -
Page Views	262,294	256,598	2% +
Unique Visitors	85,560	87,649	2% -

Social Media:

Social media continues to be a vital part of CLSP's communications strategy, providing a dynamic platform to engage with communities, share opportunities, and promote the value of sport and physical activity. Its ability to reach diverse audiences, deliver targeted content, and create real-time interaction makes it a key driver in raising awareness and encouraging participation across Cork.

In 2024, CLSP maintained a strong focus on leveraging social media to highlight the organisation's work and that of partner projects, ensuring visibility for initiatives that support, promote, and grow participation. Activity across Facebook, X (formerly Twitter), and Instagram reflected both areas of strong growth and new challenges, underlining the need for continued adaptation in this fast-changing space.

Social Media Following:

CLSP's social media audience grew significantly in 2024, with strong increases

across all major platforms. Facebook followers rose by **10%** to **15,203**, X followers grew by **3%** to **4,012**, and Instagram followers saw the largest growth, up **30%** to **6,867**.

Platform	2024	2023	% + / -
Facebook Followers	15,203	13,810	10% +
X Followers	4,012	3,913	3% +
Instagram Followers	6,867	5,286	30% +

Social Media Content:

The volume of content published across channels shifted in 2024, with overall output becoming more strategically focused. Facebook posts increased by **41%**, rising to **1,525**, while X content decreased by **18%** to **984** posts. Instagram posts also declined slightly by **12%**, with **1,052** posts published during the year.

Platform	2024	2023	% + / -
Facebook	1,525	1,083	41% +
X	984	1,202	18% -
Instagram	1,052	1,194	12% -

Social Media Reach:

Despite mixed trends in platform activity, the total reach of CLSP's social media content increased by **13%**, reaching **3,677,909** people in 2024. Facebook contributed strongly with a **22%** increase to **2,291,436**, and Instagram grew by an impressive **67%** to **1,034,220**. By contrast, reach on X contracted sharply by **52%**, falling to **352,253**.

Platform	2024	2023	% + / -
Facebook	2,291,436	1,870,576	22% +
X	352,253	741,115	52% -
Instagram	1,034,220	619,240	67% +
Total:	3,677,909	3,230,931	13% +

Highlights for 2024 (continued):

Social Media Engagement:

Engagement trends reflected the wider shifts across platforms. Facebook saw exceptional growth in interactions, with engagement increasing by **60%** to **133,684**. Instagram engagement declined by **12%** to **8,875**, while X saw the steepest fall, with engagement down **70%** to **9,542**.

Platform	2024	2023	% + / -
Facebook	133,684	83,340	60% +
X	9,542	31,362	70% -
Instagram	8,875	10,089	12% -

Instagram Stories:

Stories remained a key driver of visibility and interaction on Instagram. In 2024, CLSP published 2,025 stories, a **15%** increase on the previous year. Reach grew by **46%** to **905,226**, while engagement with stories rose by **35%**, reaching **5,271** interactions.

Platform	2024	2023	% + / -
Total IG Stories	2,025	1,755	15% +
Total Stories Reach	905,226	619,240	46% +
Total Stories Engagement	5,271	3,911	35% +

Social Media 2024 At-A-Glance

- Followers**
 - Facebook: +10% → 5,203
 - X (Twitter): +3% → 4,012
 - Instagram: +30% → 6,867
- Content Published**
 - Facebook: +41% → 1,525 posts
 - X: -18% → 984 posts
 - Instagram: -12% → 1,052 posts
- Reach**
 - Facebook: +22% → 2,291,436
 - X: -52% → 352,253
 - Instagram: +67% → 1,034,220
- Engagement**
 - Total Reach: +13% → 3,677,909
 - Facebook: +60% → 133,684
 - X: -70% → 9,542
 - Instagram: -12% → 8,875
- Instagram Stories**
 - Stories Published: +15% → 2,025
 - Stories Reach: +46% → 905,226
 - Stories Engagement: +35% → 5,271

Email Marketing:

Email marketing remains an important communication tool for CLSP, offering a direct channel to share opportunities, news, and updates with targeted audiences. By segmenting its database into specific interest groups, including schools, community sport, physical activity, disability, education, and events, CLSP ensures that relevant information is delivered to the right people at the right time. This targeted approach continues to support engagement, awareness, and participation across a wide range of programmes and initiatives

Email Campaigns	2024	2023	% + / -
Total Campaigns	7	12	42% -
Total Deliveries	44,769	29,132	54% +
Total Opens	5,836	14,210	59% -
Total Clicks	1,079	1,218	11% -

2024 vs 2023 Performance:

In 2024, CLSP issued 7 email campaigns, a 42% decrease from 2023. Despite fewer campaigns, the total number of emails delivered rose by 54%, reaching 44,769, up from 29,132 in 2023. This growth reflects a stronger database and broader audience reach.

Engagement, however, presented challenges. Email opens fell by 59%, declining from 14,210 in 2023 to 5,836 in 2024, while clicks decreased by 11%, moving from 1,218 to 1,079. These results indicate that while CLSP is reaching more inboxes, content effectiveness and user interaction require renewed focus to maximise impact.

Email Marketing 2024 At-a-Glance

- Campaigns**
 - Total Sent: 7 (↓42%)
- Reach**
 - Total Deliveries: 44,769 (↑54%)
- Engagement**
 - Total Opens: 5,836 (↓59%)
 - Total Clicks: 1,079 (↓11%)

Highlights for 2024 (continued):

Press Releases & Media Interviews

Press releases and media engagement remain an important part of CLSP's communications approach, helping to highlight key projects, showcase partnerships, and generate widespread coverage across local and regional outlets. These efforts not only amplify CLSP's work but also ensure that opportunities for participation reach audiences beyond digital channels.

Press Releases & Website Articles

In 2024, CLSP issued 47 press releases, a 6% decrease on 2023. Despite this reduction, press coverage continued across leading regional newspapers such as the Irish Examiner, Cork Evening Echo, The Southern Star, The Avondhu, The Vale Star, and Cork Independent, alongside extensive features in digital outlets including Red FM, Cork BEO, Yay Cork, Cork Safety Alerts, Cork Running Blog, and Echo Live.

On the CLSP website, 171 news articles and blogs were published in 2024, representing an 11% decrease compared to 193 in 2023. These updates remain a key platform for providing project insights, programme news, and highlights of CLSP's impact across Cork.

Public Relations Issued	2024	2023	% + / -
PRs issued	47	50	6% -
CLSP Website Articles	171	193	11% -

Media Interviews:

Media interviews continued to play a strong role in raising awareness of CLSP initiatives. In 2024, members of the CLSP team took part in 6 radio interviews, consistent with 2023, covering topics such as Women in Sport, the Cork Rebel Run, Cork Bike Week, and Cork Athletics Week.

Platform	2024	2023	% + / -
Total Radio	6	6	0% +

Press Releases & Media Interviews 2024 At-a-Glance

- Press Releases & Articles**
 - Press Releases: 47 (↓6%)
 - Website Articles: 171 (↓11%)
- Media Interviews**
 - Radio: 6 (no change)
 - TV: 0 (↓100%)

National Campaigns Supported:

National and local promotional campaigns are integral to CLSP's strategic framework for increasing participation in community sport and physical activity across Cork. These targeted initiatives serve to both generate and communicate opportunities for individuals to engage in physical activity and to cultivate an active lifestyle among key demographic cohorts.

Throughout the year, CLSP provided active support to these campaigns, which included the coordinated distribution of content across all official communication channels, as well as the organisation and facilitation of taster events and other public engagement opportunities. This multi-faceted approach was essential in maximising the reach and impact of each campaign.

Campaigns Supported in 2024

- ▶ European Week of Sport
- ▶ Her Outdoors Week
- ▶ National Bike Week
- ▶ National Walking Week
- ▶ Women in Sport Week
- ▶ Men's Health Week
- ▶ Cork Walking Week
- ▶ Cork Athletics Week
- ▶ Active Schools Week
- ▶ National Play Week



Women in Sport Week 2024 Inspiring Women & Girls Through Sport

PARTNERS: Sport Ireland, National Governing Bodies of Sport, Local Clubs & Organisations.

AIM: To provide women and girls of all ages and abilities with the opportunity to take part in a diverse range of social sport and physical activity events, promoting participation, inclusivity, and the benefits of an active lifestyle.

OBJECTIVES

- Coordinate a week-long calendar of free come-and-try sessions, events, and social programmes in collaboration with NGBs, community organisations, clubs, and sport providers.
- Celebrate and promote women’s participation in sport at all levels – playing, coaching, officiating, volunteering, and leadership.
- Introduce women and girls to new sports and physical activities in a fun and supportive environment.
- Support the creation of new social and community-based sport groups for women and girls.
- Increase visibility of local clubs and participation opportunities.
- Build lasting connections between participants and local sports providers.

TARGET GROUP Women & Girls of all ages and abilities

IMPLEMENTATION STEPS

- ENGAGE** – Partner with national governing bodies, local clubs, community groups, and schools to plan and deliver events across Cork City and County.
- PLAN** – Develop a comprehensive week-long schedule featuring 44 activity tasters and sessions across multiple sports, including tennis, cycling, rowing, fishing, volleyball, table tennis, martial arts, athletics, weightlifting, yoga, and more.
- PROMOTE** – Launch a targeted marketing campaign using social media, newsletters, and partner networks to raise awareness and encourage participation.
- DELIVER** – Host 44 taster events in a variety of indoor and outdoor venues, engaging women and girls of all ages, abilities, and backgrounds.
- REVIEW** – Gather feedback from participants and partners, record participation data, and identify opportunities to build on successes in future years.

OUTPUTS

- 562 PARTICIPANTS** – 562 women and girls took part in taster events organised as part of the campaign.
- 44 TASTER EVENTS** – 44 taster events and sessions were delivered as part of the campaign.
- 15 ACTIVITIES** – Participants had the opportunity to participate in 15 different activities during the week.
- 14 PROJECT PARTNERS** – 14 clubs, groups and organisations worked with CLSP to organise taster events.

OUTCOMES

- New sports introduced to women and girls who had never participated before.
- Increased membership for several local clubs in tennis, volleyball, martial arts, weightlifting, and athletics.
- New social cycling and soccer groups formed.
- Greater awareness of the variety of sports available locally.
- Stronger partnerships between CLSP, clubs, NGBs, and community groups supporting women’s sport.

FEEDBACK

“The girls had a ball at the glow badminton event.”

“The menopause in sport workshop was so beneficial.”

“We had such a great time trying out weightlifting, we were nervous at first, but the coaches were fab.”

“We took part in soccer, table tennis, volleyball, and fishing this week – thanks for giving us all these opportunities.”



Case Study

PROMOTION & VISIBILITY



Celebrating Athletics in Cork Fun, Learning & Inclusion for All Ages

PARTNERS: Athletics Ireland, Munster Technological University.

AIM: To coordinate a week-long celebration of athletics for people of all ages and abilities in Cork in collaboration with local athletics clubs, tutors, and partners .

OBJECTIVES

- Engage local athletics clubs and tutors to host events across Cork communities.
- Promote Cork Athletics Week through CLSP channels, Cork Athletics, and local authority networks.
- Provide children with opportunities to try athletics in a fun, supportive environment.
- Offer inclusive athletics experiences for children with physical disabilities.
- Deliver online training, education, and practical workshops for adults.
- Showcase the variety of athletics disciplines and pathways available in Cork.

TARGET GROUP People of all ages and abilities, Children

IMPLEMENTATION STEPS

- ENGAGE** – Contacted athletics clubs, tutors, Cork Athletics, and local councils to collaborate on event delivery and promotion.
- PLAN** – Coordinated a schedule of 7 Little Athletics events for children aged 6–12, 1 athletics event for children with physical disabilities, and 5 online training/education sessions.
- PROMOTE** – Publicised Cork Athletics Week via CLSP website, social media, Cork Athletics channels, and Cork City/County Council newsletters.
- DELIVER** – Hosted events in Kinsale, Bandon, MTU, Midleton, Tramore Valley Park, and Macroom, plus webinars, coaching courses, and online yoga/mobility classes.
- REVIEW** – Gathered participant and partner feedback, recorded participation data, and identified opportunities for future programme improvements.

OUTPUTS

- 865 PARTICIPANTS** – 865 people engaged in events as part of Cork Athletics, including 560 children in athletics tasters, 305 adults in online workshops and sessions.
- 14 SESSIONS** – 14 sessions were delivered as part of the week including 7 children’s events, 5 online education/training sessions and 2 showcase events).

OUTCOMES

- Increased participation in athletics among children and adults across Cork.
- Improved skills and knowledge in athletics coaching and training.
- Greater inclusion of children with physical disabilities in athletics activities.
- Strengthened partnerships between CLSP, Cork Athletics, clubs, tutors, and local authorities.

FEEDBACK

“Thank you to Craig and the team at MTU for the event today. It was Emma’s first-time experiencing athletics, and she made great friends and will definitely be back.”

“I have always wanted to try yoga but have never made the time for it. The online class was the perfect taster to get me started.”

“It was so fulfilling to see the children come to Tramore Valley Park today for a fun time with the perfect coaches. Jack & Tom had so much fun doing activities they have never done before.”



THE DAILY MILE

A Year of Cork LSP



Cork Sports Partnership Operations Investment 2024

€1,128,657

76,752 OVERALL REACH

76,752 people engaged with Cork Sports Partnership projects in 2024.
206 different projects were coordinated/supported by the CLSP team in 2024

92

COLLABORATION & PARTNERSHIP

92 organisations or inter-agency working groups engaged with in 2024 to support, develop or promote participation in community sport and physical activity including:

- ▶ 30 National Governing Bodies of Sport
- ▶ 35 Stakeholder Organisations
- ▶ 27 Interagency Working Groups Engaged

57,409

2024 ACTIVE PARTICIPATION

57,409 people took part in CLSP active participation opportunities in 2024, including:

- ▶ 11,900 in programmes (Community Sport, Physical Activity, Schools & Disability Inclusion)
- ▶ 34,627 in events (Mass Participation Events & Campaigns)
- ▶ 10,882 in self-led initiatives and challenges

165 active participation projects coordinated with 4,948 active participation sessions were delivered
1,386 different opportunities to participate, including 610 programmes, 762 events and 14 initiatives

COMMUNITY SPORT 3,673 ACTIVE PARTICIPANTS

- ▶ 25 sports supported
- ▶ 55 projects developed
- ▶ 206 programme opportunities coordinated
- ▶ 1,182 sessions delivered

PHYSICAL ACTIVITY 2,238 ACTIVE PARTICIPANTS

- ▶ 21 projects developed
- ▶ 243 programme opportunities coordinated
- ▶ 2,193 sessions delivered

DISABILITY INCLUSION 1,234 ACTIVE PARTICIPANTS IN DISABILITY SPECIFIC PROJECTS

- ▶ 12 sports/activities supported
- ▶ 16 projects developed
- ▶ 34 programme opportunities coordinated
- ▶ 177 sessions delivered

SCHOOLS 4,755 ACTIVE PARTICIPANTS

- ▶ 10 sports supported
- ▶ 15 school projects developed
- ▶ 127 programme opportunities coordinated
- ▶ 613 sessions delivered

MASS PARTICIPATION EVENTS & CAMPAIGNS 34,627

PEOPLE TOOK PART IN CLSP-SUPPORTED MASS PARTICIPATION EVENTS

- ▶ A further 10,882 engaged in 14 self-led initiatives and challenges coordinated by CLSP in 2024
- ▶ 762 event opportunities coordinated in 2024 across 50 different projects.

CAPACITY BUILDING 19,343

ENGAGED IN EDUCATION & AWARENESS WORKSHOPS

- ▶ 42 education and awareness workshop projects
- ▶ 159 workshops delivered
- ▶ 290 education sessions delivered

RESEARCH & EVALUATION 6 RESEARCH PROJECTS

- ▶ 6 research and evaluation projects were conducted in 2024

29 CAPITAL PROJECTS

- ▶ 29 Capital Projects were delivered as part of different Dormant Account Funded projects including Active Cities, Urban Outdoor Initiative, Sports Inclusion Disability Programme Capital and Bantry Community Sport and Physical Activity Hub



Operations Overview 2024

Community Sport					
Sport/Activity	Project Name	Programmes Delivered	Sessions per Programme	Total Project Sessions	Total Participants
Angling	Fishing - Women's Fishing Programme	1	6	6	10
Angling	Fishing - Inclusive Fishing Programmes	3	6	18	30
Athletics	HerMoves - Teen Intro To Athletics Programme	1	6	6	16
Athletics	Athletics - Try & Track Field Programme	1	8	8	30
Athletics	Athletics - MTU Athletics Club	1	0	0	110
Athletics	Athletics - Couch to 5km 2024	11	8	88	261
Athletics	Athletics - Social Running Groups (Meet & Train)	5	4	20	100
Badminton	Badminton - Women's Badminton Programmes	2	8	16	54
Badminton	Badminton - Teen Badminton Programmes	1	8	8	14
Badminton	Badminton - Community Programmes	2	5	10	51
Badminton	Badminton - Summer Camps	2	5	10	32
Boxing	Boxing - Women's Startbox Programme	1	8	8	28
Cricket	Cricket - Women's CrickHIIT Programme	1	6	6	8
Cycling	Cycling - Women On Wheels	5	1	5	29
Cycling	Cycling - Cycling with Confidence NSH & Homeless	2	1	2	24
Fencing	Fencing - Beginners Fencing Programme	1	6	6	12
Gaelic Football	Gaelic Football - LGBTQ+ Gaelic Football	2	12	24	24
Hockey	Hockey - Women's Social Hockey Programme	1	6	6	24
Lacrosse	Lacrosse - Intro to Lacrosse Programmes	4	6	24	68
Mountaineering	HerMoves - Girls Climbing Programme	1	6	6	14
Mountaineering	HerMoves - Summit Sisters	2	3	6	30
Multi-Sport	Her Moves - Gym Gals Programme	2	5	10	121
Multi-Sport	HerMoves - Teens In The Outdoors Programme	1	5	5	44
Multi-Sport	Petanque - Community Programmes	1	3	3	12
Multi-Sport	Sports On The Greens – Targeted Camps	48	4	192	576
Multi-Sport	Sports On The Greens - Public Camps	2	4	8	153
Olympic Handball	Olympic Handball - New Club Development	1	6	6	20
Padel Tennis	Padel Tennis - Sporting Pride Padel Tennis	1	1	1	12
Pickleball	Pickleball - Community Programmes & Events	14	8	112	342
Pitch & Putt	Pitch & Putt - Women's Programme	1	4	4	20
Pitch & Putt	Pitch & Putt - Juvenile Programme	1	1	1	14
Pitch & Putt	Pitch & Putt - Halloween Camp	1	3	3	12
Rowing	Rowing - Learn To Row Programmes	6	5	30	72
Rowing	Rowing - Women On The Water Programmes	6	1	6	96

Community Sport					
Sport/Activity	Project Name	Programmes Delivered	Sessions per Programme	Total Project Sessions	Total Participants
Rowing	Rowing - Teen Currach Rowing Programme	1	4	4	16
Soccer	Soccer - Direct Provision Futsal	2	8	16	90
Soccer	Soccer - Women's Social Soccer Programmes	14	1	14	392
Soccer	Soccer - Walking Football	3	6	18	104
Soccer	HerMoves - Soccer Sisters	1	6	6	6
Squash	Squash - Women's Programme	1	1	1	20
Surfing	HerMoves - Surfing Programme	1	6	6	16
Swimming	Swimming - Swimmin Women (Outdoor)	4	32	128	95
Swimming	Swimming - Swim For A Mile Programme	3	24	72	52
Swimming	Swimming - Swimmin Women (Indoor)	2	8	16	42
Table Tennis	Table Tennis with Parkinson's Programme	1	6	6	7
Table Tennis	Table Tennis - Women's Table Tennis Programme	2	6	12	26
Tennis	Tennis - Try Tennis Programmes (Men & Women)	25	6	150	214
Tennis	Tennis - Teen Try Tennis Programmes	2	6	12	8
Triathlon	Triathlon - Women's Try A Tri Programmes	1	6	6	12
Triathlon	Triathlon - Her Tribe Programme	1	4	4	8
Triathlon	Triathlon - Kids Triathlon Camps	1	3	3	18
Underwater Hockey	Underwater Hockey - Community Programme	1	6	6	4
Volleyball	Volleyball - Women's Volleyball Programmes	2	8	16	42
Volleyball	Volleyball - Training Camps	2	8	16	24
Weightlifting	Weightlifting - Teen Weightlifting Programme	1	6	6	14
Total:		206		1182	3673
Total:		206		1182	3673

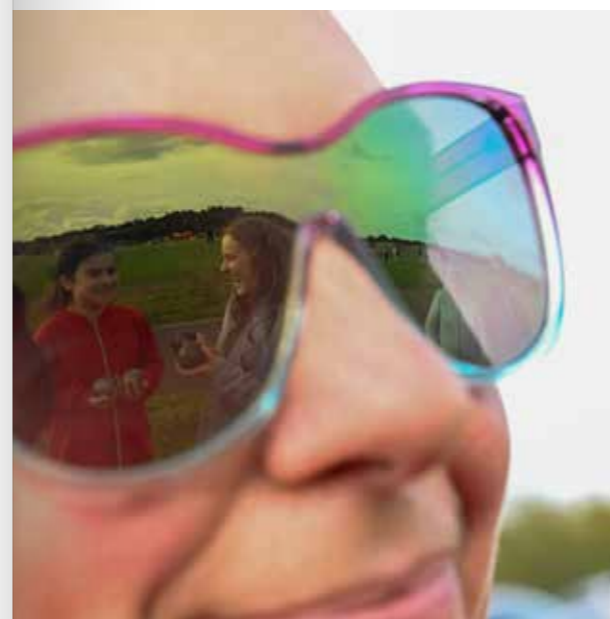


Physical Activity

Sport/Activity	Project Name	Programmes Delivered	Sessions per Programme	Total Project Sessions	Total Participants
Exercise	Staying Fit For the Future - Better Balance	163	10	1630	1145
Exercise	Start to Move	16	8	128	193
Exercise	FunFit	5	8	40	100
Exercise	Neurofunctional Training Programme	1	10	10	10
Exercise	Staying Fit for the Future - Better Bones	2	8	16	22
Exercise	Neuro Activator Walking Poles	3	6	18	22
Exercise	CoAction Chair Yoga	1	4	4	19
Exercise	Roma Soccer Project	3	8	24	36
Exercise	Men On The Move	6	8	48	145
Exercise	Women On The Move	5	8	40	61
Exercise	Cape Clear Exercise Classes	1	6	6	14
Exercise	Parents On The Move	6	6	36	54
Exercise	Yoga - Community Programmes (Older Adult, Disability & UKR)	2	4	8	27
Exercise	Find Your Feet Programme	2	12	24	54
Exercise	MTU Movers	1	4	4	30
Exercise	Scooch - Older Adults Scooch Programme	1	6	6	18
Multi Sport	Women in the Outdoors Programme	1	12	12	18
Swimming	Swimming - Swimmin Sister & TUSLA	1	6	6	6
Walking	Walking - Active Community Walking Programme	13	6	78	104
Walking	Walking - Activator Poles Programmes	9	6	54	130
Walking	Walking - Project STEPs Walking Programme	1	1	1	30
Total		243		2193	2238

Schools Programmes

Sport/Activity	Project Name	Programmes Delivered	Sessions per Programme	Total Project Sessions	Total Participants
Athletics	Athletics - Primary Schools Athletics Programme	42	4	168	1680
Basketball	TY Wheelchair Basketball	1	2	2	495
Boxing	Bantry Schools Boxing Programme (7-Week)	1	7	7	25
Boxing	Boxing - Schools StartBox programmes	12	4	48	224
Cricket	Cricket - Schools Cricket Programmes	2	5	10	64
Cycling	Cycling - Schools Cycle Right	49	6	294	1593
Exercise	HerMoves - Schools Yoga Programme	1	6	6	30
Hockey	Hockey - Club School Link Programme	2	6	12	120
Lacrosse	Lacrosse - Schools Intro to Lacrosse	2	2	4	70
Pickleball	Inclusive Pickleball	1	3	3	36
Rowing	Rowing - TY Get Going Get Rowing	5	2	10	108
Rowing	Rowing - TY Badoireacht Programme	4	6	24	48
Tennis	Tennis - Schools Programme (Gaeltacht)	1	4	4	24
Volleyball	Volleyball - Primary Schools Volleyball Programme	1	3	3	192
Weightlifting	Weightlifting - Schools Weightlifting Programmes	3	6	18	46
Total:		127		613	4755





Disability Inclusion

Sport/Activity	Project Name	Programmes Delivered	Sessions per Programme	Total Project Sessions	Total Participants
Athletics	Athletics - Special Schools Athletics Programme	6	4	24	110
Athletics	Athletics - Little Athletics (Disability)	2	6	12	38
Bowling	Come and Play Bowls	1	6	6	5
Cycling	Learn to Cycle	6	5	30	44
Exercise	Inclusive Outdoor Gyms Programme	1	2	2	28
Exercise	Vision Impaired Start to Move	1	2	2	2
Exercise	Stay and Play Programme	1	4	4	9
Hockey	Mixed Ability Hockey	1	6	6	18
Orienteering	Stride and Seek Programme	1	6	6	17
Other	Outdoor/Water Sport Inclusive Camps	2	2	4	39
Pickleball	Balance Summer Camp	1	3	3	118
Rowing	Inclusive Rowing	1	4	4	12
Running	Athletics - Rebel Run a Mile Challenge	5	6	30	742
Soccer	CP Soccer Academy	1	12	12	15
Swimming	Inclusive Swimming Programmes	2	6	12	8
Walking	Walking - Woodlands for Health	2	10	20	29
Total		34		177	1234

Self-Led Initiatives

Sport/Activity	Project Name	Total Participants
Cycling	Wheels for All	5
Exercise	Walking - Walktober	112
Table Tennis	Table Tennis - Table Tennis At Home Initiative	80
Walking	Step Into Summer Walking Challenge	136
Walking	Walking - Schools Walking Challenge	10439
Walking	Walking - MTU Marchathon	110
Total:		10882



Events			
Sport/Activity	Project Name	Events Delivered	Total Participants
Athletics	Athletics - Sherkin Do Run Run	1	67
Athletics	Athletics - Cork Athletics Week	15	865
Athletics	Athletics - Cork City International Sports	1	82
Athletics	Athletics - Teenage Development T&F Nights	4	82
Athletics	Athletics - Rebel Run	2	1000
Athletics	Athletics - Cork City Primary School Inclusion Event	1	108
Athletics	Athletics - MTU 5km	1	420
Athletics	Athletics - Andrea Baker Remembrance Walk/Run	1	454
Athletics	Athletics - Daily Mile Celebration Event	1	500
Badminton	Badminton - Schools Badminton Event	1	32
Basketball	3x3 Basketball - Events	1	152
Cycling	Cycling - Community Bike Rides	2	18
Cycling	Cycling - Bike Week Cork	301	17821
Cycling	Cycling - LGBTQ+ Cycling Events	3	16
Exercise	HerMoves - Schools Yoga Tasters	3	58
Exercise	Yoga - Beach Yoga Event	1	42
Lacrosse	Lacrosse - Open Sessions/Tasters	6	120
Mountaineering	HerMoves - Teen Try It Taster Events	4	66
Multi-Sport	West Cork Sports Inclusion Showcase	1	200
Multi-Sport	Men's Health Week - Taster Events	7	48
Multi-Sport	Women in Sport Week - BeachFest Events	8	150
Multi-Sport	SportsFest - BeActive Night - Taster Events	25	250
Multi-Sport	Her Outdoors Week - Taster Events	39	576
Multi-Sport	Women in Sport Week - Taster Events	44	562
Multi-Sport	European Week of Sport - Taster Events	54	414
Olympic Handball	Olympic Handball - Schools Blitzes	6	380
Olympic Handball	Olympic Handball - Community Event	1	20
Orienteering	Orienteering - Family Series Orienteering Events	5	485
Orienteering	Orienteering - Schools Events	159	7435
Pickleball	Pickleball - Rebel Picklefest Event	1	64
Pitch & Putt	Pitch & Putt - School Taster Events	2	80
Pitch & Putt	Pitch & Putt - Girls Taster Event	1	8
Rowing	Dragonboat - Interfirm Event	1	128
Rugby	Come and Try Wheelchair Rugby	1	9
Skating	Rollerskating - Skating At The Marina Event	1	89
Soccer	Powerchair Soccer Come and Try Evening	1	7
Soccer	Soccer - Community Events (Africa Day, DP etc.)	2	193
Soccer	Soccer - Women's Social Soccer Blitz - Cork	2	88
Swimming	Swimming - SwimFest Youghal	1	92
Table Tennis	Table Tennis - Summer Outdoor Sessions	3	20
Table Tennis	Table Tennis - Cork Schools Table Tennis Blitz	2	92
Table Tennis	Table Tennis - Schools, DX, UKR, Youth	4	70

Events			
Sport/Activity	Project Name	Events Delivered	Total Participants
Triathlon	Triathlon - Cork City Triathlon Fun Run	1	89
Triathlon	Triathlon - Schools Splash & Dash	2	490
Ultimate Frisbee	Ultimate Frisbee - Women's Ultimate Frisbee	1	10
Volleyball	Volleyball - Social Volleyball Events	15	276
Walking	Orienteering - Orienteering for Services Event	1	17
Walking	Activator Poles - Taster Sessions	6	68
Walking	Walking - Community Walks/Festival Walking Events	1	158
Walking	Cork Walking Week	15	156
Total:		762	34627



Education & Awareness Workshops

Sport/Activity	Project Name	Workshops Delivered	Sessions per Workshop	Total Workshop Sessions	Total Attendees
Athletics	Guide Running Workshop/Webinar	1	2	2	16
Athletics	Athletics - Secondary Schools Training & Education	4	4	16	92
Athletics	Athletics - MTU Sports Seminar Series	6	6	36	220
Badminton	Badminton Inclusion Leaders of the Future Programme	1	1	1	8
Badminton	Badminton - Teachers Workshop	1	1	1	16
Badminton	Badminton - Women's Coaching Programme	1	4	4	9
Cycling	Cycling - Community Bike Rides Training	1	1	1	8
Disability Inclusion	Autism in Sport	1	1	1	30
Disability Inclusion	Lámh for Sport	1	1	1	42
Disability Inclusion	Disability Swim Teacher Training	2	1	2	25
Disability Inclusion	Autumn Education Series	1	4	4	45
Disability Inclusion	Disability Awareness Webinar	4	1	4	43
Disability Inclusion	Activity for Autism workshop	1	1	1	7
Exercise	PALS - Physical Activity Leader Workshop	1	7	7	21
Exercise	Prime Time of Life	1	2	2	9
Gaelic Games	GAA Handball - Teacher's Courses	2	2	4	31
General	Healthy Food Made Easy	4	6	24	44
General	Safeguarding 1	59	1	59	1364
General	Safeguarding 2	8	1	8	214
General	Safeguarding 3	10	1	10	179
General	Sports First Aid	6	1	6	163
General	Webinars - Schools Water Safety Webinars	3	1	3	4964
General	Webinars - Schools Road Safety Webinars	4	1	4	11264
Gymnastics	Gymnastics - Gymnastics Teacher Training	2	1	2	36
Multi-Sport	Youth Leadership - TY Sports Leader	4	6	24	72
Multi-Sport	Youth Leadership - TY Sports Coaching	1	6	6	32
Multi-Sport	Cork Prison Sports Programme	1	12	12	14
Orienteering	Orienteering - Workshops (Teachers, HSE & Youth)	1	1	1	32
Play	Play Leader Training	3	1	3	27
Rowing	Rowing - Introduction to Rowing Coaching	1	1	1	10
Sailing	Navigation & Powerboat Training - Naomhogra Chorcai	2	2	4	7
Soccer	Youth Leader - Soccer Leader Programmes	2	5	10	44
Soccer	Soccer - Women's Soccer Leader Programme	1	4	4	20
Volleyball	Volleyball - TY Leadership Volleyball	3	1	3	83

Education & Awareness Workshops

Sport/Activity	Project Name	Workshops Delivered	Sessions per Workshop	Total Workshop Sessions	Total Attendees
Volleyball	Volleyball - Education Programmes	2	1	2	48
Walking	Walking - Walk Leader Training	2	1	2	19
Walking	Walking - Walk Your Way Workshops	2	1	2	15
Walking	Activator Poles - Tutor Refresher Training	1	1	1	12
Walking	Walking - Adapted ACWP Tutor Training	1	1	1	7
Walking	Walking - Get Your School Walking Workshop	1	1	1	19
Watersports	Powerboating - Powerboat Training	4	2	8	24
Watersports	Safety Boat - Safety Boat Training	2	1	2	8
Total		159		290	19343





CLSP Community Engagements

In 2024, CLSP supported community development across the following areas. These included:

- ▶ Inclusion
- ▶ Active Play
- ▶ Community Event Support
- ▶ Community Sport Initiatives
- ▶ Marketing and Communication

Inclusion (Equipment & Programming Support)

Name	Location	Unit/Main Partner
West Cork Sports Inclusion showcase	Dunmanway	West Cork Development Partnership
Down Syndrome Cork	Down Syndrome Cork	Down Syndrome Cork
Balance Summer Camp	Our Lady of Good Council School, Ballincollig	Balance Camp
Cope Foundation - Sports Day	Popes Quay	Cope
Down Syndrome/Rainbow Club	Ringmahon Rangers	Down Syndrome Centre
Activity Healthy Me	Bantry	Rehab Bantry

Active Play (Community Event Support & Equipment)

Name	Location	Unit/Main Partner
Conna Community Centre Activities	Conna	Conna Community Centre
Emmet Plaza Pop-Up Play	Emmet Place, Cork City	LPC & city council, placemaking EU
Lifelong Learning Festival	Hollyhill Library	Let's Play Cork
Lifelong Learning Festival	Marlboro St - Playful Street	Let's Play Cork
Pop-up play Killala gardens	Knocknaheeney	Let's Play Cork & Slaintecare
Conference	1 Lapps Quay	Let's Play Cork & UCC
Africa Day Soccer Tournament	Glen Resource Centre	CCC/FAI/Africa Day/CLSP
Carnival of Science	Fitzgerald Park	Cork City Council
Non-Fire Night	Mahon Loughmahon Park	Let's Play Cork & City Council
Non-Fire Night	Farranree Pophams park	Let's Play Cork & City Council
Non-Fire Night	Mayfield Iona Park	Let's Play Cork & City Council
Non-Fire Night	Togher Clashdub Park	Let's Play Cork & City Council
Non-Fire Night	The Glen Comeragh Park	Let's Play Cork & City Council
Non-Fire Night	Knocknaheeney Nu Farm Pitch	Let's Play Cork & City Council
Play Olympics	Bells Field	Let's Play Cork
Skibbereen Arts Festival	Skibbereen	Let's Play Cork & County Council
Cork on a Fork	Cork City	Let's Play Cork
Together at the Castle	Mallow Castle	Cork County Council
Sportsfest	Tramore Valley Park	Cork City Council
Together at the Fair Green	Midleton	Cork County Council
Play in the Dark	Emmet Place	Let's Play Cork & City Council
Open Streets	Cork City Centre	Cork City Council

Community Event Support (Marketing, Personnel & Equipment Support)

Name	Location	Unit/Main Partner
Tusla Family Event	City	Tusla & Cork City Council
Cork City Council Staff Wellbeing	City Hall	Cork City Council
Bealtaine Festival	Inniscarra	Let's Play Cork & Inniscarra Community
LGBTQI	Cork City Hall	Cork City Council
Festival of Youth Creativity	Marina Park	Let's Play Cork & Cork ETB
Cork Harbour Festival	Haulbowline, Carrigaline	Let's Play Cork & Meitheal Mara
Adrigole Family Resource Centre	Adrigole	Adrigole Community
TUSLA Family Fun Day	Youghal	Tusla
Mahon Family Fun Day	Mahon	Cork City Council
Waterworks - Girl Guides Event	Waterworks	Old Cork Waterworks
CUMH Kids ward	CUMH	Cork Healthy Cities
Community Connections Event	St Finbarr's GAA	Cork City Partnership
MTU Sports Seminar Series	MTU	MTU Cork
Tramore Road Campus Courses Promotion	Tramore Road Campus	Tramore Road Campus
TY Showcase	Páirc Uí Chaoimh	Guerin Media

Community Sport Initiatives (Marketing, Personnel, Venue and Equipment Support)

Name	Location	Unit/Main Partner
Smash it Cricket Camps	Mardyke & Harlequins	Munster Cricket
Community Bike Rides	City & County	Cycling Ireland
Lacrosse Open Sessions	Tramore Valley Park	Cork Lacrosse
Mixed Ability Tag Rub Sessions	Ballincollig Rugby Club	Ballincollig RFC
SIDO networking day	National Sport Campus	Irish Wheelchair Association Sport
Vision Sports Ireland	Kilfinane Outdoor Education and Training Centre	Vision Sports Ireland
Youghal Festival of Sport	Youghal	Cork County Council
Olympic Handball Club Support	Bishopstown	Olympic Handball Ireland
Orienteering Club Events	City & County	Orienteering Ireland
Pickleball Club Support	City & County	Various Cork Communities
Easter Camps	Marina	Rowing Ireland
Surf2heal volunteer training day	Garrettstown Beach	Surf 2 Heal
Triathlon Boost Hub	City & County	Triathlon Ireland
Sister Hub Walk & Talk	Ballycotton	The Sister Hub Aghada
Walking Programmes	Bandon	Bandon FRC
Walking Programmes	Douglas Healthy Club	Douglas Healthy Club
Walking/Active Travel Research participation	Dublin	Get Ireland walking

Marketing and Communication (Signposting & Awareness)

Name	Location	Unit/Main Partner
National Disability Strategy Stakeholder Consultation Event	Clayton Hotel, Cork City	National Disability Authority
Na Loachra Aercha GAA Club	The Glen	Na Loachra Aercha GAA Club
UCC Student CLSP Presentation	UCC Sports Studies	UCC
Walk21 Conference	Lisbon	Get Ireland walking
PATH Symposium	Online	Get Ireland walking
Liam Mc Cancer Survivors Trial Participants	Mardyke	Mardyke, CUMH, HSE
Cork County Council Male Staff Wellbeing Event	Kinsale	Cork County Council
Cork County Council Male Staff Wellbeing Event	Mallow	Cork County Council
GP Trainee	Northside Cork City	Irish College of GPs
West Cork Islands Health Forum	Cape Clear	HSE
Healthy Habits for Children Launch	Ballincollig	HSE





Cork Sports Partnership

Operations Overview

A Year Of Partnership, Participation & Progress

In 2024, Cork Sports Partnership (CLSP) continued to build upon its commitment to develop, support and promote participation in community sport and physical activity Cork City and County. The following section provides a detailed overview of the organisation's operational achievements, demonstrating its strategic approach to delivering on the objectives and actions outlined in the company operational plan.

Collaboration and partnership have served as the foundation of CLSP's work. By engaging with over 90 national and local organisations, including National Governing Bodies, Local Authorities, and Community Groups, CLSP continued to enhance the network of organisations supporting the development and delivery of impactful community sport and physical activity initiatives across Cork. This multi-sectoral approach has enabled the organisation to achieve greater operational efficiency and a higher output of projects that cater for individuals of all ages and abilities.

A key component of this success is the focus on capacity building through training and education. By strengthening the skills and knowledge of coaches, teachers, and community volunteers, CLSP and partners have improved the sustainability of sport and physical activity opportunities at the grassroots level. This empowers partners to effectively deliver programmes and create clear pathways for participation, from recreational activities to structured sports development.

The data, research, and insights gathered from monitoring and evaluation continue play a central role in ensuring the participation projects are not only effective but also represent best practice

CLSP Operations

STRATEGIC OBJECTIVE	
<p>2.1 PARTNERSHIP & COLLABORATION</p>	<p>Develop mutually beneficial partnerships with internal CLSP departments, national governing bodies of sport, state agencies, community organisations, disability service providers, businesses, and local communities to support participation in community sport and physical activity.</p>
<p>2.2 ACTIVE PARTICIPATION</p>	<p>Develop a comprehensive and diverse community sport and physical activity project portfolio with relevant partner organisations to increase opportunities for all ages and abilities to participate in sport and physical activity.</p> <ul style="list-style-type: none"> ▶ Community Sport ▶ Physical Activity ▶ Schools ▶ Disability Inclusion ▶ Engagement Events, Campaigns & Initiatives
<p>2.3 CAPACITY BUILDING</p>	<p>Strengthen and increase the capacity of stakeholder organisations, including national governing bodies of sport, clubs, groups, communities, schools, agencies, and organisations, to deliver suitable community sport and physical activity opportunities for people of all ages and abilities in their respective communities.</p>
<p>2.4 CAPITAL INFRASTRUCTURE & EQUIPMENT</p>	<p>Support and enable the development of suitable physical activity infrastructure & equipment to enhance physical activity opportunities for people of all ages and abilities in Cork.</p>
<p>2.5 RESEARCH, MONITORING & EVALUATION</p>	<p>Work with identified partners to increase research and evaluation opportunities across key CLSP work areas to ensure best practice and inform the future direction of participation opportunities provided by CLSP and partners.</p>

Key Strategic Actions

- ▶ Work with key partners and organisations to identify the participation needs of identified target groups.
- ▶ Support partner organisations to provide sustainable opportunities for people of all ages and abilities to participate in community sport and physical activity.
- ▶ Advocate on behalf of people with a disability and other marginalised groups for improved participation opportunities in community sport and physical activity.
- ▶ Work with key partners and organisations to coordinate evidence-based, best-practice projects, programmes, events, workshops and campaigns.
- ▶ Work with identified partners to develop and provide appropriate educational supports and structures for those involved in local grassroots sport and physical activity delivery.
- ▶ Enable capacity building among partner organisations to improve participation structures and opportunities in community sport and physical activity.
- ▶ Work with identified organisations to prioritise and provide sport and physical activity infrastructure and equipment to enhance participation for all abilities.
- ▶ Work with identified key partners and organisations to monitor, report and evaluate projects to ensure continued improvement and innovation across each sport.



EUROPEAN WEEK OF SPORT BEACTIVE NIGHT TABLE TENNIS

Partnership & Collaboration

Objective 2.1 Partnerships & Collaboration

Develop mutually beneficial partnerships with internal CLSP departments, NGBs, state agencies, community organisations, disability service providers, businesses, and local communities to support participation in sport and physical activity

In 2024, Cork Sports Partnership (CLSP) worked with 92 national and local organisations to develop and deliver community sport and physical activity opportunities. These partnerships, which range from National Governing Bodies to Disability Services, and from Local Authorities to Schools, are the foundation for inclusive, sustainable, and far-reaching projects.

CLSP is committed to developing strong, mutually beneficial partnerships and collaborations that are essential for promoting and supporting sustainable participation in sport and physical activity. The organisation’s goal is to create a unified network of stakeholders to develop participation opportunities by regularly collaborating with internal CLSP departments, NGBs, state agencies, community organisations, multi-sectoral interagency working groups, disability and youth service providers, businesses, and local communities. These partnerships are crucial in developing inclusive and sustainable opportunities for individuals of all abilities to be active across Cork.

In close collaboration with each partner and in alignment with the specific needs of each sport and community, projects and actions are agreed and implemented in line with operational objectives, geographical areas and participant needs. This ensures that initiatives are tailored for with the goal of increasing community engagement and participation in sport.

92 COLLABORATION & PARTNERSHIP

92 organisations or inter-agency working groups engaged with in 2024 to support, develop or promote participation in community sport and physical activity including:

- ▶ 30 National Governing Bodies of Sport
- ▶ 35 Stakeholder Organisations
- ▶ 27 Interagency Working Groups Engaged



/PRIMARY SCHOOLS DAILY MILE

Collaboration– National Governing Bodies

The strategic and sustainable development of community sport at a local level with CLSP is driven by key partnerships.

National Governing Bodies of Sport as well as regional and local structures in respective sports to support, develop and promote participation across all priority target areas of CLSP’s work

In 2024, CLSP worked closely with 30 different

NGB Sport	Engaged	Club & Community	Schools Programmes	Education Workshops	Disability Inclusion	Taster Events	Promotional Campaigns
Angling	✓	✓	✓	✓	✓	✓	✓
Athletics	✓	✓	✓	✓	✓	✓	✓
Badminton	✓	✓	✓	✓	✓	✓	✓
Basketball	✓	✓		✓		✓	✓
Boxing	✓	✓	✓	✓	✓	✓	✓
Canoeing/Kayaking	✓	✓			✓	✓	✓
Cricket	✓	✓	✓	✓	✓	✓	✓
Cycling	✓	✓	✓	✓	✓	✓	✓
GAA	✓				✓		
GAA Handball	✓		✓	✓		✓	
Hockey	✓	✓	✓	✓	✓	✓	✓
IWA Sport	✓		✓		✓		
Ladies Gaelic Football	✓	✓				✓	✓
Martial Arts	✓	✓			✓	✓	✓
Mountaineering/Hillwalking	✓	✓	✓	✓		✓	✓
Orienteering	✓	✓	✓	✓	✓	✓	✓
Road Bowling	✓			✓		✓	
Rowing	✓	✓	✓	✓	✓	✓	✓
Rugby	✓	✓	✓	✓	✓	✓	✓
Sailing	✓	✓		✓	✓	✓	✓
Soccer/FAI	✓	✓	✓	✓	✓	✓	✓
Surfing	✓	✓				✓	✓
Swimming	✓	✓		✓		✓	✓
Table Tennis	✓	✓	✓	✓	✓	✓	✓
Tennis	✓	✓					
Triathlon	✓	✓	✓	✓	✓	✓	✓
Underwater Hockey	✓	✓				✓	✓
Volleyball	✓	✓	✓	✓	✓	✓	✓
Vision Sport	✓			✓	✓		
Get Ireland Walking	✓	✓	✓	✓		✓	✓

Collaboration – Stakeholder Engagement

Collaboration and stakeholder engagement are fundamental to the success of all community physical activity initiatives.

In 2024, CLSP successfully collaborated with 35 different stakeholder organisations from a broad spectrum of sectors, including sport, physical activity, health, community, education, transport,

disability, and business.

This multi-sector approach ensures the development, coordination, and delivery of diverse projects that are impactful and relevant to individuals of all ages and abilities throughout Cork.

Stakeholder Organisations Engaged in 2024

Stakeholder Organisation	Engaged	Project Partner	Promotion	Project Funding Received by CLSP
Sport Ireland	✓	✓	✓	✓
Department of Health	✓			✓
HSE (Multiple Departments)	✓	✓	✓	✓
Cork County Council	✓	✓	✓	✓
Cork City Council	✓	✓	✓	✓
IRD Duhallow CLG	✓	✓		
Avondhu Blackwater Partnership CLG	✓	✓		
West Cork Development Partnership CLG	✓	✓	✓	
Cork Education & Training Board (including Kinsale OEC)	✓	✓	✓	✓
Get Ireland Walking	✓	✓	✓	✓
Munster Technological University (MTU)	✓	✓	✓	
Healthy Ireland	✓	✓	✓	✓
Cork City Partnership	✓	✓	✓	
Boston Scientific	✓	✓		✓
Fitwalk Ireland	✓	✓		
Age & Opportunity	✓	✓	✓	
University College Cork (UCC)	✓			
Leisureworld Cork	✓	✓	✓	
Mardyke Arena	✓	✓	✓	
Meitheal Mara	✓	✓	✓	
Cork Disability Services	✓	✓	✓	
Irish Heart Foundation	✓		✓	
Health Action Zone	✓			
South East Cork Area Development (SECAD)	✓			
Mayfield Sports Complex	✓	✓		
Glen Resource Centre	✓	✓		
Niche Health Project	✓	✓		
Killeagh Inch Community Council	✓		✓	
Cork Chamber of Commerce	✓	✓		
TUSLA	✓	✓		
Cork University Hospital	✓			
Green Schools	✓			
Nano Nagle Lantern Project	✓			
Mental Health Ireland	✓	✓		
Irish College of GPs	✓			

Collaboration - Interagency Engagement

In 2024, CLSP actively participated in 27 interagency working groups, networks, and forums across the city and county.

This has presented CLSP with the opportunity to regularly engage with a diverse range of stakeholders from sectors including education, health, local government, community organisations, and private enterprises on a regular basis to enhance opportunities for physical activity for

priority target groups across Cork.

This collaborative model ensures that initiatives are not only inclusive and responsive to community needs but also sustainable and far-reaching.

Considerable focus was placed on priority demographics such as older adults, youths, and people with disabilities to maximise opportunities for these key target groups.

Interagency Working Groups Engaged in 2024

Interagency Groups	Engaged 2024
National Active Cities Working Group	✓
National Physical Activity for Health Working Group	✓
National LSP Communications Network	✓
WellComm Active Working Group	✓
Let's Play Cork Working Group	✓
Cork City Community Response Forum	✓
Cork Athletics Development Officer Steering Group	✓
Cork City Rugby Outreach Project Steering Committee	✓
Bantry Community Sports Hub	✓
MTU Track Committee	✓
Cork City International Sports	✓
Transport & Mobility Forum	✓
Bike Week Cork Committee	✓
Glen Networking Group	✓
Knocknaheeny/Holyhill Networking Group	✓
Farranree/Churchfield Networking Group	✓
Northside Interagency Network	✓
Get Cork Walking Stakeholder Group	✓
Cork Blueway's Working Group	✓
Active Islands Working Group	✓
Cork Age Friendly City & County	✓
Sláintecare Healthy Communities Networking Group	✓
Sláintecare Integration Fund Networking Group	✓
Cork Home School Community Liaison Network	✓
Cork Cycling Campaign	✓
Cork Athletics County Board	✓
Irish Universities Athletics Association	✓

Case Study

COLLABORATION & PARTNERSHIP



Get Cork Walking Project 2024 – Partnership in Action Across Cork

PARTNERS: Get Ireland Walking, local and regional stakeholder organisations.

AIM: To work in partnership with Get Ireland Walking and a wide network of stakeholders to promote and enhance walking initiatives, build sustainable collaborations, and create a model that can be replicated across Ireland.

OBJECTIVES

- Engage with local, regional, and national stakeholders who share a common interest in promoting walking.
- Develop strategic policy documents, including action plans and charter, to guide long-term collaboration.
- Promote the project through local, national, and international platforms, showcasing the impact of the work.
- Contribute to academic research on a systems approach to walking in Ireland.
- Support and strengthen existing walking programmes, campaigns, and community initiatives in Cork.

TARGET GROUP Walking Stakeholders in Cork

IMPLEMENTATION STEPS

- ENGAGE** – Engage with Get Ireland Walking, local authorities, community organisations, health bodies, and academic institutions to coordinate activities and grow the stakeholder network.
- PLAN** – Develop a Charter, an Action Plan (2025–2028), and a strategic framework to ensure alignment with local and national priorities, drawing on stakeholder input.
- PROMOTE** – Highlight the project through campaigns, events, and presentations, forums.
- DELIVER** – Coordinate a wide variety of walking events, programmes, training courses, and campaign with partners.
- REVIEW** – Conduct regular stakeholder meetings, quarterly updates, and project evaluations & research.

OUTPUTS

- 38 STAKEHOLDERS** – 38 stakeholders engaged across 3 stakeholder networking meetings in 2024.
- 1 ACTION PLAN & CHARTER** – Get Cork Walking collective action plan for walking and charter launched.
- 6 EVENTS & CAMPAIGNS** – 6 national and local campaigns were delivered in 2024 to promote walking, including National Walking Week, Cork Walking Week and local themed walking events and challenges, e.g. Step into Spring Walking Challenge, West Cork Walk Series.
- 29 PROGRAMMES** – 31 walking programmes were delivered as part of the project, including 14 Active Community Walking programmes, 2 Woodlands for Health programmes and 15 Activator Poles programmes delivered.
- 10 WORKSHOPS** – 10 training and education courses/programmes were delivered, including Walk Your Way workshops, Activator Poles and Mountain Skills.

OUTCOMES

- Strengthened a cross-sector stakeholder network, connecting partners from sport, health, education, transport, community development, and research.
- Supported the integration of walking into diverse sectors, creating lasting partnerships and aligned action.
- Enhanced visibility and accessibility of walking opportunities across Cork City and County.
- Developed a replicable template for other counties, influencing walking promotion nationally.

FEEDBACK

“The Get Cork Walking project is a fantastic initiative that unites key partners across Cork to promote walking as an inclusive, accessible, and enjoyable activity for all.” Stakeholder

“It is fantastic to be part of a group that connects everyone involved in promoting and participating in walking in Cork. It’s been the perfect opportunity to make new connections and partnerships and keep on top of all the latest walking events happening in the city and county.” Stakeholder



Case Study



COLLABORATION & PARTNERSHIP



Building Community Through Soccer – Partnership in Action

PARTNERS: Cork Education and Training Board, FAI, Killarney Immigrant Support Centre (KASI), Tusla, Cork City FC.

AIM: To provide weekly soccer coaching for young residents of a Direct Provision centre, creating a safe and inclusive environment where boys and girls aged 8–16 could develop their skills, improve their well-being, and build connections through sport.

OBJECTIVES

- ▶ Develop a strong partnership between stakeholder organisations working to support International Protection Applicants in Cork.
- ▶ Recruit and fund qualified coaches to deliver consistent, high-quality weekly sessions.
- ▶ Engage children and families in the Direct Provision centre, with KASI building trust and encouraging participation.
- ▶ Promote inclusion by ensuring boys and girls of all ages can access tailored sessions.
- ▶ Support parents by providing supervised physical activity opportunities for their children.
- ▶ Celebrate participation and skill development through a community soccer tournament.

TARGET GROUP International Protection Applicants, Stakeholder Organisations

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with organisations working with international protection applicants in the Millstreet area including Cork ETB, FAI, Cork City FC, Tusla, and KASI to discuss support.
- ▶ **PLAN** – Agree a suitable project plan and define partner roles and responsibilities. i.e. 2 x 8-week blocks, with three weekly sessions tailored to different groups (boys 8–12, boys 13–16, girls 8–16) and a culmination event.
- ▶ **PROMOTE** – KASI engage directly with families and programme participants within the centre to encourage participation, while CLSP and partners highlight the programme’s inclusive aims.
- ▶ **DELIVER** – Deliver 144 sessions across 16 weeks on-site in the accommodation centre, using FAI/ Cork City FC coaches and equipment and organise a celebration tournament in local community facility to promote integration.
- ▶ **REVIEW** – Review meeting with outputs and outcomes reviewed collectively by partners, highlighting the success of the model and opportunities to replicate in other centres across Cork.

OUTPUTS

- ▶ **6 PARTNERS** – 6 partner organisations actively involved in the development of the project.
- ▶ **90 PARTICIPANTS** – 90 children engaged in the weekly sessions. (68 boys, 22 girls)
- ▶ **144 SESSIONS** – In total 144 football sessions were delivered across the 16 weeks.
- ▶ **1 CULMINATION EVENT** – 81 children (78 boys, 3 girls) took part in the end-of-programme tournament.

OUTCOMES

- ▶ Increased physical activity and improved health and well-being among children aged 8–16.
- ▶ Enhanced soccer skills, teamwork, and confidence across all groups.
- ▶ Celebration tournament strengthened connections between three centres, fostering community spirit.
- ▶ Strong partnership model developed, demonstrating the impact of collaboration between statutory bodies, sports organisations, and community groups.

FEEDBACK

“The programme showed the benefits of organisations with the same goal collaborating together. The ability to pool resources such as funding, staff and knowledge led to more being done in an area of the county that so often gets forgotten about”. Project Partner



Active Participation

Objective 2.2 Active Participation

Develop a comprehensive and diverse community sport and physical activity project portfolio with relevant partner organisations to increase opportunities for all ages and abilities to participate in sport and physical activity.

These participation opportunities were organised and delivered in conjunction with key partners across 5 priority areas.

- 1 Community Sport
- 2 Physical Activity
- 3 Schools
- 4 Disability Inclusion
- 5 Engagement Events
- 6 Campaigns

 **57,409**

2024 ACTIVE PARTICIPATION

57,409 people took part in CLSP active participation opportunities in 2024, including:

- ▶ 11,900 in programmes (Community Sport, Physical Activity, Schools & Disability Inclusion)
- ▶ 34,627 in events (Mass Participation Events & Campaigns)
- ▶ 10,882 in self-led initiatives and challenges

165 active participation projects coordinated with 4,948 active participation sessions were delivered

1,386 different opportunities to participate, including 610 programmes, 762 events and 14 initiatives



SPLASH & DASH

AREA 1 Community Sport

The Community Sport pillar, as an integral component of the Active Participation objective, has been highly successful in providing sustainable, multi-session engagement opportunities for individuals across all ages and abilities.

In 2024, Cork Sports Partnership (CLSP) achieved these outcomes through strategic collaboration with key partners, focusing on the development, coordination, and capacity enhancement of club and community organisations.

These concerted efforts were specifically directed towards the delivery of sports-focused opportunities for targeted demographic groups within their respective communities

COMMUNITY SPORT
 **3,673**
ACTIVE PARTICIPANTS

- ▶ **25** sports supported
- ▶ **55** projects developed
- ▶ **206** programme opportunities coordinated
- ▶ **1,182** sessions delivered

Community Sport Highlights

MULTI-SPORT – SPORTS ON THE GREEN

576 children took part in 48 multi-sport camps across Cork City in conjunction with Cork City Council, Football Association of Ireland, Cork GAA, and Munster Cricket. Activities included soccer, cricket, athletics and gaelic games.

ATHLETICS – COUCH TO 5K PROGRAMME

261 adults took part in 11 Couch to 5k programme in conjunction with Athletics Ireland. The 8-week programmes took place in Leisureworld Bishopstown, Ballincollig, Glanmire, Whitechurch, Dunmanway, Innishannon, Kanturk, Turners Cross, Glanworth, Kinsale and Macroom.

SOCCER – WOMEN’S SOCIAL SOCCER PROGRAMME

392 women took part in 14 10-week social soccer programmes in conjunction with Football Association of Ireland. The programmes took place in Bishopstown, Carrigaline, Carrigtwohill, Kilworth and Macroom.

LACROSSE – INTRO TO LACROSSE PROGRAMME

68 adults took part in 4 Intro to Lacrosse programmes in conjunction with Cork Lacrosse. The programmes focused on the fundamentals of Lacrosse and took place over a 6-week period in Tramore Valley Park.

SWIMMING – SWIMMIN WOMEN PROGRAMME

137 women took part in 6 Swimmin Women programmes. The 6-week programmes took place in Leisureworld Bishopstown and Carrig na Bhfear outdoor pool.

PICKLEBALL – SOCIAL PICKLEBALL PROGRAMME

342 adults took part in 14 Pickleball programmes in conjunction with Pickleball Ireland. Programmes took place in Bandon, Bantry, Blackrock, Bishopstown, Blarney, Cobh, Inniscarra, Kanturk, Kilbrin, Kinsale, Midleton and Mitchelstown.

TENNIS – TRY TENNIS PROGRAMME

214 adults took part in 25 beginners Try Tennis programmes in conjunction with Tennis Ireland, Munster Tennis, local clubs, and community facilities. The 6-week programmes took place in Dromohane, Kerry Pike, Lakewood and Newmarket.



SWIMFEST YOUGHAL



Sports on the Green

PARTNERS: Cork City Council, Football Association of Ireland, Cork GAA, Munster Cricket.
AIM: To provide children from priority target groups & disadvantaged communities across Cork City with the opportunity to participate in a multi-sports camp at identified green areas in the community.

OBJECTIVES

- ▶ To build partnerships with stakeholder organisations & communities through a targeted social inclusion project.
- ▶ To engage with target groups to better understand their needs.
- ▶ To provide children from identified target groups with an opportunity to be active through community sport.
- ▶ Create awareness of participation pathways and local city amenities among communities & participants.
- ▶ To activate city spaces with targeted campaigns & engagement opportunities.

TARGET GROUP Children aged 5-14

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with identified partner organisations to develop a social inclusion project through community sport.
- ▶ **PLAN** – Agree roles & responsibilities for the project with partners including timelines, format, target groups, resource requirement, budget, duration, promotion etc.
- ▶ **PROMOTE** – Develop a targeted recruitment campaign delivered through the Community Department in Cork City Council and other organisations to identify priority groups & areas for delivery.
- ▶ **DELIVER** – Coordinate a series of 4-day taster sessions in soccer, cricket, gaelic games & athletics for over an 8-week period in the summer.
- ▶ **REVIEW** – Review project with partners & gather feedback from community liaisons and participants

OUTPUTS

- ▶ **576 PARTICIPANTS** – 576 children took part in the project in 2024, including asylum seekers, refugees, traveller groups, roma groups, children experiencing homelessness & youth groups.
- ▶ **48 LOCATIONS** – The programme was delivered in 48 locations across Cork City over an 8-week period and included housing estates, local parks & public green areas.
- ▶ **192 SESSIONS** – 192 sessions were delivered as part of the project in 2024.

OUTCOMES

- ▶ Increased access to physical activity for priority target groups in the city.
- ▶ Improved collaboration between stakeholder organisations working on the project.
- ▶ Improved engagement with priority target groups through sport.
- ▶ Increased positive media coverage for physical activity.
- ▶ More at-risk young people active in the community.
- ▶ Other delivery partners requested to be involved in future projects.

FEEDBACK

“The girls had a great time, thanks to all the fab coaches”
“My son had so much fun taking part in the cricket activities which he never played before”
“The excitement on the kids’ faces seeing the different coaches coming into our estate was great to see”



Case Study



Try Tennis Programmes

PARTNERS: Tennis Ireland, Munster Tennis, Local Clubs (Dromohane, Kerry Pike, Lakewood and Newmarket).

AIM: To provide people of all ages and abilities with the opportunity to play tennis in their local community tennis courts in a fun and supportive environment.

OBJECTIVES

- ▷ To coordinate a community-based tennis programme for women.
- ▷ To provide a new physical activity opportunity for women in their local community.
- ▷ To provide a quality instructor-led programme to introduce the sport of tennis.
- ▷ To promote tennis as a form of physical activity.
- ▷ To increase the number of women, men and youth playing tennis in Cork.
- ▷ Provide additional opportunities for continued participation in tennis after the programme.

TARGET GROUP Adults, Men, Women, Youth, Community Tennis Courts

IMPLEMENTATION STEPS

- ▷ **ENGAGE** – Identify & engage with key partners (Munster Tennis, Tennis Ireland, local community facilities)
- ▷ **PLAN** – Plan & agree suitable programme including timelines, capacity, equipment, duration, delivery method & participation pathways.
- ▷ **PROMOTE** – Develop a marketing campaign to create awareness & recruit participants including targeted social media campaigns, PR, email & word of mouth through CLSP networks.
- ▷ **PILOT** – 6 weekly coach led sessions in community court with 2 groups of participants.
- ▷ **REVIEW** – Review pilot programme with participants & key partners.

OUTPUTS

- ▷ **214 PARTICIPANTS** – 214 people took part in introductory programmes in 2024.
- ▷ **25 PROGRAMMES** – 25 x 6-week programmes delivered in the community.
- ▷ **150 SESSIONS** – 150 introductory sessions were delivered as part of the project.
- ▷ **4 COMMUNITY VENUES** – The programme was delivered in 4 community tennis courts in 2024, including Dromohane, Kerry Pike, Lakewood and Newmarket.

OUTCOMES

- ▷ Increased opportunity to play tennis in the community.
- ▷ Increased engagement between CLSP, partners & local communities.
- ▷ Improved participation pathways developed through social tennis.
- ▷ Strategic development of tennis in a community setting.
- ▷ Increased promotion of local amenities.

FEEDBACK

“Great introduction to tennis! The coach was very patient with us all and so helpful, we didn’t want it to finish”.

“The programme was so much fun, I feel so much more confident now. I am now looking to join the club with others from the programme!”

“Perfect for anyone starting, I would recommend this programme to anyone looking to start tennis”.



AREA 2 Physical Activity

Physical activity is fundamental to maintaining overall health and well-being, enhancing quality of life, and mitigating the risk of chronic diseases.

In 2024, Cork Sports Partnership (CLSP) continued its collaborative efforts with local partners and stakeholders to strategically design and deliver initiatives that cultivate meaningful opportunities for individuals to be physically active within their communities.

The programmes and interventions were specifically tailored to encourage engagement from individuals across diverse demographics who are not routinely active, by providing them with a supportive and enjoyable environment.

Through these concerted collaborative efforts, CLSP has demonstrably increased participation, thereby ensuring all community members have access to inclusive and engaging opportunities to maintain an active lifestyle.

PHYSICAL ACTIVITY
 **2,238**
ACTIVE PARTICIPANTS

- ▶ **21** projects developed
- ▶ **243** programme opportunities coordinated
- ▶ **2,193** sessions delivered

Physical Activity Highlights

STAYING FIT FOR THE FUTURE – BETTER BALANCE

1,145 people took part in 163 programmes across 3 terms in 2024. The programme provides older adults with a structured physical activity programme to improve strength and balance. In total, 2,781 registrations were received for classes across the 33 locations in Cork. The 10-week programmes took place in Aughadown, Ballinacorney, Ballineen, Ballintotis, Bandon, Bantry, Blarney, Caheragh, Carrigaline, Carrigtwohill, Charleville, Clonakilty, Cobh, Crookstown, Darrara, Douglas, Dunmanway, Fermoy, Glanmire, Gurranabraher, Kilmurry, Kinsale, Lisavaird, Mahon, Mallow, Middleton, Millstreet, Newmarket, Riverstick, Togher, Union Hall, Whitechurch, and Youghal.

START TO MOVE

193 people took part in 16 programmes in 2024. The 8-week programme supports people to start exercising, lose weight and improve their overall health. Programmes took place in Aghada, Ballyphehane, Bishopstown, Blackpool, Gurranabraher, Killeagh, The Glen and Whitechurch.

FUNFIT

100 children took part in 5 FunFit programmes across 2 terms in 2024. The programme supports children on HSE waiting lists by providing a positive experience of physical activity through an appropriate, fun-based group programme that develops fundamental movement skills. The 10-week referral-only programmes took place in Clonakilty, Douglas and Farranree in collaboration with the HSE in 2024.

ACTIVATOR POLES

130 people took part in 9 Activator Pole programmes in 2024. Activator poles are an adaptation of Nordic Walking poles and have been developed by Canadian therapists to promote balance and improve mobility. The 8-week programmes were delivered in Ballinacorney, Farranree and Hollyhill.

MEN ON THE MOVE

145 men took part in Men on the Move (MOTM) programmes supported by CLSP in 2024. MOTM is a physical activity programme that is aimed at adult men to get more active, have fun, and improve fitness levels. The 8-week programmes took place in Ballineen, Cloughduv, and Inniscarra, with a variety of activities delivered across the three sites.

WOMEN IN THE OUTDOORS

18 women took part in the 12-week leadership programme in 2024. Participants took part in a variety of different modules aimed at building knowledge and confidence to take part in and lead outdoor activities. Modules included walk leader training, mountain skills, first aid, bushcraft skills, currach rowing and kayaking.

FIND YOUR FEET

54 people accessing Cork ARC Cancer Support Services in Bantry took part in the Find Your Feet programme supported through the Bantry Sports Hub in 2024. Designed specifically for individuals with a lived experience of cancer, the programme offered a range of different exercise classes, activator walking pole sessions, kayaking, and other fun, social engagements to participants.





Staying Fit for the Future – Better Balance

PARTNERS: HSE Health Promotion & Improvement Division, HSE Physiotherapy Department.

AIM: To provide older adults with a structured physical activity programme to improve strength and balance as well as their general aerobic fitness.

OBJECTIVES

- Collaborate with HSE physios, health promotion staff & community partners to develop a suitable programme of activity for older adults.
- Plan, coordinate & deliver programmes in community facilities across Cork.
- Improve strength & balance, range of movement, flexibility, bone strength, muscle power & fall prevention among older adults through a progressive 10-week programme.
- Provide older adults with access to additional opportunities to get active in a supportive environment.
- Promote and support active living, encourage and empower people to live healthy lives independently in their own communities.

TARGET GROUP Older Adults

IMPLEMENTATION STEPS

- ENGAGE** – Engage with programme partners to agree tutor training and annual programme schedule across Cork’s 11 Community Health Networks.
- PLAN** – Plan, agree & finalise programme schedule including timelines, capacity, venues, duration & resources.
- PROMOTE** – Develop a campaign to recruit participants to register for the programmes, including partner organisations, tutors, PR, email, word of mouth through relevant networks, as well as targeted online methods.
- DELIVER** – Coordinate the delivery of programmes, including assigning CLSP tutor, liaising with facilities & participants throughout the 10 weeks.
- REVIEW** – Review programmes with partners, tutors and participants.

OUTPUTS

- 1,145 PARTICIPANTS** – 1,145 adults aged between 53 and 91 years participated in the programme in 2024.
- 163 PROGRAMMES** – 163 x 10-week programmes were delivered across 3 terms.
- 1,630 SESSIONS** – 1,630 sessions were delivered across all programmes.
- 32 LOCATIONS** – Programmes were delivered in 32 community facilities in 2024.

OUTCOMES

- Increased opportunities for older adults to stay active in their local community.
- Strategic approach to the development of older adult support programmes.
- Collaboration between CLSP, HSE Health Promotion & Improvement Division & Cork Physiotherapy Department.
- Increased use of local community facilities

FEEDBACK

“I have learned how specific exercises improve my strength. I am more conscious of how important exercise is for my health and wellbeing. I have made lots of new friends”.

“With gentle and supportive guidance my physical fitness and balance have improved greatly. I love participating as it’s great for my overall health”.

“I think this is a fantastic programme and the facilitator is excellent. I am thrilled to have joined it”.



Case Study



Women in the Outdoors Programme 2024 – Empowering Women to Lead Outdoor Activities in Cork

PARTNERS: Mountaineering Ireland, Ballyhass Adventure Group, Orienteering Ireland, Kinsale Outdoor Education Centre, ComplyPro, and the Irish Heart Foundation.

AIM: To build the capacity of women to lead and encourage greater participation in outdoor activities through a suite of practical and theoretical workshops, creating confident, skilled leaders for the community.

OBJECTIVES

- ▶ Deliver a blended learning programme combining theory and practical modules, both online and in-person.
- ▶ Develop leadership skills for outdoor settings.
- ▶ Increase women's confidence in supporting others to access outdoor physical activity.
- ▶ Create pathways for further training, education, and club development.
- ▶ Strengthen connections between women participants and outdoor activity providers.

TARGET GROUP Women

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Partnered with six key organisations, including Mountaineering Ireland, Ballyhass Adventure Group, Orienteering Ireland, Kinsale Outdoor Education Centre, ComplyPro, and the Irish Heart Foundation to deliver specialised modules.
- ▶ **PLAN** – Designed a seven-module programme covering navigation, safety, camp craft, disability inclusion, orienteering, sports first aid, walk leader training, and paddle sports.
- ▶ **PROMOTE** – Launched the programme in August 2024 during HER Outdoors Week, promoting via Cork Sports Partnership networks, social media, and partner channels.
- ▶ **DELIVER** – Ran monthly modules from September to November 2024, supported by guided hill walks led by past programme participants.
- ▶ **REVIEW** – Collected participant feedback, reviewed module delivery, and explored adapting the programme model for youth groups in 2025.

OUTPUTS

- ▶ **6 PROJECT PARTNERS** – 6 project partners engaged in the coordination of the project.
- ▶ **18 PARTICIPANTS** – 18 women took part in the programme with CLSP in 2024.
- ▶ **7 MODULES** – Modules delivered included Mountain Skills, First Aid, Disability Inclusion, Orienteering, Kayaking, Camp Craft and Currach Rowing.

OUTCOMES

- ▶ Strengthened relationships between Cork Sports Partnership and outdoor activity partners.
- ▶ Increased leadership capacity among women in Cork for outdoor activities.
- ▶ Development of skilled leaders who can support future Cork Sports Partnership outdoor events.
- ▶ Enhanced promotion of local amenities and walking routes.
- ▶ Potential to replicate the model for youth and community groups.
- ▶ Raised CLSP's profile in outdoor activity development and promotion.

FEEDBACK

The Women in the Outdoors Programme was a fantastic experience... I would highly recommend the course to any woman interested in furthering outdoor skills."

"I loved the course; it has given me more confidence in planning and leading walks."

"A great way to connect with like-minded women and build my confidence leading my family and friends in outdoor activities."



AREA 3 Schools

The enhancement of school capacity to provide additional physical activity opportunities for children remains a core strategic focus for CLSP.

In 2024, this objective was advanced through the implementation of a comprehensive suite of targeted measures. These initiatives included structured engagement programmes, the facilitation of club-school link projects, the provision of teacher upskilling workshops, and the coordination of large-scale participation events.

These efforts were undertaken in strategic collaboration with a wide array of partner organisations, thereby ensuring a broader approach to physical literacy development within the educational system.

SCHOOLS
 **4,755**
ACTIVE PARTICIPANTS

- ▶ **10** sports supported
- ▶ **15** school projects developed
- ▶ **127** programme opportunities coordinated
- ▶ **613** sessions delivered

PRIMARY SCHOOLS DAILY MILE

School Highlights

CYCLING – CYCLE RIGHT

1,593 children from 49 primary schools took part in the 6-session Cycle Right programme subsidised by Cork City Council and Cork County Council. Participants learn on-bike skills, balance, braking, signalling, and safe cycling techniques during the progressive programme. Helmets, bikes, and resources are provided to participants for the duration of the programme.

CRICKET – PRIMARY SCHOOLS CRICKET PROGRAMME

64 children from 2 schools took part in a 5-week introductory cricket programme in conjunction with Munster Cricket. Children learn the basics of cricket with equipment provided to the school to continue beyond the initial engagement programme. Schools in 2024 included Gaelscoil an Chasilean and Scoil Ghleanna Maghair lochtaraigh

ROWING – BADOIREACHT PROGRAMME

48 Transition Year students from 4 schools took part in a TY Badoireacht programme learning how to currach row. Schools involved in the programme in 2024 were St Patricks College, Terence McSwiney Community College, Scoil Bernadette Special School and St Mary's Macroom. Participants engaged in activities like rowing currach's, sailing, building boats, and woodcraft.

HOCKEY – CLUB SCHOOL LINK PROGRAMME

120 children participated in two club-school link programmes in collaboration with Irish Hockey and Midleton Hockey Club in 2024 including 72 boys and 48 girls. The 5-week programme aimed to develop and strengthen the relationship between Midleton Educate Together, John the Baptist School and Midleton Hockey Club and encourage more young people to join the club.

LACROSSE – SCHOOLS INTRO TO LACROSSE

70 children from 2 secondary schools took part in a 2-session introduction to lacrosse programme in conjunction with Cork Lacrosse. Schools included in the programme for 2024 were Bishopstown CS and Colaiste Choilm Ballincollig.

ATHLETICS – PRIMARY SCHOOL ATHLETICS PROGRAMME

1,680 children from 42 primary schools, including 6 special schools, participated in a 4-week Introduction to Athletics, culminating in an end-of-programme blitz and resource pack for the schools involved. A total of 168 tutor led sessions were delivered as part of the programme.

Case Study



Cork Primary School Athletics Programme

PARTNERS: Athletics Ireland, Munster Technological University.

AIM: To introduce primary school children to the sport of Athletics in a school setting through a fun and interactive tutor-led and teacher-supported programme.

OBJECTIVES

- ▶ Coordinate a 4-week introductory athletics programme for Cork primary schools.
- ▶ Provide an opportunity for Cork schools to try a fun new sport in a supportive environment.
- ▶ Provide quality tutor-led fundamental movement sessions through athletics.
- ▶ Provide additional opportunities for continued participation in athletics beyond the programme.
- ▶ Build the capacity of schools and teachers to deliver athletics as part of their physical activity offering.
- ▶ Create and promote participation opportunities in athletics for children.

TARGET GROUP Children, Teachers, Primary Schools, Special Schools

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Identify and engage with clubs, tutors, and schools to develop a school-based programme of athletics.
- ▶ **PLAN** – Plan & agree suitable programme including timelines, capacity, essential equipment, duration, and delivery method.
- ▶ **PROMOTE** – Develop a marketing campaign to recruit schools to take part in the programme including targeted social media campaigns, leaflet drops, email & word of mouth through partner networks.
- ▶ **DELIVER** – Arrange delivery of 4-week engagement programme in 34 primary schools across Cork. Provide equipment and resources to school to support continued participation beyond the engagement programme.
- ▶ **REVIEW** – Gather feedback from partners, tutors, and schools to review programme participants.
- ▶ **REVIEW** – Collected participant feedback, reviewed module delivery, and explored adapting the programme model for youth groups in 2025

OUTPUTS

- ▶ **1,680 PARTICIPANTS** – 1,680 primary school children took part in the programme in 2024, which aimed to progressively introduce participants to the fundamentals of Athletics (run, jump, throw) over 4 weeks.
- ▶ **42 SCHOOLS** – 42 Cork primary schools across Cork took part in the project.
- ▶ **42 RESOURCE PACKS** – Each school received an equipment pack and training resources to continue athletics outside of the programme. This included hurdles, shots, javelins, discus, and batons.
- ▶ **6 REGIONAL BLITZES** – The programme was split into 6 regions for 2024. North Cork, East Cork, West Cork, Cork City South, Cork City North, and Special Schools.
- ▶ **168 SESSIONS** – 168 sessions were delivered as part of the project

OUTCOMES

- ▶ Increased awareness of athletics.
- ▶ Increased opportunity for children to get active through athletics in schools.
- ▶ Stronger working relationships between partners.
- ▶ Increased capacity of schools to deliver athletics in schools beyond the programme.

FEEDBACK

“This programme is made for a special school like ours. It includes everyone, and the teachers & pupils have learned so much from it. Thanks again for coming to visit us each week.”

“What a great day we had in MTU! They had so much fun that they were falling asleep on the bus back to school. Thanks again for organising a great time for us”

“The sessions with Annette were totally different to anything our school had before. They were only as competitive as the students made them out to be. The same amount of time given to every pupil. Thanks again to Cork Sports Partnership for having us on the programme this year. We will be back!”



Case Study



Cork Primary Schools Cycle Right Programme

PARTNERS: Cork City Council, Cork County Council, Cycling Ireland, Cycling Ireland approved tutors.

AIM: To equip pupils with the knowledge and skills to cycle safely and confidently on the road programme.

OBJECTIVES

- ▶ Coordinate a 6-week cycling skills and safety programme for Cork primary schools throughout Cork.
- ▶ Provide an opportunity for Cork schools to engage in cycling in a supportive and structured environment.
- ▶ Deliver quality tutor-led sessions focusing on practical skills like bike handling, signalling and manoeuvring for various road conditions.
- ▶ Support children to develop confidence and independence on the bike.
- ▶ Build the capacity of schools and teachers to deliver cycling skills beyond the programme.
- ▶ Create and promote continued participation opportunities in cycling for children at school, community, and club levels.
- ▶ To boost students' confidence in their cycling abilities, enabling them to navigate the road system safely and independently

TARGET GROUP Primary School Children – 3rd to 6th Class

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with Cork City Council and Cork County Council to provide a subsidy for cycling training for agreed number of schools annually. Engage with Cycling Ireland qualified tutors with allocation of schools.
- ▶ **PLAN** – Plan & agree on a suitable programme, including timelines, capacity, essential equipment, duration, and delivery method.
- ▶ **PROMOTE** – Develop a promotional campaign to recruit schools to take part including targeted social media content, email newsletter & word of mouth through partner networks.
- ▶ **DELIVER** – Arrange delivery of the programme in schools, including on-bike skills, balance, braking, signalling, and safe cycling techniques. Provide helmets, bikes, and resources where needed.
- ▶ **REVIEW** – Collect feedback from tutors, schools, and participants to measure success and identify improvements for future cycling programmes

OUTPUTS

- ▶ **1,593 PARTICIPANTS** – 1,593 primary school children took part in the programme in 2024.
- ▶ **49 SCHOOLS** – 49 schools took part in the programme in 2024.
- ▶ **294 SESSIONS** – 294 cycling sessions were delivered to schools as part of the programme

OUTCOMES

- ▶ Increased awareness and confidence in cycling among primary school children.
- ▶ Improved bike handling, safety awareness, and independence in young cyclists.
- ▶ Stronger partnerships between Cork Sports Partnership, schools, and local cycling tutors.
- ▶ Greater capacity in schools to support ongoing cycling skills development.
- ▶ Increased pathways for children to engage in cycling clubs and community initiatives.

FEEDBACK

“The children really enjoyed learning cycling skills every week – their confidence has grown so much.”

“Many of our pupils couldn’t cycle at the start, and now they are riding independently.”

“The programme was so well structured and gave us ideas to keep cycling going in our school.”

“Parents told us their children were practicing at home every evening – they were so motivated by the sessions”.

“Cycling is such a life skill. This programme has given the children a foundation they will use forever”.



AREA 4 Disability Inclusion

A central priority across all CLSP strategic goals is to ensure individuals with disabilities have equitable access to regular and meaningful community sport and physical activity opportunities.

In 2024, CLSP engaged in collaborations with national and community organisations across Cork to coordinate and deliver a dynamic range of community-based opportunities for people with disabilities.

This was achieved through the implementation of a diverse suite of initiatives, including engagement programmes, inclusive club and group development projects, and promotional campaigns, all of which served to support greater inclusion and participation.

DISABILITY INCLUSION

♿ 1,234

ACTIVE PARTICIPANTS IN DISABILITY SPECIFIC PROJECTS

- ▶ **12** sports/activities supported
- ▶ **16** projects developed
- ▶ **34** programme opportunities coordinated
- ▶ **177** sessions delivered

Disability Inclusion Highlights

ATHLETICS – REBEL RUN A MILE CHALLENGE

742 people, including 560 people with disabilities and 182 Service staff, took part in the Rebel Run a Mile Challenge in 2024. Four Disability Services took part in this year's programme included Brothers of Charity, CoAction – West Cork, St. John of God's Kerry, St. Joseph's Foundation, and Horizons.

CYCLING – LEARN TO CYCLE PROGRAMME

44 participants took part in 6 inclusive Learn to Cycle programmes. The 5-week programmes took place Ovens and Bantry in 2024. Participants learned how to balance, brake, signal as well as techniques to manage and control the bike during the progressive programme

INCLUSIVE OUTDOOR GYMS PROGRAMME

28 adults attending day services in Horizons Disability Service took part in a 3-session introductory programme to outdoor gym equipment and exercise. Programmes were held in Meelick Park, Murphy's Farm, Clashduv Park in Cork City in 2024.

SOCCER – CP SOCCER ACADEMY

15 children with Cerebral Palsy took part in a 12-week soccer programme supported by CLSP, FAI, Douglas Hall Soccer Club and Enable Ireland. The programme offered weekly soccer sessions to participants and acted as a hub for the Munster Academy for CP soccer.

ORIENTEERING – STRIDE & SEEK PROGRAMME

17 disability service users participated in a pilot Stride and Seek project with Orienteering Ireland. The pilot took place in Tramore Valley Park and provided participants with the opportunity to become familiar with an orienteering map, practice orienteering skills, and walk through an orienteering course in a supportive environment.

OUTDOOR WATER SPORT INCLUSIVE CAMPS

39 young people with disabilities were supported to take part in outdoor watersports camps in conjunction with Kinsale Outdoor Education Centre in 2024. The camps provided opportunities for primary school and post-primary school students with disabilities to take part in water sports for the first time, supported by experienced tutors and staff.



REBEL RUN A MILE CHALLENGE

Case Study


**DISABILITY
INCLUSION**


Inclusive Outdoor Gym Programme – Opening Up Outdoor Gyms

PARTNERS: Cork City Council, Horizons Disability Service.

AIM: To increase opportunities for people with disabilities to participate in physical activity by raising awareness of outdoor gyms as free, accessible facilities, and by supporting staff in disability services and special schools to use this equipment effectively with their service users.

OBJECTIVES

- ▶ Collaborate with Cork City Council, disability services, and schools to pilot an inclusive outdoor gym programme.
- ▶ Provide practical training and support to staff on the use of outdoor gym equipment.
- ▶ Deliver tailored sessions for adults with disabilities to promote confidence, enjoyment, and regular use of community-based facilities.
- ▶ Encourage long-term participation by linking services with local outdoor gym amenities near their community hubs.
- ▶ Promote outdoor gyms as inclusive, free-to-use resources for physical activity in Cork City.

TARGET GROUP People with Disabilities, Disability Services

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Identified outdoor gyms in proximity to disability services and schools as potential inclusive activity spaces. Partnered with Cork City Council and Horizons Disability Service to co-design a pilot programme.
- ▶ **PLAN** – Worked with Horizons, CLSP tutors, and Cork City Council to select three gym sites (Meelick Park, Murphy's Farm, Clashdub Park) and schedule sessions.
- ▶ **PROMOTE** – Shared information with disability services and special schools about the outdoor gyms and pilot programme to encourage participation.
- ▶ **DELIVER** – Ran three inclusive outdoor gym sessions in June 2024, facilitated by a CLSP physical activity tutor. Sessions combined gym equipment with warm-ups, cool downs, and movement-based activities using wider park amenities.
- ▶ **REVIEW** – Gathered participation data, staff feedback, and identified potential for further roll-out of inclusive outdoor gym programmes.

OUTPUTS

- ▶ **128 PARTICIPANTS** – 28 people with disabilities took part in the programme.
- ▶ **9 SESSIONS** – 3 outdoor gym sessions held.
- ▶ **3 LOCATIONS** – Sessions took place in Meelick Park, Murphy's Farm, Clashdub Park in Cork City.

OUTCOMES

- ▶ Increased awareness and confidence in increased participation in physical activity for people with disabilities in community-based settings.
- ▶ Enhanced knowledge among disability service staff on how to safely and effectively use outdoor gym equipment.
- ▶ Greater awareness within disability services of the availability of outdoor gyms across Cork City.
- ▶ Improved visibility of outdoor gyms as inclusive community resources.
- ▶ Strengthened collaboration between Cork Sports Partnership, Cork City Council, and disability service providers.



Case Study


**DISABILITY
INCLUSION**


Rebel Run a Mile Challenge – Empowering Participation, One Step at a Time

PARTNERS: Athletics Ireland, Munster Technological University, Boston Scientific.

AIM: To support people with disabilities who are accessing disability services across Cork to increase their physical activity levels through a structured exercise programme.

OBJECTIVES

- ▶ Plan, coordinate & deliver a structured couch to 1-mile walk to jog programme for disability services.
- ▶ Work with key partners to develop a sustainable programme model for services.
- ▶ Provide training to disability service staff on how to lead appropriate walk-to-jog sessions.
- ▶ Liaise with disability service staff throughout the programme.
- ▶ Deliver energiser sessions to services at agreed points during the 8-week programme.
- ▶ Create and design resources to assist participants with motivation and engagement with the programme.
- ▶ Coordinate an end-of-programme celebration event for participants.

TARGET GROUP People with Disabilities, Disability Services, Special Schools

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Engage with disability services to gauge interest & capacity to get involved in the Rebel Run a Mile.
- ▶ **PLAN** – Plan programme structure to focus on capacity building of service staff to support the delivery of the programme, including programme resources, timelines, capacity, training, duration & other required supports.
- ▶ **PROMOTE** – Develop a promotional campaign to maximise awareness of the programme, including launch, PR, website and social media to maximise challenge uptake.
- ▶ **DELIVER** – Provide training & resources to services. Facilitate tutor-led energiser sessions to services at agreed points during the 8-week programme. Support the delivery of the end-of-programme one-mile challenge in multiple locations across Cork.
- ▶ **REVIEW** – Gather feedback from participants and disability service staff on the programme.

OUTPUTS

- ▶ **742 PARTICIPANTS** – 742 people took part in the Rebel Run a Mile Challenge in 2024, including 560 people with disabilities and 182 service staff.
- ▶ **5 EVENTS** – 5 culmination events were held as part of the Rebel Run a Mile celebration, including 4 for Disability Services and 1 for a Special School.
- ▶ **5 DISABILITY SERVICES** – 5 Disability Services engaged with this year’s programme, including Brothers of Charity, CoAction, St. John of God’s, St. Joseph’s Foundation, and Horizons.

OUTCOMES

- ▶ Increased opportunity for people with disabilities to get active.
- ▶ Increased engagement and stronger working relationships between CLSP & disability services.
- ▶ Improved capacity to deliver physical activity within disability services
- ▶ City Council, and disability service providers.

FEEDBACK

“Thanks a million Everyone! Appreciate all the work you guys put in, very successful event that we always love supporting & working with you on.” (Programme Partner)

“Another great day out at the track in MTU. Thank you as always for welcoming us to the track. These are our participants favourite t-shirts yet”. (Disability Service Staff)

“This is our favourite event of the year & everyone really buys into it. Looking forward to next year already.” (Disability Service Staff)

“They were a great success, and all our athletes and staff were delighted with how everything went last Thursday and Friday at MTU track. The weather held off and it was brilliant to be back on the track again”. (Disability Service Staff)



AREA 5 Events, Campaigns & Initiatives

Mass participation events, strategic campaigns, and self-led initiatives are integral to CLSP's mission of increasing engagement in sport and physical activity across communities.

By employing a systematic approach to targeted messaging, outreach, and event delivery, these initiatives effectively raise awareness and mobilise diverse groups towards physical activity and offer CLSP the opportunity to engage with partner organisations on a regular basis to availability of participation opportunities.

These efforts directly address barriers to participation by promoting inclusivity, highlighting the benefits of physical activity, and providing accessible activities for all ages and abilities.

This work, conducted in close collaboration with local and national partners, allows CLSP to design and deliver targeted events and campaigns for key population groups. This collaborative approach creates a supportive environment that encourages sustained involvement in sport and physical activity

MASS PARTICIPATION EVENTS & CAMPAIGNS

34,627

PEOPLE TOOK PART IN CLSP-SUPPORTED MASS PARTICIPATION EVENTS

- ▶ A further **10,882** engaged in 14 self-led initiatives and challenges coordinated by CLSP in 2024
- ▶ **762** event opportunities coordinated in 2024 across 50 different projects.

Events, Campaigns & Initiatives Highlights

ATHLETICS – CORK REBEL RUN

1,000 people took part in the 12th annual Cork Rebel Run with 650 people taking part in the 10k and 350 people in the 5k. Both events start at the Munster Technological University (MTU), Bishopstown Campus and finish on the MTU Athletics track.

CYCLING – BIKE WEEK CORK

17,821 people took part in 301 events organised as part of Bike Week Cork between 13th and 21st May. Events ranged from Leisure Cycles, School Events, Maintenance Workshops, Cultural and Historical Cycles, Challenges and many other and public, youth, club, workplace and community cycling events. 8,866 primary and secondary school pupils took part in 107 school-specific events organised through a range of different providers,

ATHLETICS – CORK ATHLETICS WEEK

865 people took part in events organised as part of Cork Athletics Week, which is an annual celebration of athletics in Cork. The week-long celebration runs from the 1st to 7th July with taster events, online sessions and education webinars designed to support all ages and abilities. A total of 550 children took part in 7 little athletics tasters.

ORIENTEERING – SCHOOL EVENTS

7,435 primary and secondary school children took part in 153 orienteering events in conjunction with Bishopstown Orienteering Club and Orienteering

Ireland during 2024. The events aimed to provide schools with the opportunity to take part in orienteering in a fun and supportive environment in locations across Cork City and County.

MULTI-ACTIVITY – WOMEN IN SPORT WEEK

562 women and girls took part in 44 taster events and sessions as part of Women in Sport Week 2024. The campaign, which took place from the 2nd to the 11th of March, aims to celebrate and promote women's participation in sport at all levels – playing, coaching, officiating, volunteering, and leadership. Activities in 2024 included tennis, cycling, rowing, fishing, volleyball, table tennis, martial arts, athletics, weightlifting, yoga, and more.

MULTI-ACTIVITY – SPORTSFEST AS PART OF EUROPEAN WEEK OF SPORT

250 people of all ages attended a fun filled evening of activity at Tramore Valley Park as part of BeActive Nights. Participants took part in activities such as volleyball, orienteering, baseball, athletics, pétanque, table tennis, yoga, rugby, American football throughout the evening celebration. A further 414 people took part in 49 taster events organised as part of a wider European Week of Sport.

BASKETBALL – 3 X 3

150 people of all ages and abilities took part in a weekend celebration of basketball event as part of Cork Culture Night weekend including youth, adults, schools.



3X3 BASKETBALL

Case Study

MASS PARTICIPATION EVENTS & CAMPAIGNS



Cork City Sportsfest – A Celebration of Sport at Tramore Valley Park

PARTNERS: Cork City Council, Sport Ireland, National Governing Bodies of Sport, Local Clubs & Organisations.

AIM: To deliver a fun-filled evening of activities for people of all ages and abilities to enjoy in collaboration with National Governing Bodies of Sport, clubs, and physical activity providers from around Cork.

OBJECTIVES

- Engage with Cork City Council Parks Department to identify a suitable date, time, and secure an event permit.
- Provide opportunities for adults to try a variety of fun sports and activities in a supportive environment.
- Showcase and promote the permanent sport and physical activity amenities in Tramore Valley Park.
- Increase participation and awareness of minority sports such as Aussie Rules, baseball, American football, pétanque, and table tennis.
- Co-ordinate a public volleyball tournament to engage the growing Cork volleyball community.
- Promote and connect local clubs with potential new members.

TARGET GROUP People of all ages & abilities, Families, Children, Adults, People with Disabilities, Ethnic Minorities

IMPLEMENTATION STEPS

- ENGAGE** – Collaborate with Cork City Council Parks Department to confirm the venue, secure permits, and ensure the park facilities were available and ready for use. Connected with minority sports clubs, NGBs, and community groups regarding availability to participate.
- PLAN** – Design a 3-hour programme of taster sessions and tournaments, ensuring variety across activities such as volleyball, orienteering, baseball, athletics, pétanque, table tennis, yoga, rugby, American football, and more.
- PROMOTE** – Deliver a targeted marketing campaign via Facebook, Instagram, X (Twitter), CLSP & CCC e-zines, and email databases to maximise reach and public engagement.
- DELIVER** – Host 18 different activity stations with support from 12 CLSP staff, 26 NGB/club coaches, and volunteers, creating a welcoming and inclusive environment.
- REVIEW** – Gather participant and partner feedback, recorded outputs, and identified opportunities for future events to build on success.

OUTPUTS

- 250 PARTICIPANTS** – 250 people of all ages and abilities took part in the event.
- 18 ACTIVITIES** – 18 different activities and sports showcased during event.
- 26 NGB/CLUB COACHES** – 26 NGB staff/club volunteers supported the delivery of the event.

OUTCOMES

- Increased participation and visibility of minority sports in Cork.
- New sports and activities introduced to participants who had never tried them before.
- Development of new club and social sport groups.
- Greater public awareness of Tramore Valley Park’s free sport and physical activity infrastructure.
- Strengthened partnerships between CLSP, Cork City Council, and local sports clubs

FEEDBACK

“We had such a great time exploring the park through orienteering and we also learned how to play pétanque.”

“Table tennis was really great fun, we didn’t even know the tables were there.”

“We tried out lacrosse, baseball, and American football for the first time. It’s great to get the chance to try out new sports.”



Case Study

MASS PARTICIPATION EVENTS & CAMPAIGNS



3x3 Basketball – Bringing Basketball to the Streets of Cork City

PARTNERS: Cork City Council, Basketball Ireland, Cork County Basketball Board.

AIM: To support and co-ordinate 3x3 street basketball activities – including open play, coached sessions, exhibitions, and tournaments – in partnership with Cork City Council, Basketball Ireland, and Cork County Basketball Board, while showcasing the city centre as a vibrant, safe, and welcoming space.

OBJECTIVES

- ▶ Deliver a weekend of 3x3 basketball activities coinciding with Culture Night 2024.
- ▶ Provide free open play and coached sessions for schools, youth groups, and community groups.
- ▶ Engage and collaborate with Basketball Ireland, Cork City Council, Cork County Basketball Board, schools, clubs, and community organisations.
- ▶ Increase participation in basketball across Cork by introducing new audiences to the sport.
- ▶ Highlight Cork City as an active, lively, and safe location for family-friendly evening activities.
- ▶ Assess the potential for further investment in 3x3 basketball capital projects.

TARGET GROUP General Public, Families, Schools, Youth Groups, Community Groups, Basketball Clubs

IMPLEMENTATION STEPS

- ▶ **ENGAGE** – Link with Coventry City Council to learn from their International Children’s Games 3x3 basketball experience, and connected with schools, clubs, and community groups to ensure broad participation.
- ▶ **PLAN** – Schedule a series of tournaments, open sessions, and coached activities across the Culture Night weekend, ensuring variety and inclusivity.
- ▶ **PROMOTE** – Use CLSP, Cork City Council, Basketball Ireland, and Cork County Basketball Board channels to advertise events, while also directly contacting schools, clubs, and youth groups.
- ▶ **DELIVER** – Host 12 basketball events across Grand Parade, including free play, coached sessions with professional players, and tournaments for male and female participants of different ages.
- ▶ **REVIEW** – Gather feedback from participants, partners, and the public to inform future programming and potential infrastructure investment.

OUTPUTS

- ▶ **150 PARTICIPANTS** – 150 participants took part in the event including youth, adults, schools.
- ▶ **16 SESSIONS** – 16 sessions were held across the weekend.

OUTCOMES

- ▶ Increased engagement of schools, youth, and community groups in basketball.
- ▶ Basketball introduced to new audiences in an inclusive, high-energy environment.
- ▶ Raised visibility of Cork City as a lively and safe place for families and young people at night.
- ▶ Strong public support for further development and investment in 3x3 basketball.
- ▶ Greater use of public realm spaces for sport and community activity.

FEEDBACK

“Our girls had a fab day out, we walked from school into the city and had a great time with the American players.” – Teacher

“Such a great buzz around the city, the atmosphere is incredible. The music, the lights, the action!” – Participant

“It is great to see such positive events like this in the city, we need more people coming in and taking back the night.” – Community Member



Capacity Building

Objective 2.3 CAPACITY BUILDING

Strengthen and increase the capacity of stakeholder organisations, including NGBs, clubs, groups, communities, schools, agencies, and organisations, to deliver suitable community sport and physical activity opportunities for people of all ages and abilities in their respective communities.

The capacity of organisations, including National Governing Bodies (NGBs), clubs, groups, communities, schools and individuals, are vital for the sustained growth of community sport and physical activity in Cork.

Through the provision of targeted education, training, and awareness workshops, CLSP strategically supports these agencies and individuals by equipping them with the knowledge, skills, and resources to deliver and promote physical activity opportunities effectively.

These initiatives are specifically designed to build leadership, enhance coaching skills, improve management capabilities, and raise awareness regarding the importance of inclusive and accessible programmes. As a result, these education and training programmes contribute to the development of a more active community in which sport and physical activity are both accessible and well supported.

In 2024, in collaboration with key education partners, CLSP provided a comprehensive portfolio of education and upskilling opportunities. These programmes were tailored for volunteers, coaches, teachers, disability and youth service staff, activity leaders, and administrators, with the objective of enhancing their capabilities in delivering sport and physical activity programmes throughout Cork.

CAPACITY BUILDING

19,343

ENGAGED IN EDUCATION & AWARENESS WORKSHOPS

- ▶ **42** education and awareness workshop projects
- ▶ **159** workshops delivered
- ▶ **290** education sessions delivered

Capacity Building Highlights

SAFEGUARDING

1,757 people attended 77 Safeguarding workshops, including 1,364 in SG1 workshops, 214 in SG2 workshops and 179 SG3 in workshops.

SPORTS FIRST AID

163 people attended 6 Sports First Aid workshops with CLSP in 2024.

ROAD SAFETY AWARENESS WORKSHOPS

11,264 children and teachers attended Road Safety workshops promoting safety around road use with Cork County Council.

WATER SAFETY WORKSHOPS

4,964 children and teachers attended water safety workshops promoting safety around water with Cork County Council.

TY SPORTS COACHING PROGRAMME

32 youths completed the TY Sports Coaching Programme completing workshops in rowing, soccer, volleyball, Olympic handball, disability inclusion, and athletics.

CORK PRISON SPORTS LEADER

14 people from Cork Prison took part in a 12-week multi-sport and personal development course with CLSP, Cork Prison, Cork ETB and NGB partners.

DISABILITY EDUCATION SERIES

45 people attended different workshops organised as part of an inaugural Disability Education Series in Quarter 3 2024. Workshops organised included Little Lámh for Sport, Supporting Young People with DCD/Dyspraxia in Sport, Physical Activity & PE, Disability Inclusion Training, Supporting Autism in Sport.





TY Sports Coaching Programme – Developing Young Leaders Through Coaching

PARTNERS: National Governing Bodies of Sport, Schools, Active Disability Ireland.
AIM: To upskill and develop Transition Year students’ leadership skills and confidence by completing a suite of National Governing Body of Sport coaching courses, enabling them to introduce and lead sports activities within their schools and communities .

OBJECTIVES

- Partner with National Governing Bodies of Sport to deliver six sport-specific coaching courses from October to March.
- Recruit seven participating secondary schools from Cork City & County and nominate four students per school.
- Provide student leaders with equipment to run in-house coaching programmes for their peers.
- Support students to deliver introductory sports sessions to younger students in their schools.
- Involve youth leaders in assisting Cork Sports Partnership events throughout the school year.
- Promote inclusion in sport through dedicated training and practice.

TARGET GROUP Youths (aged 15 – 17 years)

IMPLEMENTATION STEPS

- ENGAGE** – Confirmed partnerships with seven National Governing Bodies to deliver coaching courses, securing shared funding and access to facilities.
- PLAN** – Scheduled 6 courses in host school sports halls and pitches, covering a range of sports and inclusion training.
- PROMOTE** – Advertised programme through CLSP channels and school networks, encouraging applications from interested Transition Year students.
- DELIVER** – Delivered agreed workshops including Olympic Handball Ireland Level 1 & Referee Course, Rowing Ireland Get Going... Going Rowing Coaching Course, Athletics Ireland Assistant Coach Course, Volleyball Ireland Foundation Level Coaching Course, Disability Sports Inclusion Course and FAI PDP1 Coaching Course
- REVIEW** – Collected feedback from students and teachers, documented participation data, and identified ways to further support youth leaders in sport.

OUTPUTS

- 6 PROJECT PARTNERS** – Project partners involved in the project included, Volleyball Ireland, FAI, Rowing Ireland, Olympic Handball Ireland, Athletics Ireland and Active Disability Ireland.
- 32 PARTICIPANTS** – 32 participants from 6 schools took part in the programme.
- 6 MODULES** – 6 coaching modules were delivered across 5 sports.

OUTCOMES

- 32 new youth leaders trained in rowing, soccer, volleyball, Olympic handball, disability inclusion, and athletics.
- Five new sports introduced in each participating school, led by student leaders.
- Increased participation and variety in school sports programmes.
- Youth leaders supported multiple CLSP school blitzes and events.

FEEDBACK

“Our students gained a great deal from this programme, and I’ve noticed a significant improvement in their confidence and self-assurance.”

“We are really enjoying introducing new sports to our younger students and providing a broader range of sporting opportunities.”

“The benefits of this programme have been clear to see. Our students are more confident, engaged, and willing to step out of their comfort zones.”





Disability Education Series – Building Knowledge & Skills for Inclusive Sport and Physical Activity

PARTNERS: Lámh, Dyspraxia/DCD Ireland, Active Disability Ireland, and Dr. Susan Crawford of Get Autism Active.

AIM: To enhance the knowledge, skills, and confidence of coaches, teachers, SNAs, club volunteers, and others supporting people with disabilities or additional needs in sport, physical activity, and PE; and to increase the quality and range of opportunities available for inclusive participation in schools, clubs, and communities.

OBJECTIVES

- Develop and deliver a targeted disability training and education series to upskill those delivering sport and physical activity.
- Collaborate with expert disability organisations, professionals, and academics to ensure evidence-based and practical content.
- Provide a suite of online and in-person workshops to maximise accessibility across Cork City and County.
- Deliver both theoretical and practical content to support inclusive practice.
- Offer disability/need-specific workshops to increase understanding of supports, adaptations, and approaches for particular disability types.

TARGET GROUP Teachers, Special Needs Assistants, Coaches, Volunteers, Tutors)

IMPLEMENTATION STEPS

- ENGAGE** – Researched and connected with specialist organisations and experts, including Lámh, Dyspraxia/DCD Ireland, Active Disability Ireland, and Dr. Susan Crawford of Get Autism Active, to co-design workshops.
- PLAN** – Worked with partners to design and schedule a five-week programme consisting of two in-person workshops and two online webinars.
- PROMOTE** – Used CLSP website, social media channels, and direct email campaigns to target coaches, teachers, SNAs, and club volunteers, generating strong engagement.
- DELIVER** – Facilitated four high-quality workshops blending theory and practice including Little Lámh for Sport, Supporting Young People with DCD/Dyspraxia in Sport, Physical Activity & PE, Disability Inclusion Training, Supporting Autism in Sport.
- REVIEW** – Recorded participation, analysed reach, and gathered feedback to guide future education initiatives.

OUTPUTS

- 45 PARTICIPANTS** – 45 people took part in workshops as part of the series.
- 4 WORKSHOPS** – 4 workshops were delivered (2 online, 2 in-person) as part of the series.
- 2 COMMUNITY FACILITIES** – Old Cork Waterworks Experience & Nemo Rangers GAA hosted workshops.
- 16 SOCIAL MEDIA POSTS** – 16 promotional social media posts with a total reach of 19,874

OUTCOMES

- 32 new youth leaders trained in rowing, - Increased capacity among coaches, teachers, SNAs, and volunteers to deliver inclusive sport and physical activity.
- Improved knowledge of adaptations and supports for specific disabilities.
- Broader awareness of the availability and importance of disability-specific education and training opportunities.
- Stronger engagement between Cork Sports Partnership and the education, coaching, and disability support networks across Cork.

FEEDBACK

- “I just did your lámh sport and it was fantastic. A few of us did it from the school I work in as we have a child who started with us using lámh’.* (workshop attendee)
- ‘We really enjoyed the workshop’.* (workshop attendee)
- ‘This training gave me practical tools I can now use with my students with additional needs in PE’.* (workshop attendee)



Capital Infrastructure & Equipment Projects

Objective 2.4 CAPITAL INFRASTRUCTURE & EQUIPMENT

Support and enhance community sport and physical activity opportunities for people of all ages and abilities through investment in capital infrastructure and suitable equipment.

The strategic investment in capital infrastructure and equipment is of central importance to the enhancement and support of sport and physical activity initiatives.

CLSP is committed to ensuring that, wherever feasible, communities possess the necessary resources and equipment to facilitate widespread participation in a diverse range of physical activities. Furthermore, the provision of adaptive equipment for individuals with disabilities is a key measure that ensures these opportunities are inclusive, enabling equal participation for all.

In 2024, these key investments were supported through a series of Dormant Accounts-funded projects, including the Active Cities project, the Sports Inclusion Disability Programme Capital, the Bantry Community Sport and Physical Activity Hub, and the Urban Outdoor Initiative.

Additionally, in collaboration with Cork City Council, a Community Sport and Physical Activity Grant Scheme was developed to provide crucial support to community organisations and facilities, with a specific focus on prioritising physical activity for key target groups within the city.

This targeted investment improves participation and accessibility in sport and physical activity by contributing to the development of more active environments and amenities that serve the entire community

29 CAPITAL PROJECTS

- ▶ **29 Capital Projects** were delivered as part of different Dormant Account Funded projects including Active Cities, Urban Outdoor Initiative, Sports Inclusion Disability Programme Capital and Bantry Community Sport and Physical Activity Hub

Capital Infrastructure & Equipment Highlights

TRAMORE VALLEY PARK

As part of the Active Cities project, CLSP supported Cork City Council with the development and activation of 6 new physical activity amenities to support park users with increasing physical activity levels. Amenities included 2 volleyball posts and nets, 2 concrete table tennis tables, pétanque playing area, fitsticks signage, BoxUp sports equipment locker, and permanent orienteering routes.

CORK CITY PHYSICAL ACTIVITY AMENITY SCHEME

CLSP coordinated a physical activity amenity scheme for Cork City on behalf of Cork City Council. The scheme saw an investment of €200,000 into 19 community projects to support community groups and organisations, as well as existing community facilities, with upgrades and enhancements to support increased physical activity.

PICKLEBALL EQUIPMENT

CLSP supported the purchase of 6 sets of Pickleball equipment (nets, racquets) to support community groups and organisations with establishing new social Pickleball clubs and groups across Cork City and County, resulting in the 14 programmes being developed and 342 people being activated in 2024.

DRY SUITS

As part of Urban Outdoor Initiative, CLSP supported the Angling Council of Ireland with purchasing dry suits to help facilitate the delivery of an inclusive kayak fishing programme for Headway in Cork City and other inclusive programmes. The dry suits allow participants with various acquired physical disabilities to take part comfortably in the kayak fishing programme

UV GLOW EQUIPMENT

CLSP purchased a UV Lighting System to support and enhance the experience of priority target groups involved in CLSP programmes. The equipment has been used to facilitate Glow Volleyball, Glow Badminton, Glow Basketball and a pilot of 3 new Lift, Row & Glow programmes for teenage girls.

WEIGHTLIFTING EQUIPMENT

CLSP, together with Cork Weightlifting Club purchased additional weightlifting equipment to facilitate the expansion of the women's weightlifting programme to Her Moves – Girls Get Active participants. This allowed for the purchase of additional barbells and plates to cater for increased demand in Her Moves and Women in Sport programmes.

ADAPTIVE BIKES/INCLUSIVE TRIKES

As part of the Sports Inclusion Disability Programme Capital and the Active Cities Project, CLSP supported the purchase of 7 adaptive bikes to build on the success of the Wheels for All Initiative. The initiative aims to provide free access to adaptive bikes for people to use in the community. Bikes included Balance Bikes, Adaptive Bikes and inclusive trikes.



SPLASH & DASH

Case Study



Tramore Valley Park – Enhancing Public Spaces Through Free-to-Use Sports Infrastructure

PARTNERS: Cork City Council, National Governing Bodies of Sport, Local Clubs.

AIM: To provide equitable access to free-to-use sports and physical activity infrastructure for the public and to promote healthy, active lifestyles by making a variety of facilities freely available in Tramore Valley Park.

OBJECTIVES

- Collaborate with Cork City Council, NGBs, and partners to coordinate and fund the development of sports infrastructure in Tramore Valley Park.
- Conduct a needs analysis to identify priority infrastructure projects.
- Install high-quality, accessible facilities including volleyball posts and nets, table tennis tables, a pétanque area, fitsticks signage and exercise trail, a Box Up equipment locker, and permanent orienteering routes.
- Promote the new facilities through marketing campaigns, press launches, and community events.
- Encourage sustained community use through supported tournaments, events, and programmes

TARGET GROUP General Public, All Ages & Abilities, Schools, Clubs, and Community Groups)

IMPLEMENTATION STEPS

- ENGAGE** – Work closely with Cork City Council, NGBs, and community partners to plan infrastructure investment and coordinate funding.
- PLAN** – Conduct a needs analysis with partners to identify underutilised opportunities and select the most impactful infrastructure projects.
- PROMOTE** – Develop a marketing strategy including social media campaigns, professional videos, media coverage, and official launches with stakeholders.
- DELIVER** – Install a range of facilities including volleyball courts, table tennis tables, a pétanque court, Fitsticks trail, Box Up locker, and permanent orienteering courses. Hosted the Cork City SportsFest and supported tournaments and school events to activate the facilities.
- REVIEW** – Monitor participation, collected feedback from users and partners, and assess impact on usage, and engagement

OUTPUTS

- 6 INFRASTRUCTURE PROJECTS** – Funded the purchase and installation of 2 volleyball posts and nets, 2 concrete table tennis tables, pétanque playing area, fitsticks signage, Box Up sports equipment locker, and permanent orienteering routes.
- 1 ENGAGEMENT EVENT** – Hosted 1 mass participation event (Cork City SportsFest) to create awareness of newly installed amenities with over 250 people attending.

OUTCOMES

- New sports introduced to a broad audience including volleyball, pétanque, and orienteering.
- Growth of new social groups and increased participation in minority sports.
- Enhanced access to physical activity opportunities through free-to-use infrastructure.
- Significant increase in footfall at Tramore Valley Park.
- Strengthened partnerships between Cork Sports Partnership, Cork City Council, and NGBs, creating a model for future collaboration

FEEDBACK

- “We had a ball at the Cork City SportsFest trying out all these new sports.” – Participant
- “We are delighted to see increased footfall in the park, it is great to see this all come to fruition.” – Partner
- “We were delighted to collaborate with stakeholders on this volleyball project, which has led to a noticeable increase in both participation and interest in the sport locally.” – NGB Representative
- “The Box Up sports locker is so cool. Such a great amenity.” – Participant





Cork City Physical Activity Amenity Scheme – Supporting Communities to Enhance Physical Activity Opportunities

PARTNERS: Cork City Council.

AIM: To work with Cork City Council to support community organisations in Cork City to improve and enhance their facilities for physical activity, increasing opportunities for people of all ages and abilities to be active locally.

OBJECTIVES

- Collaborate with Cork City Council to design and deliver a transparent, fair, and impactful community grant scheme.
- Provide funding support for sustainable projects that enhance access to physical activity amenities.
- Prioritise community groups, disability services, and organisations working with marginalised groups.
- Approve projects that expand opportunities for sport, recreation, and inclusive physical activity.
- Establish clear processes for application, review, and monitoring to ensure accountability and impact

TARGET GROUP Not-For-Profit Community Facilities and Organisations)

IMPLEMENTATION STEPS

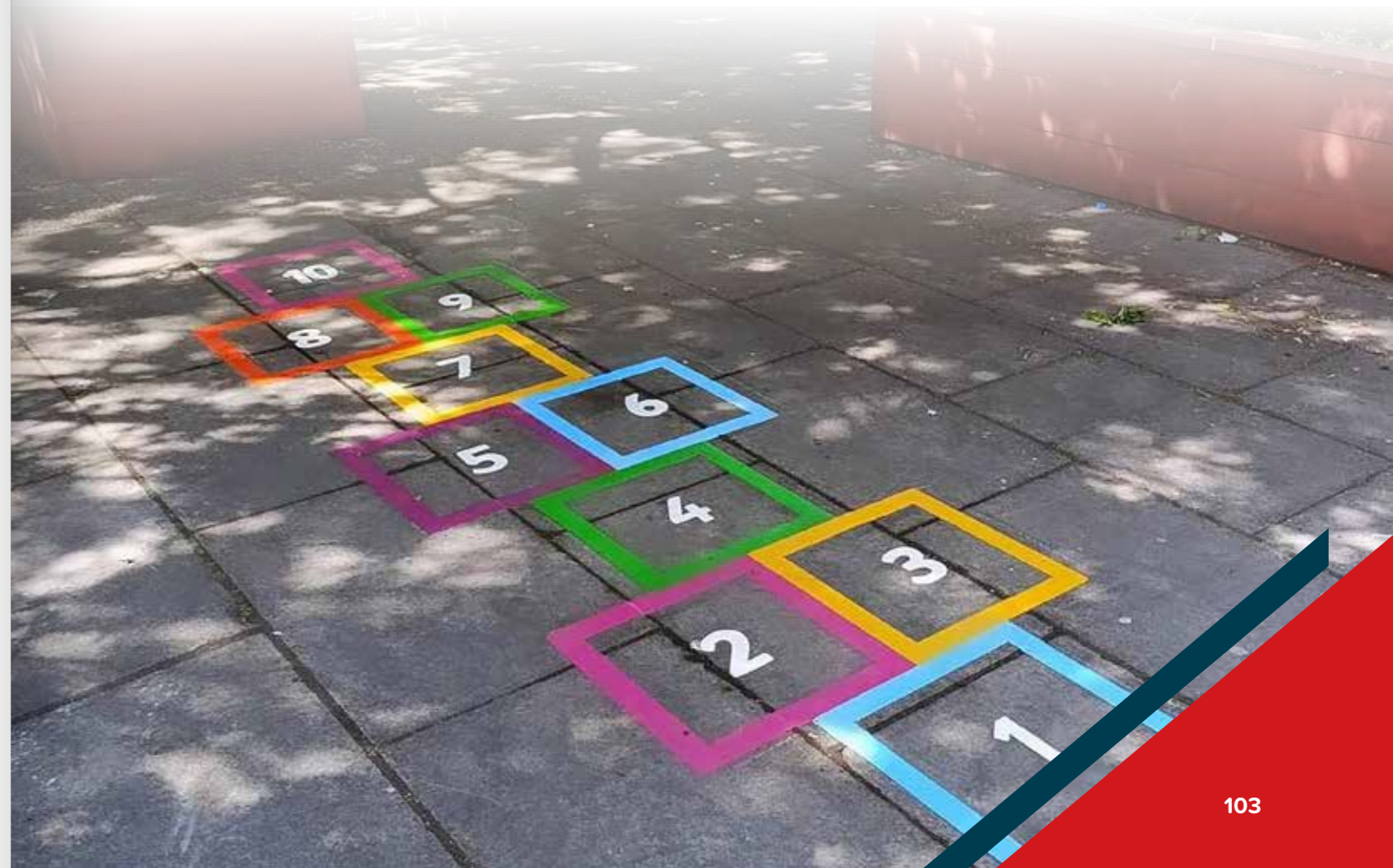
- ENGAGE** – Cork Sports Partnership (CLSP) and Cork City Council (CCC) consulted widely with community organisations to assess needs and priorities.
- PLAN** – Design scheme guidelines, eligibility criteria, funding thresholds (€5,000–€20,000), and a clear timeline for applications, review, and reporting.
- PROMOTE** – Launch the scheme with the Lord Mayor and delivered a targeted campaign through press releases, CLSP/CCC websites, social media (5,000+ reach), and newsletters.
- DELIVER** – Process and review applications (n=34), review eligibility and criteria, and approve projects (n=19) with a combined funding allocation of €194,347.67.
- REVIEW** – Establish monitoring and reporting processes for successful projects to report back and plan a roadshow to showcase impact.

OUTPUTS

- 19 PROJECTS** – 19 projects approved with €194,347.67 allocated. Projects supported included:
 - Community gyms (equipment, upgrades, repairs).
 - Outdoor facilities (pétanque/chess areas, sensory walkways, playground enhancements).
 - Disability inclusion projects (adaptive bikes, specialised equipment).
 - Community halls and resource centres (flooring, roofs, toilets, storage, accessibility upgrades).

OUTCOMES

- Increased access to inclusive physical activity facilities across Cork City.
- Strengthened capacity of community groups to provide opportunities for participation.
- Improved accessibility for people with disabilities through specialised and adaptive equipment.
- Enhanced community infrastructure, ensuring long-term sustainability of local facilities.
- Strengthened collaboration between Cork City Council, Cork Sports Partnership, and local organisations.



Monitoring, Research & Evaluation 2024

Objective 2.5 MONITORING, RESEARCH AND EVALUATION

Develop robust internal monitoring systems to ensure accurate project reporting, accountability and transparency while also working with identified partners to increase research and evaluation opportunities across key CLSP work areas to ensure best practice and inform the future direction of participation opportunities provided by CLSP and partners.

Monitoring, research, and evaluation have a key role in the ongoing review and development of the company's operations. This section outlines the key findings and outcomes of that evaluation, strengthening the development and planning of CLSP initiatives.

In 2024, CLSP supported research and evaluation projects across the following:

- ▶ - National Active Cities Evaluation with S3 Solutions and Sport Ireland
- ▶ - Staying Fit for the Future – Better Balance (Internal Report)
- ▶ - Project STEPs with Munster Technological University, Cork
- ▶ - Girls Get Active with Munster Technological University, Cork
- ▶ - 2 x Undergraduate Research Projects with Munster Technological University
 - ▶ Adolescent Females Perceived Barriers and Recommendations Towards Physical Activity and Sport and the Girls get Active Pilot Intervention
 - ▶ An Investigation into the perceived barriers, and self-efficacy relating to physical activity, and the perceived enjoyment of a 10-week soccer intervention on a cohort of Irish women

RESEARCH & EVALUATION

6 RESEARCH PROJECTS

- ▶ 6 research and evaluation projects were conducted in 2024



Monitoring & Reporting

CLSP reporting framework supports the team with the continued monitoring of key projects. The framework incorporates both quantitative and qualitative measures to provide a comprehensive and detailed insight into project successes and areas for improvement.

- ▶ **Internal Reporting:** As part of CLSP's internal project monitoring process, all team members are required to update designated project work plans. This practice facilitates the tracking of project progress, outputs, outcomes, and overall impact. These standardised templates also inform the annual operational planning process and are aligned with Sport Ireland's reporting protocols, ensuring uniformity across all CLSP work areas.
- ▶ **Quarterly Progress Meetings:** Individual review meetings are conducted on a quarterly basis between management and development staff. These meetings serve to review the preceding quarter's projects and to strategise for the upcoming quarter. This process provides strategic oversight of all work areas and allows for the allocation of necessary support to development officers for forthcoming projects.
- ▶ **Monthly Team Meetings:** Regular monthly meetings are held with the entire CLSP team. These sessions provide an important platform for discussing key items, including upcoming projects, campaigns, workshops, and general CLSP updates, thereby enhancing internal communication and alignment.
- ▶ **Partner Review Meetings:** The project lifecycle includes a dedicated review stage with project partners following project delivery. This stage facilitates a concise SWOT analysis of key project phases, enabling continuous improvement and enhanced efficiencies across actions and work areas. Feedback is gathered on pre-established Key Performance Indicators (KPIs), successes, areas for improvement, key learnings, and future direction. This process also includes a review of timelines and required financial resources for future delivery, which collectively inform the future scope and target groups of a project.
- ▶ **Feedback Surveys:** Where possible, participant feedback is systematically collected through end-of-programme surveys for Active Participation projects. This mechanism gathers critical information on project delivery, including successes and required improvements, to maximise project impact. Feedback is sought explicitly on participants' experiences, levels of satisfaction, and suggestions for improvement. In some instances, this feedback is gathered through intermediaries such as teachers, carers, or service staff. Additional anecdotal feedback is also collected from tutors and coaches delivering the projects.
- ▶ **Focus Groups:** Where feasible, focus groups are utilised by the CLSP team to gather in-depth feedback on specific projects. In 2024, CLSP used focus groups as part of the Girls Get Active evaluation with MTU to gather insights and feedback from programme participants on perceptions of programmes, physical activity, motivations and barriers. Additional focus groups or brainstorming sessions were facilitated as part of Islands Sports Hub and Bantry Sports Hub to increase engagement and assess local need.
- ▶ **Project Reports:** For identified projects and funding streams, CLSP completes programme reports, case studies and infographics to document progress of key projects documenting best practice. This allows CLSP to present key information to partners, funders and stakeholder organisations where required.

RESEARCH AND EVALUATION

Increased research and evaluation are vital for enhancing participation in sport and physical activity at a local level. The collaboration with third-level institutes and research partners continues

to enable CLSP to assess the effectiveness of current programmes, identify gaps, and innovate new approaches tailored to the needs of the programme and participants.

Case Study



MONITORING, RESEARCH & EVALUATION



An Evaluation of the Staying Fit for the Future – Better Balance Programme: Enhancing Self-Efficacy and Physical Well-being in Older Adults

PARTNERS: HSE (Cork Kerry Community Healthcare).

AIM: To evaluate the effectiveness of the Staying Fit for the Future – Better Balance programme in enhancing participant self-efficacy to prevent physical deterioration and improve independent movement among older adults.

OBJECTIVES

- ▶ To quantitatively measure participants' programme satisfaction, self-reported physical activity levels, perceptions of physical activity and overall health.
- ▶ To assess the programme's efficacy in promoting active living and empowering older adults to live healthy, independent lives.
- ▶ To review the planning, coordination, and delivery of the programme across various community facilities in Cork based on feedback received from participants..
- ▶ To evaluate the programme's impact on participants' access to other physical activity in the community.

METHODOLOGY

- ▶ The programme evaluation was based on a mixed-methods approach, primarily utilising a participant survey for quantitative data collection. A total of 1,000 paper form surveys were distributed through CLSP tutors directly to programme participants.
- ▶ The survey instrument was designed to gather data on satisfaction, physical activity habits, and changes in physical and mental health.
- ▶ Qualitative data was obtained through participant testimonials and phone calls, providing a more comprehensive understanding of the programme's overall impact.
- ▶ The methodology was centred on a direct analysis of programme outputs and their subsequent outcomes on the participants' lives

KEY FINDINGS

- ▶ **COMPLETION RATE:** 394 completed surveys were returned during the data collection period representing a 39% return rate. Note: Additional surveys were returned outside of the collection period and were not included in the data analysis.
- ▶ **PARTICIPANT SATISFACTION** – Participant satisfaction was exceptionally high, with 98% indicating they would recommend the programme and 100% expressing an intent to participate in future sessions.
- ▶ **INCREASED PHYSICAL ACTIVITY LEVELS** – The programme demonstrated a significant positive impact on participants' physical activity, with 90% reporting an increase in exercise outside of the class.
- ▶ **HEALTH IMPROVEMENTS** – Measured improvements in physical health were reported, with a substantial percentage of participants rating their walking (42%), physical fitness (28%), and balance (30%) as excellent.
- ▶ **INCREASED CONFIDENCE** – The programme also yielded positive psychological outcomes, evidenced by a 58% rating of excellent confidence in taking part in exercise classes and a 12% increase in general confidence and social interaction.

FEEDBACK

"I have learned how specific exercises improve my strength. I am more conscious of how important exercise is for my health and well-being. I have made lots of new friends."

"With gentle and supportive guidance, my physical fitness and balance have improved greatly. I love participating as it's great for my overall health."

"Physically improved my body strength and energy. Mentally, I really enjoy the class and group. It's something I really look forward to."

"Very grateful for the opportunity to participate."



Case Study

MONITORING, RESEARCH
& EVALUATION

Girls Get Active – Evaluation

PARTNERS: Munster Technological University (MTU) .

AIM: To evaluate the impact and process of a suite of physical activity programmes designed to increase engagement, confidence, and wellbeing among adolescent girls (13 – 19 years) with low levels of physical activity involvement.

OBJECTIVES

- ▶ Evaluate the impact of four selected programmes on participants' physical activity status, barriers to physical activity, social support received, self-efficacy, and subjective well-being.
- ▶ Provide a safe, non-competitive, supportive environment for teenage girls to explore different activities.
- ▶ Help participants build confidence, make friends, and develop a positive relationship with physical activity.
- ▶ Promote inclusivity and bridge the gap between teenage girls and physical activity.
- ▶ Align with national campaigns (HER Moves) that support this target group.

METHODODOLOGY

- ▶ The programme evaluation was based on a mixed-methods approach, using quantitative pre-/and post-questionnaires and qualitative focus groups.
- ▶ The project engaged with adolescent girls aged 13-19 with low levels of physical activity, recruiting them from schools and community settings across Cork city and county.
- ▶ The survey instrument was designed to gather data on physical activity levels, physical activity perceptions, barriers, motivations, and well-being and confidence.
- ▶ CLSP recruited participants to take part in programmes using a mixed-method approach of online and offline promotional methods. Recruitment for the school-based programmes was through direct school contacts, while the community-based programmes used social media newsletter, stakeholder networks and word-of-mouth.
- ▶ Four programmes were used to collect data. These programmes were weightlifting, climbing, surfing, and archery with 3 community-based and 1 schools-based programme.
- ▶ The evaluation included 25 participants across the four programmes. Participants were from Cork City (10), West Cork (7), and North Cork (8). One school-based programme was included in the evaluation.

KEY FINDINGS

- ▶ **BARRIERS TO PHYSICAL ACTIVITY** – The programmes helped to reduce logical barriers to accessing facilities that participants may never have accessed before. It also helped to reduce self-consciousness during physical activity.
- ▶ **PHYSICAL ACTIVITY ENGAGEMENT** – The programme successfully reached inactive teenage girls and introduced them to “non-traditional” sports and activities.
- ▶ **WELLBEING AND CONFIDENCE** – Participation in the programmes improved personal confidence among the girls. The focus groups highlighted the participants' enjoyment of the activities.

OUTPUTS

- ▶ **2 SURVEY TEMPLATES** – 2 surveys (1 x pre, 1 x post) were developed as part of the evaluation, which can be used for future programmes.
- ▶ **25 PARTICIPANTS** – 25 participants were included in the evaluation.
- ▶ **1 FOCUS GROUP** – One Focus group was held as part of the evaluation.
- ▶ **1 EVALUATION REPORT**

FEEDBACK

“We failed, and we succeeded, and we did it together!”

“It made you feel more confident.”

“It was a nice introduction into new sports.”

“I think I prefer it being just girls.”



2024 Challenges



EUROPEAN WEEK OF SPORT BEACTIVE NIGHT AMERICAN FOOTBALL

2024 Challenges

As a sport development organisation, Cork Local Sports Partnership continues to evolve to meet increasing demands and a complex operating environment. The following are key challenges facing the organisation :

1. Organisational Management Structure

As the scale and scope of operations expand, ensuring that the organisation has an appropriate and agile management structure remains a key challenge. Effective governance, clear lines of responsibility, and operational support systems are essential to sustain the day-to-day functions and long-term strategic objectives of the company. There is an ongoing need to evaluate and refine internal structures to meet current and future needs of the organisation.

2. Financial Resources and Sustainability

The growing demand for participation in sport and physical activity including the increasing requests for partnership support is an ongoing challenge on the financial and organisational resources of the company. Securing funding streams including core, current and capital funding is crucial to maintaining growing programme delivery levels throughout the County.

3. Geographic Reach and Equity of Access

Cork, as Ireland's largest county, presents a unique geographical challenge. Balancing service delivery between the high-density urban needs of Cork City and the dispersed rural communities across the County place an ongoing challenge to the team of CLSP. It is essential that the development of opportunities for participation are accessible, inclusive, and fairly distributed across all areas of the County.

4. Organisational Housing and Physical Infrastructure

While support has been secured to meet the organisation's housing needs, it is essential that any new premises is fit for purpose, capable of accommodating a growing team and providing adequate facilities such as IT infrastructure, meeting spaces, and storage.

5. Data Management and Software Solutions

The organisation continues to experience year-on-year growth in participation, underlining the importance of robust data recording and analysis. There is a growing need to implement software solutions that can efficiently track participation rates, generate reports, and support decision-making. Investment in appropriate digital tools will be crucial for transparency, reporting, and strategic planning.

KINSALE SPORTS HUB

Future Plans of CLSP

Future Plans of CLSP

Reflecting on 2024, the dedication and leadership of the Cork LSP team and Board of Directors played a central role in the impacts and achievements made throughout the year.

The dedication and innovation of the Cork LSP team and tutor network have been central to the organisation's continued progress. Their ability to adapt, respond, and innovate has ensured that programmes remain relevant, inclusive, and impactful. Team members consistently demonstrate a strong commitment to community engagement and capacity building, while tutors bring specialised expertise to deliver high quality, locally tailored programmes across the City and County.

The strategic leadership and oversight provided by the Board of Directors continue to be a key component of Cork LSP's success. The Board's active engagement and expertise provide clear direction, ensuring the organisation is well positioned to meet its goals and obligations. Through its working committees, the Board provides targeted support on key areas such as finance strategy, human resources, and governance. The Board's commitment to good governance and the collaborative approach in supporting the executive team have helped to create a supportive organisational culture for the company.

Looking ahead, the main focus remains firmly on strengthening the foundations of sport and physical activity development while expanding the reach, impact, and partnerships of the company. The Board and team of Cork LSP will focus on the following for its future development and success.

1. Strategic Growth and Planning

A key milestone for Cork LSP will be the development of a new five-year strategic plan that aligns with national policy and strategic priorities, including Sport Ireland's Strategy, the National Sports Policy, and Local Authority Sports Plans. This plan will guide our vision, priorities, and operations, ensuring alignment with best practices and the evolving needs of communities throughout Cork.

2. Enhanced Collaboration and Partnerships

Looking ahead, the continued development of strong, mutually beneficial relationships with local and national agencies, community groups, and sporting organisations. Expanding the network of partners will allow Cork LSP to develop and support a wider range of programmes and increase access to physical activity opportunities for all.

3. Improved Access and Inclusion

Accessibility and inclusion remains a key priority for the company, Cork LSP will continue to lead on the equitable access to sport and physical activity, especially in underrepresented or disadvantaged communities in Cork. Cork LSP will continue to adapt and deliver supports that reflect the diverse geographic, social, and cultural landscape of the county, ensuring that everyone has a fair opportunity to participate and engage in sport and physical activity.

5. Technology and Systems Development

Cork LSP will continue to review and strengthen the operational systems, including participation management software, governance tools, and administrative platforms. These systems will support more effective planning, monitoring, and reporting, enabling informed decision making on the future development of the operations of the company.

6. Workforce and Volunteer Support

The team, tutors, and volunteers are central to the success of the organisation in achieving the vision and goals set within the company strategy. Cork LSP will continue to invest in their development, providing meaningful training and support, and ensure that they are equipped to deliver high-quality programmes, events and training supports.

7. Facilities and Organisational Infrastructure

As the organisation grows, Cork LSP will ensure that the housing and physical infrastructure meets current and future needs. This includes creating a collaborative and efficient working environment that supports staff well-being and organisational performance.

8. Organisational Focus.

The management team recognises the increasing importance of balancing operations, compliance, reporting, and administrative responsibilities. Looking ahead, there will be a focus on refining the internal processes to support a more strategic and well-balanced approach to running the organisation. This will involve identifying key periods in the company's calendar to coordinate responsibilities, helping to ensure that operational efficiency, regulatory compliance, and administrative functions are more effectively supported in a proactive and balanced approach.

APPENDIX 1 – Cork Local Sports Partnership CLG End of Year Report and Financial Statement 2024



CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

Company Number: 368769

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

CONTENTS

	Page
Directors and Other Information	3
Directors' Report	4 - 5
Directors' Responsibilities Statement	6
Independent Auditor's Report	7 - 8
Appendix to the Independent Auditor's Report	9
Income and Expenditure Account	10
Balance Sheet	11
Reconciliation of Company Funds	12
Statement of Cash Flows	13
Notes to the Financial Statements	14 - 24

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

DIRECTORS AND OTHER INFORMATION

Directors	Derry Canty Michael Carey Michael Comyns Cian O'Neill Liam Ahern Sharon O'Sullivan Geraldine Hunter Halbert (Appointed 24 April 2024) Terry Coleman (Appointed 12 September 2024) Wesley O'Brien (Appointed 12 September 2024) Honore Kamegni (Appointed 12 September 2024) Michelle Gould (Appointed 12 September 2024) Ann Bambury (Appointed 12 September 2024) Ruth Buckley (Appointed 06 March 2025) Nicola Radley (Appointed 06 March 2025) David Joyce (Resigned 19 September 2024) Morgan Buckley (Resigned 19 September 2024) Declan Hurley (Resigned 19 September 2024) Kay Dawson (Resigned 19 September 2024) Deirdre Kelly (Resigned 19 September 2024) Fergal Dennehy (Resigned 19 September 2024) Orla O'Leary (Resigned 19 September 2024) Patricia Liddy (Resigned 06 March 2025)
Company Secretary	Egle Ziurniene
Company Number	368769
GS Number	1587
Registered Office	Cork College of FET Bishopstown Campus, Rossa Avenue, Bishopstown, Cork.
Auditors	Baker Tilly Ireland Audit Limited, Chartered Certified Accountants & Statutory Audit Firm, Penthouse Floor, 5 Lapp's Quay, Cork.
Bankers	AIB, Ballincollig, Cork.
Solicitors	RDJ, 2 Park Place, City Gate Park, Mahon Point, Cork.

3

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
DIRECTORS' REPORT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

The directors present their report and the audited financial statements for the financial year ended 31 December 2024.

Principal Activity and Review of the Business

The principal activity of the company is the promotion of sport at a local level in Cork City and County.

The Company is limited by guarantee not having a share capital.

There has been no significant change in these activities during the financial year ended 31 December 2024.

Principal Risks and Uncertainties

The principal risks and uncertainties facing the company are broadly grouped as follows:

Economic risks

The principal economic risk facing the company at present relates to the levels of inflation experienced and the general cost of running the entity activities. Management have taken the necessary steps to minimise costs and to manage cashflow.

Performance risks

The company's continued success in meeting its objectives is dependent on managements monitoring of the company's costs and cashflows.

Legislative risks

The company operates within a legal framework and consequently faces a requirement to ensure compliance with legal and regulatory requirements. The directors believe that the key personnel and operating procedures are in place to mitigate the risks and uncertainties outlined above.

Financial Results

The surplus for the financial year after providing for depreciation amounted to €(1,653) (2023 - €48,968).

At the end of the financial year, the company has assets of €1,370,520 (2023 - €1,298,911) and liabilities of €1,092,308 (2023 - €1,019,046). The net assets of the company have increased by €(1,653).

Directors and Secretary

The directors who served throughout the financial year, except as noted, were as follows:

Derry Canty
Michael Carey
Michael Comyns
Cian O'Neill
Liam Ahern
Sharon O'Sullivan
Geraldine Hunter Halbert (Appointed 24 April 2024)
Terry Coleman (Appointed 12 September 2024)
Wesley O'Brien (Appointed 12 September 2024)
Honore Kamegni (Appointed 12 September 2024)
Michelle Gould (Appointed 12 September 2024)
Ann Bambury (Appointed 12 September 2024)
Ruth Buckley (Appointed 06 March 2025)
Nicola Radley (Appointed 06 March 2025)
David Joyce (Resigned 19 September 2024)
Morgan Buckley (Resigned 19 September 2024)
Declan Hurley (Resigned 19 September 2024)
Kay Dawson (Resigned 19 September 2024)
Deirdre Kelly (Resigned 19 September 2024)
Fergal Dennehy (Resigned 19 September 2024)
Orla O'Leary (Resigned 19 September 2024)
Patricia Liddy (Resigned 06 March 2025)

The secretary who served throughout the financial year was Egle Ziurniene.

The Company is limited by guarantee not having a share capital. The directors who served during the year did not have any interest in the company.

4

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
DIRECTORS' REPORT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

Future Developments

The company plans to continue its present activities at current levels.

Post Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

Auditors

Baker Tilly Ireland Audit Limited, (Chartered Certified Accountants & Statutory Audit Firm), were appointed auditors by the directors to fill the casual vacancy and they have expressed their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Statement on Relevant Audit Information

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records


To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Model Business Park, Model Farm Road, Cork.

Signed on behalf of the board

Derry Canty

**Derry Canty
Director**

Date: 26/06/2025



**Liam Ahern
Director**

Date: 26/06/2025

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
DIRECTOR'S RESPONSIBILITIES STATEMENT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of Information to Auditor

Each persons who are directors at the date of approval of this report confirms that:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board

Derry Canty

**Derry Canty
Director**

Date: 26/06/2025



**Liam Ahern
Director**

Date: 26/06/2025

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Cork Local Sports Partnership Company Limited by Guarantee ('the company') for the financial year ended 31 December 2024 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Statement of Cash Flows and the related notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued in the United Kingdom by the Financial Reporting Council.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2024 and of its deficit for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 6, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 9, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Ms. Gail Ellis,
for and on behalf of
Baker Tilly Ireland Audit Limited,
Chartered Certified Accountants & Statutory Audit Firm,
Penthouse Floor,
5 Lapp's Quay,
Cork.

Date: 19th August 2025

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE INCOME AND EXPENDITURE ACCOUNT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

	Notes	2024 €	2023 €
Income	18	1,814,209	1,666,349
Expenditure		<u>(1,816,479)</u>	<u>(1,617,381)</u>
Surplus before interest		(2,270)	48,968
Interest receivable and similar income		617	-
Surplus before tax		<u>(1,653)</u>	48,968
Tax on surplus	21	-	-
Surplus for the financial year		<u>(1,653)</u>	48,968
Total comprehensive income		<u><u>(1,653)</u></u>	<u>48,968</u>

Approved by the board on ~~26/06/2025~~ and signed on its behalf by:

Derry Canty

Derry Canty
Director

Liam Ahern

Liam Ahern
Director

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
AS AT 31 DECEMBER 2024**

	Notes	2024 €	2023 €
Fixed Assets			
Tangible assets	22	<u>207,420</u>	<u>164,698</u>
Current Assets			
Debtors	23	215,064	112,604
Cash and cash equivalents		948,036	1,021,609
		<u>1,163,100</u>	<u>1,134,213</u>
Creditors: amounts falling due within one year	25	<u>(1,092,308)</u>	<u>(1,019,046)</u>
Net Current Assets		<u>70,792</u>	<u>115,167</u>
Total Assets less Current Liabilities		<u>278,212</u>	<u>279,865</u>
Reserves			
Income and expenditure account		<u>278,212</u>	<u>279,865</u>
Company Funds		<u>278,212</u>	<u>279,865</u>

The financial statements have been prepared in accordance with the small companies' regime.

Approved by the board on 26/06/2025 and signed on its behalf by:


Derry Canty
Director


Liam Ahern
Director

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
RECONCILIATION OF COMPANY FUNDS
AS AT 31 DECEMBER 2024**

	Retained Surplus €	Total €
At 1 January 2023	<u>230,897</u>	<u>230,897</u>
Surplus for the financial year	48,968	48,968
At 31 December 2023	<u>279,865</u>	<u>279,865</u>
Surplus for the financial year	(1,653)	(1,653)
At 31 December 2024	<u>278,212</u>	<u>278,212</u>

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
STATEMENT OF CASH FLOWS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

Cash flows from operating activities		
Surplus for the financial year	(1,653)	48,968
Adjustments for:		
Interest receivable and similar income	(617)	
Depreciation	88,273	68,462
	<u>86,003</u>	<u>117,430</u>
Movements in working capital:		
Movement in debtors	(102,460)	(38,392)
Movement in creditors	72,058	31,614
	<u>55,601</u>	<u>110,652</u>
Cash generated from operations		
Cash flows from investing activities		
Interest received	617	-
Payments to acquire tangible assets	(130,995)	(77,098)
	<u>(130,378)</u>	<u>(77,098)</u>
Net increase in cash and cash equivalents	(74,777)	33,554
Cash and cash equivalents at beginning of financial year	1,021,110	987,556
	<u>1,021,110</u>	<u>987,556</u>
Cash and cash equivalents at end of financial year	24 946,333	1,021,110
	<u>946,333</u>	<u>1,021,110</u>

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

1. GENERAL INFORMATION

Cork Local Sports Partnership Company Limited by Guarantee is a company limited by guarantee incorporated and registered in Ireland. The registered number of the company is 368769. The registered office of the company is Model Business Park, Model Farm Road, Cork. The principal activity of the company is the promotion of sport at a local level in Cork City and County. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. CRITICAL ACCOUNTING JUDGEMENTS AND ESTIMATES

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

(a) Establishing useful economic lives for depreciation purposes of fixed assets

Long-lived assets, consisting primarily of fixtures and fittings. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of assets' and estimates of residual values. The directors regularly review these asset useful economic lives and change them as necessary to reflect their current judgements on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful economic lives is included in the accounting policies.

(b) Going Concern

The directors consider it appropriate to prepare the Financial Statements on a going concern basis. Accordingly, these Financial Statements do not include any adjustments to the carrying amount of assets and liabilities that may arise if the company was unable to continue as a going concern.

3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2024 have been prepared on the going concern basis and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102).

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014.

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

Income

Income is recognised to the extent that it is probable that the economic benefits will flow to the company and the income can be reliably measured. Income is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before income is recognised:

Sale of goods

Income from the sale of goods is recognised when all of the following conditions are satisfied:

- the company has transferred the significant risks and rewards of ownership to the buyer;
- the company retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the goods sold;
- the amount of income can be measured reliably;
- it is probable that the company will receive the consideration due under the transaction; and
- the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Rendering of services

Income from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of income can be measured reliably;
- it is probable that the company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	20% Straight line
----------------------------------	---	-------------------

Equipment that has been funded through Dormant Account Funding provided by Sport Ireland is expected to remain in the ownership of the company for a minimum period of five years.

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gain and losses on disposal are determined by comparing the proceeds with the carrying amount and are recognised in the income and expenditure account.

Trade and other debtors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of cash flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Financial Instruments

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

Trade and other creditors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Government Grants

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Income and Expenditure Account at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Income and Expenditure Account in the same period as the related expenditure.

Foreign currencies

The company's functional and presentational currency is Euro.

Transactions and balances

Foreign currency transactions are translated into the functional currency using the spot exchange rates at the dates of the transactions.

At each period end foreign currency monetary items are translated using the closing rate. Non-monetary items measured at historical cost are translated using the exchange rate at the date of the transaction and non-monetary items measured at fair value are measured using the exchange rate when fair value was determined.

Foreign exchange gains and losses resulting from the settlement of transactions and from the translation at period-end exchange rates of monetary assets and liabilities denominated in foreign currencies are recognised in the income and expenditure account except when deferred in other comprehensive income as qualifying cash flow hedges.

Foreign exchange gains and losses that relate to borrowings and cash and cash equivalents are presented in the Statement of income and retained earnings within 'finance income or costs'. All other foreign exchange gains and losses are presented in the income and expenditure account within 'other operating income'.

Pensions

The company operates a defined contribution pension scheme and the assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund, was €45,252 for the year (2023 - €44,245).

Holiday Pay Accrual

A liability is recognised to the extent of any unused holiday pay entitlement which is accrued at the reporting date and carried forward to future periods. This is measured at the undiscounted salary cost of the future holiday entitlement so accrued at the reporting date.

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

4. SPORT IRELAND GRANTS RECEIVED

Sport Ireland - Core Funding Grant (€611,790 received in the year)

This grant contributed towards the annual general administration and core project costs incurred by the Company. The grant covers the calendar year ending on 31st December 2024. €111,788 is carried forward from 2023, €642,977 has been included in the income and expenditure account of the company for the year ended 31st December 2024 with €80,601 deferred into 2025 as highlighted in note 5 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Community Sports Hub Grant (Dormant Accounts Funding) (€122,000 received in the year)

This grant contributed towards expenditure incurred by the Company to coordinate approved community sports and physical activity hubs to increase participation in community sport and physical activity. The grant covers the calendar year ending 31st December 2024. €87,261 is carried forward from 2023, €38,698 has been included in the income and expenditure account of the company for the year ended 31st December 2024 with €170,563 deferred into 2025 as highlighted in note 6 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Youth Leadership Grant (Dormant Accounts Funding) (€Nil received in the year)

This grant contributed towards expenditure incurred by the Company to coordinate a youth leadership project aimed at developing the leadership skills of young people through sport and physical activity. The grant covers the calendar year ending 31 December 2024. €22,245 is carried forward from 2023, €22,245 has been included in the income and expenditure account of the company for the year ended 31st December 2024 with €Nil deferred in to 2025 as highlighted in note 7 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Urban Outdoor Adventure Initiatives (Dormant Accounts Funding) (€35,000 received in the year)

This grant contributed towards expenditure incurred by the Company to increase participation in outdoor recreation opportunities for key target groups in the city. The grant covers the calendar year ending 31st December 2024. €10,173 is carried forward from 2023, €4,759 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €40,414 deferred in to 2025 as highlighted in note 8 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Volunteer Training and Supports (Dormant Accounts Funding) (€28,000 received in the year)

The grant contributed towards expenditure incurred by the Company to coordinate an education and training project aimed at developing the leadership skills of volunteers, coaches and people who are volunteering in community sport and physical activity. The grant covers the calendar year ending 31st December 2024. €22,013 is carried forward from 2023, €18,223 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €31,790 deferred in to 2025 as highlighted in note 9 of the financial statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Sports Inclusion Disability Projects (Dormant Accounts Funding) (€40,000 received in the year)

The grant contributed towards expenditure incurred by the Company to reduce the barriers to sports participation for people with a disability through the provision of equipment and minor infrastructure. The grant covers the calendar year ending 31st December 2024. €76,436 is carried forward from 2023, €19,875 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €96,561 deferred in to 2025 as highlighted in note 10 of the financial statements. The Sport Ireland grant is sponsored by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Active Cities (Dormant Accounts Funding) (€140,000 received in the year)

This grant contributed towards expenditure incurred by the Company to coordinate the Active Cities project in Cork with the aim of creating, maintaining and increasing the number of people, regardless of age and ability, participating in sport and physical activity in the city. The grant covers the calendar year ending on 31st December 2024. €279,297 is carried forward from 2023, €102,799 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €316,498 deferred in to 2025 as highlighted in note 11 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

17

continued

**CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024**

Sport Ireland - Covid-19 Grant Scheme/ Sports Energy Support Scheme (Small Grant Scheme) (€51,795 repaid in the year)

This grant contributed towards supporting community clubs, groups and organizations with energy support costs and returning to activity post Covid-19 pandemic. The grant covers the calendar year ending on 31st December 2024. €132,164 is carried forward from 2023, €68,714 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €11,655 deferred in to 2025 as highlighted in note 12 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Get Girls Active (Dormant Accounts Funding) (€10,000 received in the year)

The grant contributes towards expenditure incurred by the Company in increasing participation in women's sport. The grant covers the calendar year ending on 31st December 2024. €17,086 is carried forward from 2023, €16,364 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €10,722 deferred in to 2025 as highlighted in note 13 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Department of Health Slaintecare Integration Fund (Dormant Account Funding) (€160,000 received in the year)

The grant contributes towards expenditure incurred by the Company for Wellcomm Active (WCA) project on community physical activity (PA) and health both locally and nationally. The grant covers the calendar year ending on 31st December 2024. €144,717 is carried forward from 2023, €162,053 has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €142,664 deferred in to 2025 as highlighted in note 14 of the financial statements. The Sport Ireland grant is distributed by the Department for Health.

Sport Ireland - Research and Evaluation/Training and Education Grants (Dormant Account Funding) (€20,000 received in the year)

The grant contributes towards expenditure incurred by the Company to encourage future participation and physical activity. The grant covers the calendar year ending on 31st December 2024. €Nil is carried forward from 2023, €Nil has been included in the income and expenditure account of the Company for the year ended 31st December 2024 with €20,000 deferred in to 2025 as highlighted in note 15 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland – Physical Activity for Health Pilot (€Nil received in the year)

The grant contributes towards expenditure incurred by the Company to increase participation for the Physical Activity Health Pilot. €Nil is carried forward from 2023, the grant was returned to Sport Ireland during the calendar year ending on 31st December 2024. €Nil deferred in to 2025 as highlighted in note 16 of the financial statements. The Sport Ireland grant is sponsored by the Department for Tourism, Culture, Arts, Gaeltacht, Sport and Media.

Sport Ireland - Equality, Diversity & Inclusion Grant (Dormant Accounts Funding) (€30,000 received in the year)

This grant supports initiatives undertaken by the Company to promote equality, diversity, and inclusion within the community. The grant was received during the calendar year ending 31st December 2024 and relates entirely to activities carried out within the same year. €Nil was carried forward from 2023, and the full amount received has been included in the income and expenditure account for the year ended 31st December 2024. €30,000 has been deferred to 2025, as disclosed in Note 17 of the financial statements.

	2024	2023
	€	€
5. SPORT IRELAND - CORE GRANT		
Grant received during the year	611,790	642,763
Unspent grant brought forward	111,788	3,750
Grant released during the year	(642,977)	(534,725)
Unspent grant carried forward	80,601	111,788

18

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

	2024	2023
6. SPORT IRELAND - COMMUNITY SPORTS HUB GRANT (DAF) GRANT DEFERRAL		
	€	€
Grant received during the year	122,000	57,500
Unspent grant brought forward	87,261	66,959
Grant released during the year	(38,698)	(37,198)
Unspent grant carried forward	170,563	87,261
7. SPORT IRELAND – YOUTH LEADERSHIP GRANT (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	2024	2023
	€	€
Grant received during the year	-	15,000
Unspent grant brought forward	22,245	18,250
Grant released during the year	(22,245)	(11,005)
Unspent grant carried forward	-	22,245
8. SPORT IRELAND - URBAN OUTDOOR ADVENTURE INITIATIVES (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	2024	2023
	€	€
Grant received during the year	35,000	2,070
Unspent grant brought forward	10,173	31,703
Grant released during the year	(4,759)	(23,600)
Unspent grant carried forward	40,414	10,173
9. SPORT IRELAND VOLUNTEER TRAINING AND SUPPORTS (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	2024	2023
	€	€
Grant received during the year	28,000	15,000
Unspent grant brought forward	22,013	22,640
Grant released during the year	(18,223)	(15,627)
Unspent grant carried forward	31,790	22,013
10. SPORT IRELAND - SPORTS INCLUSION DISABILITY PROJECTS (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	2024	2023
	€	€
Grant received during the year	40,000	42,200
Unspent grant brought forward	76,436	50,029
Grant released during the year	(19,875)	(15,793)
Unspent grant carried forward	96,561	76,436

19

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

	2024	2023
11. SPORT IRELAND - ACTIVE CITIES (DORMANT ACCOUNTS FUNDING) GRANT DEFERRAL		
	€	€
Grant received during the year	140,000	157,000
Unspent grant brought forward	279,297	280,429
Grant released during the year	(102,799)	(158,132)
Unspent grant carried forward	316,498	279,297
12. SPORT IRELAND - COVID-19 GRANT SCHEME/SPORTS ENERGY SUPPORT SCHEME		
	2024	2023
	€	€
Grant Received during the year	-	100,000
Grant repaid during the year	(51,795)	-
Unspent Grant brought forward	132,164	210,452
Grant released during the year	(68,714)	(178,288)
Unspent grant carried forward	11,655	132,164
13. SPORT IRELAND - GET GIRLS ACTIVE (DORMANT ACCOUNTS FUNDING)		
	2024	2023
	€	€
Grant received during the year	10,000	16,650
Unspent grant brought forward	17,086	5,850
Grant released during the year	(16,364)	(5,414)
Unspent grant carried forward	10,722	17,086
14. SPORT IRELAND - DEPARTMENT OF HEALTH SLAINTECARE INTEGRATION FUND (DORMANT ACCOUNT FUNDING)		
	2024	2023
	€	€
Grant received during the year	160,000	175,246
Unspent grant brought forward	144,717	98,979
Grant released during the year	(162,053)	(129,508)
Unspent grant carried forward	142,664	144,717
15. SPORT IRELAND – RESEARCH AND EVALUATION/TRAINING AND EDUCATION GRANTS (DORMANT ACCOUNT FUNDING)		
	2024	2023
	€	€
Grant received during the year	20,000	30,000
Unspent grant brought forward	-	-
Grant released during the year	-	(30,000)
Unspent grant carried forward	20,000	-

20

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

16. SPORT IRELAND - PHYSICAL ACTIVITY HEALTH PILOT	2024	2023
	€	€
Grant received during the year	-	-
Unspent grant brought forward	-	60,833
Grant returned during the year	-	(60,833)
Unspent grant carried forward	-	-

17. SPORT IRELAND – EQUALITY, DIVERSITY & INCLUSION GRANT (DORMANT ACCOUNT FUNDING)	2024	2023
	€	€
Grant received during the year	30,000	-
Unspent grant brought forward	-	-
Grant returned during the year	-	-
Unspent grant carried forward	30,000	-

	2024	2023
	€	€
Total of all Sport Ireland deferred grants at year end (Note 25)	951,466	903,180

18. INCOME	2024	2023
	€	€
The income for the financial year is analysed as follows:		
By Category:		
Sports Ireland - Core Grant	642,977	534,725
Other Funding: Wages (SA, WPO, ADO)	75,756	81,319
Active Communities	186,150	192,027
Safeguarding Training	31,390	33,270
Women In Sport	23,550	21,865
Rebel Run	28,234	26,055
Supported participation events – Bike Week	93,695	99,814
Cycle Right	29,420	30,000
Cork Sports Programmes	54,959	42,709
Sport Ireland - Community Sports Hub DAF	38,698	37,198
Sport Ireland - Youth Leadership DAF	22,245	11,005
Sport Ireland - Urban Outdoor Adventure Initiatives DAF	4,759	23,600
Sport Ireland - Volunteer Training and Supports DAF	18,223	15,627
Sport Ireland - Sports Inclusion Disability Projects DAF	19,875	15,793
Sport Ireland - Active Cities DAF	102,799	158,132
Sport Ireland - Covid - 19 Grant Scheme/ Sport Energy Support Scheme	68,714	178,288
Sport Ireland - Get Girls Active DAF	16,364	5,414
Sport Ireland - Department of Health Slaintecare Integration Fund	162,053	129,508
Sport Ireland - Research and Evaluation/Training and Education DAF	-	30,000
Cork City Amenity and Physical Activity	194,348	-
	1,814,209	1,666,349

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

The whole of the company's income is attributable to its market in the Republic of Ireland and is derived from the principal activity of promotion of sport at a local level in Cork City and County.

19. OPERATING SURPLUS	2024	2023
	€	€
Operating surplus is stated after charging:		
Depreciation of tangible assets	88,273	68,462

20. EMPLOYEES AND REMUNERATION

The average number of persons employed (including executive directors) during the financial year was as follows:

	2024 Number	2023 Number
Employees	11	11

Number of employees whose benefits are €60,000 or greater:

	2024 Number	2023 Number
No. of employees	2	1

The staff costs comprise:

	2024 €	2023 €
Wages and salaries	420,480	377,969
Employer's PRS	58,769	54,406
Pension Contributions	45,252	44,245
	524,501	476,620

None of the directors received a salary during the year under review.

21. TAX ON SURPLUS

No provision for corporation tax has been made due to the granting by the Revenue Authorities of 'Games and Sports Exemption Section'. It has been granted an exemption in accordance with the provision of Section 235, Taxes Consolidation Act 1997, (GS number 1587).

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

22. TANGIBLE ASSETS	Fixtures Fittings & Equipment	Fixtures Fittings & Equipment DAF	Total
	€	€	€
Cost			
At 1 January 2024	67,278	321,228	388,506
Additions	11,546	119,449	130,995
At 31 December 2024	<u>78,824</u>	<u>440,677</u>	<u>519,501</u>
Depreciation			
At 1 January 2024	53,915	169,894	223,809
Charge for the financial year	5,826	82,446	88,272
At 31 December 2024	<u>59,741</u>	<u>252,340</u>	<u>312,081</u>
Net book value			
At 31 December 2024	<u>19,083</u>	<u>188,337</u>	<u>207,420</u>
At 31 December 2023	<u>13,363</u>	<u>151,334</u>	<u>164,698</u>
		2024	2023
23. DEBTORS		€	€
Trade debtors		62,840	108,978
Other debtors		152,224	3,626
		<u>215,064</u>	<u>112,604</u>
24. CASH AND CASH EQUIVALENTS		2024	2023
		€	€
Cash and bank balances		948,036	1,021,609
Bank overdrafts		(1,703)	(499)
		<u>946,333</u>	<u>1,021,110</u>
25. CREDITORS		2024	2023
Amounts falling due within one year		€	€
Amounts owed to credit institutions		1,703	499
Trade creditors		18,469	32,685
Taxation (Note 26)		13,490	13,932
Deferred Income		13,281	13,281
Accruals		93,899	55,469
Deferred Income – Sport Ireland (Notes 4-17)		951,466	903,180
		<u>1,092,308</u>	<u>1,019,046</u>

continued

CORK LOCAL SPORTS PARTNERSHIP COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

26. TAXATION	2024	2023
	€	€
Creditors: PAYE	<u>13,490</u>	<u>13,932</u>
27. RESERVES		
Income and Expenditure Account		
The income and expenditure account represents cumulative gains and losses recognised in the income and expenditure account, net of transfers to and from other reserves.		
28. CAPITAL COMMITMENTS		
The company had no material capital commitments at the financial year-ended 31 December 2024.		
29. MEMBERS' LIABILITY		
The liability of every member is limited.		
Every member of the company undertakes to contribute to the assets of the company in the events of it being wound up while they are members, or within one year afterwards, for payments of debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves, such amounts as may require not exceeding €1.		
30. POST-BALANCE SHEET EVENTS		
There have been no significant events affecting the company since the financial year-end.		
31. APPROVAL OF FINANCIAL STATEMENTS		
The financial statements were approved and authorised for issue by the board of directors on <u>26/06/2025</u> .		



Abbreviations:

- Cork Local Sports Partnership – CLSP
- Sport Ireland – SI
- National Governing Bodies of Sport – NGBs
- Local Sports Partnerships – LSPs
- Institute of Public Administration – IPA
- Governance Framework – GF
- Munster Technology University – MTU
- University College Cork – UCC
- Health Service Executive – HSE
- Dormant Accounts Fund – DAF
- Sport Inclusion Disability Officer – SIDO
- Healthy Ireland – HI
- Local Community Development Committees – LCDC
- Benefit in Kind – BIK

Working Together to
Keep Cork Active



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Cork
Sports Partnership
Comhpháirtíocht
Spóirt Chorcaí

— SPORT IRELAND —

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